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Update on hereditary C1q deficiency: pathophysiology, clinical presentation, genotype and management
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Abstract

Purpose of review C1q deficiency is a rare inborn error of immunity characterized by susceptibility to severe infections and profound immune dysregulation, with a systemic lupus erythematosus-like phenotype. The management of patients with C1q deficiency is challenged by the rarity of this condition and the wide clinical variability. This review aims to emphasize the importance of a thorough immunological and clinical characterization to help guide a personalized and comprehensive approach to patients. Recent findings We focus on the concept of C1q deficiency as a bridge between the monogenic form of systemic lupus erythematosus and the Mendelian type I interferonopathies. Moreover, we explore the role of new treatment strategies such as Janus-associated kinase (JAK) inhibitors and allogeneic stem cell transplantation. Summary In this narrative review, we provide a systematic overview of C1q deficiency, starting with the description of the pathophysiological background and the variable clinical phenotype, and then exploring the different prognoses, the consequent treatment strategies and future directions. Copyright © 2024 Wolters Kluwer Health, Inc. All rights reserved.

Author Keywords

allogeneic hematopoietic stem cell transplantation; C1q deficiency; Inborn Errors of Immunity; Mendelian type I interferonopathies; monogenic systemic lupus erythematosus

Index Keywords

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