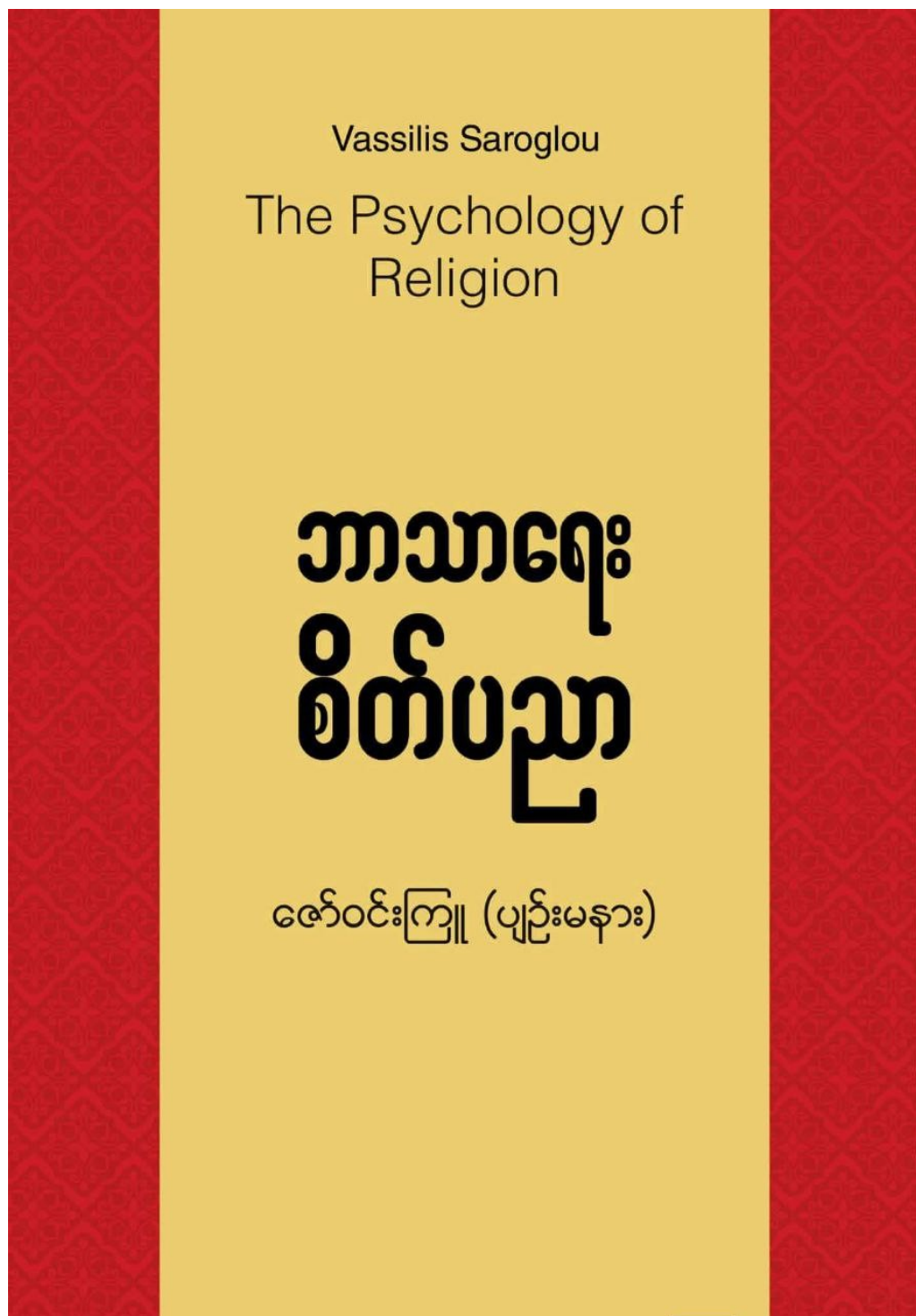


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The Psychology of Religion by Vassilis Saroglou

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Book Title – The Psychology of Religion by Vassilis Saroglou

Translator – Zaw Win Kyu (Pinyinmana)

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The Psychology of Religion by Vassilis Saroglou is a book that explores psychological perspectives about religion. Sayar Zaw Win Kyu (Pinyinmana) translated this book into Myanmar. The book analyses religion's psychological foundations, its role in society and its effects on morality, health and social behavior on life.

As the book highlighted the psychology of religion in religious studies, it presents why people believe in religion and how religion influences an individual's attitudes, personality and mental health.

Raymond F Paloutzian, Editor of International Journal for the Psychology of Religion (1998-2016), addressed that Vassilis Saroglou wrote a remarkable book, delicately crafted a snapshot of what recent research in the field teaches us, addressing clear, unbiased and comprehensive fundamental questions and presenting meticulous and high-quality scholarly work from respected researchers related to those questions.

The book covers ten chapters delved into key questions in the psychology of religion. First and foremost, it explores the psychological roots, development and fundamental nature of religious belief linking to human psychology. Then, it analyzes psychological effects of religious experiences, prayers and meditation. The author discussed the impacts of religion on social, personality and health-related matters, by showing empirical evidence.

What is surprising is that the book is grounded in psychological research and offers contradictory ideas that people have about religion and religious faiths, spirituality, fundamentalism and atheism. Moreover, it emphasizes the practical connection of theoretical research with real-life applications.

The book provides a comprehensive scope to those who like to examine the religion from fundamental to advanced topics with psychological approaches, making complex research accessible and understandable to readers.

The Myanmar translation also prioritizes effectiveness, clarity and simplicity in order for readers to comprehend facts and ideas in the religious studies.

Book title, genre and some chapters in the book can be conceptually dense, that needs efforts to unpack and fully understand the meaning. Yet, curiosity and engagement of the reader will help them overcome those difficulties. Some concepts are based on research by Western scholars, so they might be unaligned with the Myanmar cultural context. This book is a must-read for those social scientists, religious scholars and practitioners.

«The Psychology of Religion» is a valuable guide for those who wish to examine religion through the lens of psychology. It is also a significant opportunity for Myanmar readers to access Vassilis Saroglou's research in depth in a Myanmar translation. Furthermore, it provides a robust foundation for understanding the intricate connections between religion and the human mind, contributing to the development of knowledge in both religion and psychology within Myanmar society. It is a trustworthy guide for those who want to scientifically explore the psychological dimensions of belief, whether they are believers or sceptics.

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