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## Treatment response score to glatiramer acetate or interferon beta-1a

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**Abstract**

**Objective:** To compare the effectiveness of glatiramer acetate (GA) vs intra-muscular Interferon beta-1a (IFNbeta-1a)), we applied a previously published statistical method, aimed at identifying patients' profiles associated with efficacy of treatments.

**Methods:** Data from two independent multiple sclerosis datasets, a randomized study (the CombiRx trial, evaluating GA vs IFNbeta-1a and an observational cohort extracted from MSBase, were used to build and validate a treatment response score, regressing annualized relapse rates (ARRs) on a set of baseline predictors.

**Results:** The overall ARR ratio of GA vs IFNbeta-1a in the CombiRx trial was 0.72. The response score (made up of a linear combination of age, sex, relapses in the previous year, disease duration and EDSS) detected differential response of GA versus IFNbeta-1a: in the trial, patients with the largest benefit from GA vs IFNbeta-1a (lower score quartile) had an ARR ratio of 0.40 (95%confidence interval (CI)=0.25–0.63), those in the two middle quartiles of 0.90 (95%CI=0.61–1.34) and those in the upper quartile of 1.14 (95%CI=0.59-2.18), (heterogeneity  $p=0.012$ ); this result was validated on MSbase, with the corresponding ARR ratios of 0.58 (95%CI=0.46-0.72), 0.92 (95%CI=0.77–1.09) and 1.29 (95%CI=0.97–1.71); heterogeneity  $p<0.0001$ ).

**Conclusions:** We demonstrate the possibility of a criterion, based on patients' characteristics, to choose whether to treat with GA or IFNbeta-1a. This result, replicated on an independent real-life cohort, may have implications for clinical decisions in everyday clinical practice.

## Introduction

Randomized clinical trials (RCT) report mean treatment efficacy in groups, and do not allow for assessment of a response to treatment at an individual level, since each study subject is assigned to receive either the studied or control intervention, but not both. That is, the treatment effect estimate is an average over the whole population enrolled.

However, treatment effectiveness can vary among patients with different characteristics.<sup>1</sup>

Zhao et al<sup>2</sup> proposed a simple modelling approach to build a continuous score based on multiple baseline covariates from an RCT to efficiently identify patients with different levels of treatment benefit. This methodology has been successfully applied to clinical trial data in relapsing-remitting (RR) multiple sclerosis (MS) assessing an active drug vs placebo.<sup>3,4</sup>

This approach enabled us to identify a subgroup of MS patients who derived a larger-than-expected benefit from laquinimod in preventing disability progression<sup>3</sup> in the three pivotal RCTs.<sup>5-7</sup> Similarly, we have identified a combination of patient characteristics that are associated with improved benefits of dimethyl-fumarate<sup>4</sup> in two placebo-controlled pivotal RCTs.<sup>8,9</sup>

The aim of this study was to apply the same methodology to the CombiRx trial,<sup>10</sup> comparing the effectiveness of two first-line MS immunotherapies, intra-muscular Interferon beta-1a and Glatiramer Acetate. The second aim was to validate the results obtained on the RCT in an observational cohort, using data extracted from the MSBase registry and emulating the CombiRx trial.<sup>11</sup> Finally, we have relaxed the inclusion criteria to generalize the observations from the first two aims to a broader MS population.

## Methods

In this study we will indicate intra-muscular Interferon beta-1a 30 µg as IFNbeta-1a, and the conclusions will be related to this IFN formulation.

This study was completed in three steps:

1. Training: a score to identify patients with relatively larger benefits from GA or IFNbeta-1a was built using data from the CombiRx RCT (ClinicalTrials.gov identifiers: NCT00211887).<sup>10</sup>
2. Validation: The score was validated in an independent observational dataset extracted from the international observational MSBase registry,<sup>11</sup> emulating the CombiRx trial (replicating its inclusion criteria and matched on propensity score to supplement for the lack of randomization).
3. Generalization: The approach used in the validation analysis was then extended by broadening the inclusion criteria to allow inclusion of patients closer to a clinical practice population.

### *Datasets, inclusion criteria and treatment allocation*

#### Training set: CombiRx

The CombiRx was a three-arm RCT comparing the combined effect of IFNbeta-1a plus GA with IFNbeta-1a or GA plus matched placebo used as monotherapy. The study design and inclusion/exclusion criteria of the trial have been described elsewhere.<sup>10,12</sup> Briefly, eligibility criteria included age 18–55 years, diagnosis of RRMS,<sup>13,14</sup> EDSS scores of 0–5.5, presence of relapse activity in the prior three years, no prior treatment with interferon beta or GA, no prior use of other DMTs, and no use of immunosuppressive medications in the twelve weeks prior to study drug dosing. All participants were randomized to receive IFNbeta-1a 30 mg once-weekly or subcutaneous GA 20 mg daily or the combination of

both treatments for up to 84 months. For the purpose of this study we retained in the

analysis only the patients enrolled in the GA arm (N=259) and the patients enrolled in the IFNbeta-1a arm (N=250) while the combined arm (N=499) was excluded. Only six patients (two from IFNbeta-1a arm and four from GA arm) with missing data in the variables used to build the score were excluded from the analysis.

#### Validation set: MSBase cohort

To emulate the design of CombiRx (target trial) in an observational data set, we selected patients from the MSBase registry enrolled before August 2018, using the same inclusion criteria and treatment exposures (IFNbeta-1a or GA) as the CombiRx study.<sup>15</sup> The treatment start visit was the baseline visit. An EDSS score recorded between six months prior to one month after the treatment start and closest to the baseline date was considered a baseline EDSS. Individual propensity scores were estimated from a multivariable logistic regression model of treatment allocation that included age, sex, the number of relapses in the year prior to the treatment start, EDSS score at treatment start, disease duration, length of follow up and the year of treatment initiation. Patients were matched without replacement in a variable 1:1 (IFNbeta-1a:GA) ratio using nearest neighbor matching within a caliper of 0.05 SDs of the propensity score.

#### Generalization set: MSBase cohort

A second validation, generalizable to a broader MS population, was carried out using a cohort extracted from the MSBase registry expanding the inclusion criteria from the CombiRx trial: including all patients diagnosed with RRMS starting IFNbeta-1a or GA with no missing data in the variables used to build the score, with treatment start as the baseline and propensity score matching procedure same as in the validation set.

### *Study outcomes*

The primary outcome was annualized relapse rate (ARR) through three years. In all three datasets, patients were followed from the time of the start of study therapy, GA or IFNbeta-1a, to the end of the third year after baseline, loss to follow-up, switch to another therapy or death, whichever occurred first. ARR was computed for each treatment arm by summing all relapses and dividing them by the total person-years in that arm. In the CombiRx trial, two possible definitions of relapse were evaluated: Protocol Defined Exacerbation (PDE) (defined as the appearance of a new symptom or worsening of an old symptom, attributable to MS; accompanied by a change in the neurologic examination lasting at least 24 h in the absence of fever, preceded by stability or improvement for at least 30 days, and confirmed by the examining physician within seven day of onset) and Non Protocol Defined Exacerbation (NPDE) (relapses meeting the above criteria but not assessed within seven days from onset). For the purpose of this analysis we considered both PDE and NPDE as relapses. A relapse in the MSBase cohort was defined as new symptoms or exacerbation of existing symptoms persisting for  $\geq 24$  hours, in the absence of concurrent illness/fever, and occurring  $\geq 30$  days after a previous relapse.<sup>16</sup>

### *Treatment Response Score*

We used the method described by Zhao et al<sup>2</sup> to estimate individual relative response to GA vs. IFNbeta-1a. This method has been successfully applied to RCTs of MS DMTs vs. placebo, and the method has been described elsewhere.<sup>3,4</sup> Briefly, two separate Negative Binomial regression models are fitted, one in each treatment arm. ARR was defined in the two Negative Binomial models as the number of relapses a patient experienced, coupled with an offset for duration of follow-up, and we regressed it on multiple baseline patient characteristics. Baseline variables were chosen as those collected both in the CombiRX

and in MSBase, as: age, sex, EDSS at treatment start, number of relapses in the year

prior to the treatment start and time from first MS symptom. These are also the variables routinely collected in clinical practice. MRI variables were considered only in a sensitivity analysis (see below).

The Treatment Response Score was then calculated as a linear combination of the baseline variables, weighted by the difference of the coefficients for the associations between baseline characteristics and ARR obtained from the two separate models.<sup>2-4</sup>. The ability of the score to identify relative responders to either of the studied therapies was evaluated in a separate negative binomial model of ARR that consisted of the Treatment Response Score, treatment allocation and their interaction term.<sup>2-4</sup>. We first tested the interaction on a continuous version of the treatment score: the presence of a statistical interaction is evidence that the relative benefit of one treatment over the other might differ in subgroups defined by the treatment score. The detection of an interaction in this model motivated a categorization of the score applied to patients in subsequent validation analyses.

To mitigate potential over-optimism in assessing the adequacy of the model on the CombiRx trial, a random cross-validation procedure was implemented. This procedure consists on splitting the training dataset into two pieces (50%-50%), using the first one to obtain the scoring system and evaluating the performance validating the estimates obtained in the second one and repeating the process N times (N=1000).<sup>4</sup> The Treatment Response Score was then categorized according to its quartile distribution (a priori decision) and 1<sup>st</sup> and 3<sup>rd</sup> quartiles were used as cut-off points to quantify and visualize the relative treatment effect in subgroups of patients according to their relative predicted response to GA and IFNbeta-1a.

The negative binomial model generates predicted values that represent the difference between the natural log(ARR) for GA minus the natural log (ARR) for IFNbeta-1a. Once exponentiated, these represent ARR ratios. ARR ratios larger than one represent an

advantage for the effectiveness of IFNbeta-1a. Ratios smaller than one represent a relative advantage for GA.

#### *Validation of the Treatment Response Score*

The Treatment Response Score calculated in the CombiRx dataset was then applied to the MSBase validation set. The score was calculated on the validation set as the combination of baseline variables with the same coefficients obtained through the approach previously described on the CombiRx data. Also in the validation set, the treatment by score interaction was evaluated to check whether the score was able to identify a differential response to IFNbeta-1a and GA. The ARR and their 95% confidence intervals (95%CI) were evaluated in the subgroups of patients defined according to the score values categorized by the quartile cut-off defined on the CombiRx.

#### *Response score validation on the extended MSBase cohort*

The same procedures as used in the validation dataset were run in the generalization cohort.

#### *Sensitivity analysis*

Finally, we ran a sensitivity analysis including in the score the number of Gadolinium-enhancing (Gd+) lesions at baseline, in the subgroup of patients with available MRI data. In the MSBase cohort, we considered an MRI recorded within three months from the treatment start as eligible baseline MRI (if available).

Statistical analyses were performed using SAS, version 9.3 (SAS institute, Cary, NC) and R version 3.5.

#### *Standard Protocol approvals, Registrations, and Patient Consents*

CombiRx (ClinicalTrials.gov identifiers: NCT00211887) protocol received approval by the applicable central or institutional review boards and the NIH appointed study data and safety monitoring committee (DSMC) before site initiation and recruitment of participants. Informed consent was obtained prior to any screening procedures or enrollment. MSBase was approved by the Melbourne Health Human Research Ethics Committee. Patients have provided written informed consent, as required.

#### *Data Availability*

CombiRx Trial data are available upon request by a qualified investigator to the principal investigator of the study. MSBase registry data should be requested by a qualified investigator to the MSBase Foundation.

#### **Results**

Complete demographic and clinical baseline data of the CombiRx trial were described in the trial report<sup>10</sup> and are summarized in Table 1. Baseline clinical and demographic characteristics of the selected and of the extended MSbase cohorts before and after propensity score matching are included in this analysis are reported in Table 2.

#### *Treatment Response Score in the CombiRx training set*

Data were available for 503/509 (98.8%) patients of the two arms (IFNbeta-1a and GA) of the CombiRx trial. Overall, treatment with GA reduced the ARR as compared to IFNbeta-1a by 28% (ARR ratio= 0.72 (95%CI:0.55-0.95), p=0.018).<sup>10</sup>

Table 3 reports the coefficients of the Negative binomial regression models with ARR as the dependent variable and patients' baseline characteristics as predictors, fitted separately in the GA and the IFNbeta-1a arms of CombiRx, as well as their difference (an average of 1000 cross-validated replications).



For each patient, Treatment Response Score was calculated as a linear combination of the baseline variables weighted by the coefficient difference:

$$\text{Treatment Response Score} = -0.37 + 0.02 \cdot \text{Age} - 0.48 \cdot \text{Male Sex} - 0.16 \cdot \text{No. of relapses in the year prior treatment start} - 0.09 \cdot \log(\text{disease duration}) - 0.06 \cdot \text{EDSS}$$

The score by treatment interaction was highly significant ( $p < 0.0001$ ) indicating that the ratio of the treatment effectiveness between GA and IFNbeta-1a decreased with increasing Treatment Response Score. The Score calculated for each patient, once exponentiated, represents an ARR ratio. ARR ratios larger than one represent an advantage for the effectiveness of IFNbeta-1a. Ratios smaller than one represent a relative advantage for GA.

The score was then grouped using 1<sup>st</sup> and 3<sup>rd</sup> quartiles as cut-off points:

- a relatively large benefit (on ARR) favouring GA over IFNbeta-1a (GA++): first quartile, patients with score  $\leq -0.42$
- a relatively small benefit favouring GA over IFNbeta-1a (GA+): patients with score from  $-0.42$  to  $<0.0$
- a relatively small benefit favouring IFNbeta-1a over GA (IFNbeta-1a+): third quartile, patients with score  $\geq 0.0$ .

The relative treatment effects in the subgroups defined according to these cut-offs of the Treatment Response Score are reported in Table 4 (A).

In patients with the lowest Treatment Response Score (25% of the total cohort) ARR was 60% lower among those treated with GA than those treated with IFNbeta-1a (RR=0.40, 95%CI:0.25-0.63). In the subgroup of patients with the highest Treatment Response Score (25%) ARR was 14% lower among those treated with IFNbeta-1a than those treated with GA, (RR=1.14, 95%CI:0.59-2.18). In the 50% of patients with intermediate Treatment

Response Score, ARR was 10% lower among those treated with GA than those treated

with IFNbeta-1a (RR=0.90, 95%CI:0.61-1.34). The treatment by group interaction indicates that the relative effectiveness of the two compared therapies on ARR are associated with the Treatment Response Score ( $p=0.012$ ).

#### *Validation of the Treatment Response Score in MSBase*

Of the 35,364 patients enrolled in the MSBase cohort, 12,368 (35.0%) were eligible for this analysis, satisfying the inclusion criteria of the CombiRx trial. Of these, more than 9,000 patients were excluded since the baseline EDSS (at IFNbeta-1a or GA initiation) was missing (Figure 1 (A)).

Of the 3,050 patients included in the analysis, 2,312 (1,156 subjects per arm) were retained after propensity score matching. No substantial differences in the considered patient baseline characteristics were observed between the Propensity Score-matched treatment groups Table 2 (A).

The overall ARR ratio between GA vs. IFNbeta-1a was 0.84 (95%CI=0.74-0.95,  $p=0.005$ ), indicating a slight superiority of the effectiveness of GA over IFNbeta-1a.

The individual Treatment Response Score was calculated with coefficients developed in the CombiRx dataset (see above) and patients' demographic and clinical characteristics. Patients were then classified into three groups as described above. In the GA++ group (26.0% of the patients in this cohort) the ARR ratio was 0.58 (95%CI= 0.46-0.72) indicating that ARR was 42% lower in patients treated with GA than those treated with IFNbeta-1a. In the GA+ group (50.6% of the patients) the ARR ratio was 0.92 (95%CI= 0.77-1.09), suggesting a subtly lower ARR in the GA group. In the IFNbeta-1a+ group (23.4% of the patients) ARR ratio was 1.29 (95%CI: 0.97-1.71), indicating that ARR was lower in those treated with IFNbeta-1a than those treated with GA (Table 4 (B)). The interaction term confirmed that the Treatment Response Score was associated with the relative effectiveness of the two compared therapies ( $p<0.0001$ ).

### *Generalization of the Treatment Response Score in MSBase*

Generalizability of the above results was evaluated in the broader MSBase cohort treated with GA or IFNbeta-1a, with no exclusion by age, EDSS score, or number of relapses in the prior three years or prior treatment. As reported in Figure 1 (B), of 13,532 RRMS patients treated with IFNbeta-1a or GA, 5,320 were retained in the propensity score-matched cohort. Baseline characteristics of the included cohort before and after PS adjustment are reported in Table 2 (B).

The overall ARR ratio of GA vs. IFNbeta-1a was 0.94 (95%CI=0.86-1.02, p=0.113), not suggesting a difference in ARR between GA vs IFNbeta-1a.

In the GA++ subgroup (23% of this cohort) the ARR ratio was 0.78 (95%CI:0.66-0.92); in the GA+ subgroup (46%), the ARR ratio was 0.95 (95% CI: 0.84-1.07), and in the IFNbeta-1a+ subgroup (31%) the ARR ratio was 1.21 (95% CI:1.02-1.44). These observations have confirmed the trends found on the CombiRx dataset and in the validation MSBase dataset (Table 4 (C)). The relatively superior effectiveness of treatment on ARR was seen in patients with lower Treatment Response Scores for GA and in patients with higher Treatment Response Scores for IFNbeta-1a (interaction p=0.002).

The baseline characteristics of the GA++, GA+ and IFNbeta-1a+ subgroups in the training, validation and generalization dataset are reported in Table 5. A summary of the relative effects of GA and IFNbeta-1a in the three analyzed cohorts is shown in Figure 2.

### *Sensitivity analysis*

We ran a sensitivity analysis including the number of Gd+ lesion at baseline.

The response score developed in the CombiRx trial was the following:

Response score =  $-0.59 + 0.02 \cdot \text{Age} - 0.57 \cdot \text{Male sex} - 0.13 \cdot \text{No. of relapses in the year prior treatment start} - 0.07 \cdot \log(\text{disease duration}) - 0.05 \cdot \text{EDSS} + 0.02 \cdot \text{No. of Gd+ lesions}$ .

Out of 3,050 MSBase eligible patients, only 588 (19.3%) had baseline MRI information available, and the number of subjects retained in the analysis was 376 (12.3%) after the propensity score matching.

The results on the sensitivity analysis in the training and validation datasets are shown in Table 6.

Including MRI variables in the score improved the performance of the Treatment Response Score, and the difference in the relative effects of GA and IFNbeta-1a were enlarged in the three subgroups compared with the primary analysis. The ARR ratios in the GA++, GA+ and IFNbeta1a+ groups were 0.38, to 0.81 to 1.33 in the training CombiRx dataset and 0.64, 1.13 and 1.60 in the validation MSBase dataset, respectively.

Inclusion of the baseline number of Gd+ lesions improves the identification of responders to GA and IFNbeta-1a. Despite the low number of patients retained in the sensitivity analysis, the trends in the ARR ratios are confirmed in the validation MSBase cohort with available MRI data.

A calculator of the Treatment Response Score is available on the following link ([https://osf.io/wyk5h/?view\\_only=ccdf366d44fa4b9b9da585a0e1c4f79b](https://osf.io/wyk5h/?view_only=ccdf366d44fa4b9b9da585a0e1c4f79b)).

## Discussion

The aim of personalized medicine is the tailoring of medical treatment to the individual characteristics of each patient in order to optimize individuals' outcomes. The key issue for personalized medicine is finding the criteria for an early identification of patients who can be responders or non-responders to each therapy. This is now an important topic in MS, due to the availability of many effective drugs, making informed treatment decisions complex.

Even though more potent therapies for MS are now available, injectable therapies (IFNs

and GA) are still used as first-line drugs in Europe and North America, given their well-

established safety profile over the long term. Moreover, in the future they can be evaluated as maintenance therapies after induction periods with more potent drugs (alemtuzumab, ocrelizumab, cladribine). To date, there have been little data to guide the choice between IFNs or GA with regards to their effectiveness. A meta-analysis of all the trials comparing head-to-head GA to IFNs-beta in RRMS showed that the effects of the two drugs on clinical (e.g. relapse rates and risk to progression) and MRI (Gd-enhancing lesions) measures were similar or showed only small differences.<sup>17</sup> An observational study in the MSBase cohort showed a marginally lower ARR among patients treated with GA than those treated with IFNbeta-1a.<sup>18</sup>

In the CombiRx trial, GA was associated with an overall marginally better effect on relapse activity compared with IFNbeta-1a. In the current study, we have used the CombiRx dataset to identify patient profiles that are associated with relatively greater responses to either GA or IFNbeta-1a. The subgroup with a relatively greater benefit from GA tended to be younger at the time of treatment start, males, with higher disease activity (previous relapses), longer disease duration and higher EDSS. On the other hand, older patients, women, with lower disease activity, shorter disease duration and lower disability tended to derive more benefit from IFNbeta-1a. The score coefficients indicate that male sex is a relevant factor for a GA benefit. It is interesting to note that males have been previously observed in the PROMISE study, as those PPMS patients who had a benefit from GA.<sup>19</sup> The score's ability to discriminate patient subgroups with differential benefits from the two treatment strategies was confirmed in an external observational cohort and was generalized to a broader cohort of MS patients treated at referral MS centers. As expected, the performance of the score was diluted in the extended cohort, but the trend is still evident. As a limitation of this study, we must point out that score cannot be generalized to all the IFN formulations, since it was developed and validated for intra-

muscular IFNbeta-1a 30 µg only. Additional analyses are needed to extend the validity of the score to discriminate response to GA and all the IFNbeta-1a formulations.

To illustrate a practical implication of this study results, we can calculate the score of an MS patient who is supposed to start in an injectable drug and for whom we have to choose between GA or IFNbeta-1a. Let's suppose he is a male of 25 years, with a disease duration of two years, one relapse in the previous year and an EDSS score equal to one. The score for him is -0.63. According to the cutoffs reported, this patient would be classified in the GA++ group: the estimated ARR ratio of GA vs IFNbeta-1a for MS patients in this specific subgroup in the validation cohort is 0.58 (Table 3), indicating a 42% reduction of ARR of GA vs IFNbeta-1a. If the patient is a woman 46 years of age, with six months of disease duration, one relapse in the previous year and EDSS score equal to two, the score for her is 0.33, indicating she is in the IFN+ group. The ARR ratio of GA vs IFNbeta-1a in this group is 1.29, indicating 29% reduction of ARR of IFNbeta-1a vs GA for people in the same subgroup.

The classification of patients in the subgroups defined by the score refines the results of clinical studies comparing GA and IFNbeta-1a, giving clinicians additional criteria for choosing a therapy

In conclusion, patterns of objective patient and disease characteristics exist that may help clinicians guide the choice of the most appropriate disease modifying therapy for MS. This analysis confirms the utility of the presented methodology to help inform the choice between GA and IFNbeta-1a in patients with RRMS. The methodology presented here can be applied to all the comparisons involving currently available therapies and it should be a stimulus for pharmaceutical companies to allow the re-analysis of their clinical trial data to try to define the drug responders' profiles. It will be essential to develop more extended scores which integrate imaging, biological and genetic predictive markers to tailor treatment for each individual patient.

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Administrative and technical support was provided by:

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| Aysun Soysal, MD          | Bakırköy Education and                                                                                      | acquired the data, participated in data                                                               |

|                         |                                                                                           |                                                                                                       |
|-------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
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| Helmut Butzkueven, MBBS | Monash University, Melbourne, Australia                                                   | acquired the data, participated in data analysis and interpretation, contributed to manuscript draft. |
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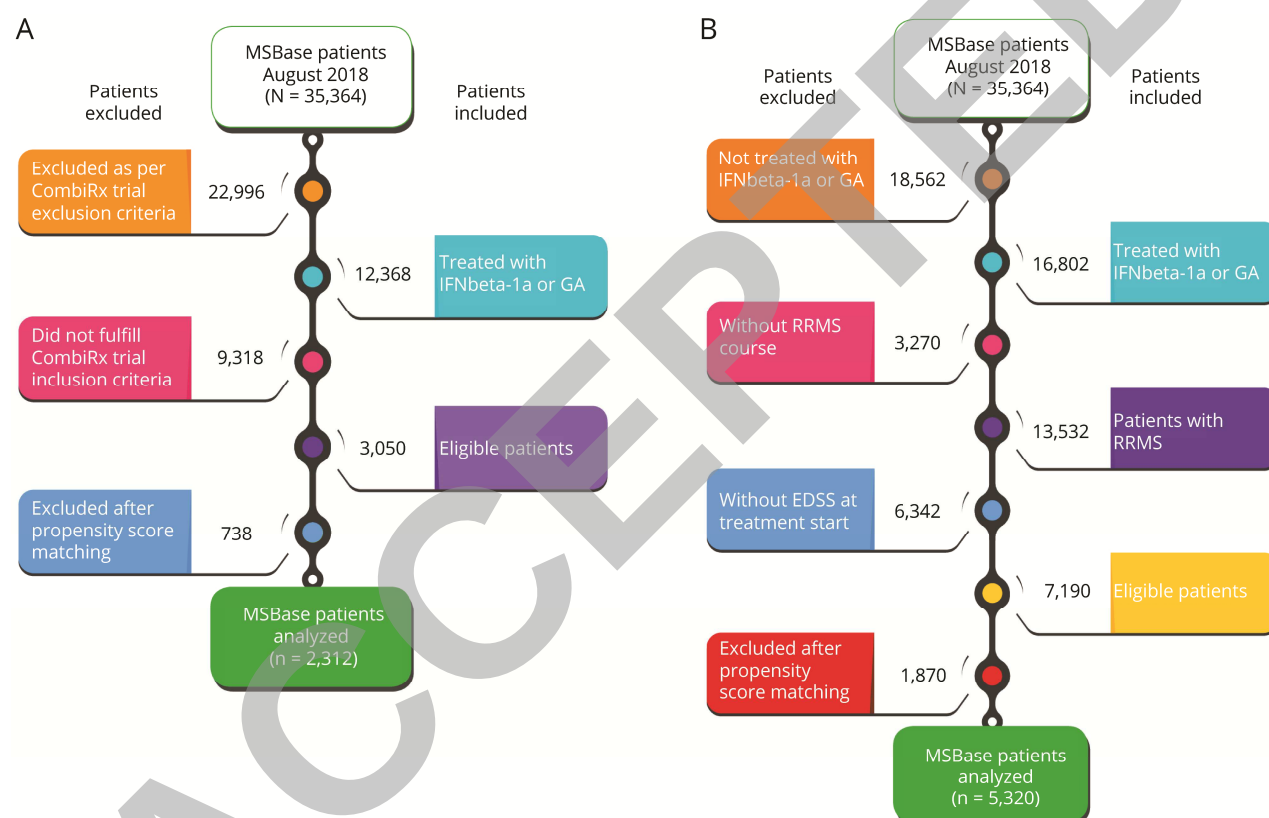
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## Figure legend

**Figure 1. Flow chart of the MSBase patients enrolled and analyzed, using the same treatment exposures (intra-muscular Interferon beta-1a (IFNbeta-1a) or glatiramer acetate (GA)) and inclusion criteria as the CombiRx study (PANEL A) and expanding the inclusion criteria from the CombiRx trial (PANEL B).**

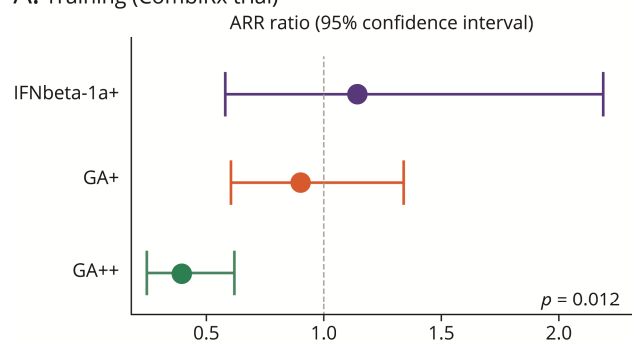


**Figure 2. Annualized relapse rate ratio in patients treated with glatiramer acetate and intra-muscular Interferon beta-1a stratified by the groups defined by the Treatment Response Score, in the (A) training, (B) validation and (C) generalization datasets.**

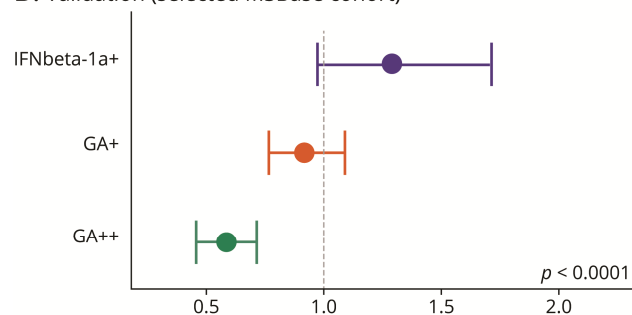
**GA: Glatiramer acetate; IFNbeta-1a: intra-muscular Interferon beta-1a; ARR: Annualized relapse rate, GA++: patients with a response score  $\leq -0.42$ ; GA+: patients with a response score between  $-0.42$  and  $0$ ; IFNbeta-1a +: patients with a response score  $\geq 0$ ;**

**P-value is for the treatment by group interaction test.**

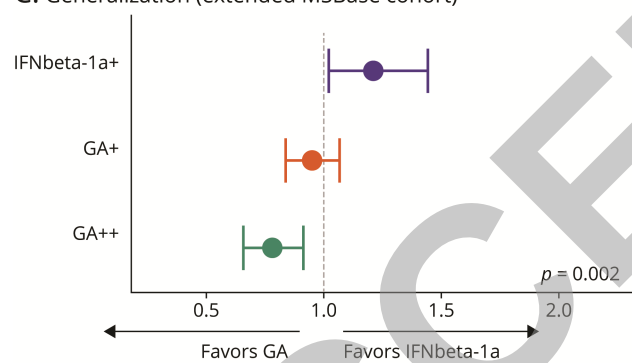
## A. Training (CombiRx trial)



## B. Validation (selected MSBase cohort)



## C. Generalization (extended MSBase cohort)





**Table 1. Baseline demographic and clinical characteristics of the population enrolled in CombiRx trial included in the analysis.**

|                                                    | <b>GA<br/>N=255</b> | <b>IFNbeta-1a<br/>N=248</b> | <b>Cohen's d</b> |
|----------------------------------------------------|---------------------|-----------------------------|------------------|
| Age, years, mean (SD)                              | 39.15 (9.37)        | 37.56 (10.14)               | 0.163            |
| Gender, Number of males (%)                        | 73 (28.6)           | 76 (30.6)                   | 0.044            |
| Number of relapses in the previous year, mean (SD) | 1.64 (0.68)         | 1.74 (0.90)                 | 0.119            |
| Years since MS symptoms onset, mean (SD)           | 4.32 (5.50)         | 4.68 (6.42)                 | 0.060            |
| EDSS score, median (Range)                         | 2 (0-5.5)           | 2 (0-5.5)                   | 0.035            |

GA: Glatiramer acetate; IFNbeta-1a: intra-muscular Interferon beta-1a; SD: standard deviation; EDSS: Expanded Disability Status Scale; Cohen's d values > 0.10 were considered clinically meaningful.

**Table 2. Demographic and clinical characteristics of the validation and generalization datasets before and after propensity score matching**

|                                                    | <b>A - Validation</b>                   |                               |                    |                                        |                               |                         |
|----------------------------------------------------|-----------------------------------------|-------------------------------|--------------------|----------------------------------------|-------------------------------|-------------------------|
|                                                    | <b>Before Propensity Score Matching</b> |                               |                    | <b>After Propensity Score Matching</b> |                               |                         |
|                                                    | <b>GA<br/>N=1,424</b>                   | <b>IFNbeta-1a<br/>N=1,626</b> | <b>Cohen<br/>d</b> | <b>GA<br/>N=1,156</b>                  | <b>IFNbeta-1a<br/>N=1,156</b> | <b>Coh<br/>en<br/>d</b> |
| Age, years, mean (SD)                              | 36.23<br>(9.12)                         | 34.14<br>(9.20)               | 0.227              | 35.54<br>(8.94)                        | 35.20<br>(9.52)               | 0.03<br>6               |
| Gender, Number of males (%)                        | 363<br>(25.49)                          | 431<br>(26.51)                | 0.023              | 297<br>(25.69)                         | 291<br>(25.17)                | 0.01<br>2               |
| Number of relapses in the previous year, mean (SD) | 1.44<br>(0.84)                          | 1.46<br>(0.87)                | 0.026              | 1.46<br>(0.84)                         | 1.45<br>(0.87)                | 0.00<br>1               |
| Years since MS symptoms onset, mean (SD)           | 5.31<br>(5.76)                          | 4.84<br>(5.37)                | 0.083              | 5.01<br>(5.45)                         | 5.10<br>(5.75)                | 0.01<br>7               |
| EDSS score, median (range)                         | 2 (0-5.5)                               | 2 (0-5.5)                     | 0.086              | 2 (0-5.5)                              | 2 (0-5.5)                     | 0.01<br>6               |
| Years of follow-up, mean (SD)                      | 2.24<br>(0.97)                          | 2.28<br>(0.94)                | 0.038              | 2.27(0.98)                             | 2.25<br>(0.95)                | 0.02<br>2               |
| Year of treatment initiation, median (range)       | 2009<br>(1995-2017)                     | 2006<br>(1996-2017)           | 0.528              | 2007<br>(1995-2017)                    | 2007<br>(1996-2017)           | 0.01<br>7               |
|                                                    | <b>B - Generalization</b>               |                               |                    |                                        |                               |                         |
|                                                    | <b>Before Propensity Score Matching</b> |                               |                    | <b>After Propensity Score Matching</b> |                               |                         |
|                                                    | <b>GA<br/>N=3,631</b>                   | <b>IFNbeta-1a<br/>N=3,512</b> | <b>Cohen<br/>d</b> | <b>GA<br/>N=2,660</b>                  | <b>IFNbeta-1a<br/>N=2,660</b> | <b>Coh<br/>en<br/>d</b> |
| Age, years, mean (SD)                              | 37.97<br>(9.95)                         | 34.88<br>(10.24)              | 0.305              | 36.41<br>(9.49)                        | 36.12<br>(10.46)              | 0.02<br>9               |
| Gender, Number of males (%)                        | 981 (27.0)                              | 953 (27.1)                    | 0.003              | 705 (26.5)                             | 722<br>(27.1)                 | 0.01<br>4               |
| Number of relapses in the previous year, mean (SD) | 1.04<br>(0.91)                          | 1.04<br>(0.92)                | 0.007              | 1.05<br>(0.90)                         | 1.03 (0.9<br>3)               | 0.01<br>1               |
| Years since MS symptoms onset, mean (SD)           | 6.92<br>(6.80)                          | 5.83<br>(6.22)                | 0.160              | 6.17<br>(6.12)                         | 6.30<br>(6.60)                | 0.01<br>9               |
| EDSS score, median (range)                         | 2 (0-8.5)                               | 2 (0-7.5)                     | 0.300              | 2 (0-8.0)                              | 2 (0-7.5)                     | 0.03<br>4               |
| Years of follow-up, mean (SD)                      | 2.07<br>(1.03)                          | 2.22<br>(0.97)                | 0.150              | 2.12<br>(1.02)                         | 2.17<br>(0.98)                | 0.04<br>8               |
| Year of treatment initiation, median (range)       | 2010<br>(1992-2018)                     | 2007<br>(1996-2017)           | 0.518              | 2009<br>(1993-2017)                    | 2009<br>(1997-2017)           | 0.01<br>0               |

GA: Glatiramer acetate; IFNbeta-1a: intra-muscular Interferon beta-1a; SD: standard deviation; EDSS: Expanded Disability Status Scale; Cohen's d values > 0.10 were considered clinically meaningful.

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**Table 3. Regression coefficient estimates and their difference, obtained by fitting two separate negative binomial models to CombiRx data with the number of relapses over 36 months as the dependent variable, baseline characteristics as predictor variables and an offset for follow up duration.**

|                                                                   | <b>GA<br/>N=255</b> | <b>IFNbeta-1a<br/>N=248</b> | <b>Difference</b> |
|-------------------------------------------------------------------|---------------------|-----------------------------|-------------------|
| <b>Intercept</b>                                                  | -6.77               | -6.40                       | -0.37             |
| <b>Age</b>                                                        | -0.02               | -0.04                       | 0.02              |
| <b>Male Gender</b>                                                | -0.22               | 0.26                        | -0.48             |
| <b>Number of relapses in the previous year</b>                    | 0.01                | 0.17                        | -0.16             |
| <b>Disease duration since MS symptoms onset (log-transformed)</b> | -0.04               | 0.06                        | -0.09             |
| <b>EDSS score</b>                                                 | 0.11                | 0.17                        | -0.06             |

GA: Glatiramer acetate; IFNbeta-1a: intra-muscular Interferon beta-1a; EDSS: Expanded Disability Status Scale;

**Table 4. Annualized relapse rate (ARR) in patients treated with glatiramer acetate (GA) and intra-muscular Interferon beta-1a (IFNbeta-1a) by strata of the Treatment Response Score, in the training, validation and generalization datasets.**

| <b>A. Training</b>       |                               |             |                   |            |                   |                           |                 |
|--------------------------|-------------------------------|-------------|-------------------|------------|-------------------|---------------------------|-----------------|
|                          | <b>Number of patients (%)</b> |             |                   | <b>ARR</b> |                   | <b>Treatment effect</b>   |                 |
| <b>Score subgroup</b>    | <b>Total</b>                  | <b>GA</b>   | <b>IFNbeta-1a</b> | <b>GA</b>  | <b>IFNbeta-1a</b> | <b>ARR ratio (95% CI)</b> | <b>p-value*</b> |
| <b>GA++</b>              | 129 (25.6)                    | 58 (45.0)   | 71 (55.0)         | 0.19       | 0.48              | <b>0.40 (0.25-0.63)</b>   | 0.012           |
| <b>GA+</b>               | 249 (49.5)                    | 131 (52.6)  | 118 (47.4)        | 0.26       | 0.29              | <b>0.90 (0.61-1.34)</b>   |                 |
| <b>IFNbeta-1a+</b>       | 125 (24.9)                    | 66 (52.8)   | 59 (47.2)         | 0.21       | 0.19              | <b>1.14 (0.59-2.18)</b>   |                 |
| <b>Overall</b>           | 503                           | 255 (50.7)  | 248 (49.3)        | 0.23       | 0.32              | 0.72 (0.55-0.95)          | 0.018           |
| <b>B. Validation</b>     |                               |             |                   |            |                   |                           |                 |
|                          | <b>Number of patients (%)</b> |             |                   | <b>ARR</b> |                   | <b>Treatment effect</b>   |                 |
| <b>Score subgroup</b>    | <b>Total</b>                  | <b>GA</b>   | <b>IFNbeta-1a</b> | <b>GA</b>  | <b>IFNbeta-1a</b> | <b>ARR ratio (95% CI)</b> | <b>p-value*</b> |
| <b>GA++</b>              | 602 (26.0)                    | 317 (52.7)  | 285 (47.3)        | 0.35       | 0.58              | <b>0.58 (0.46-0.72)</b>   | <.0001          |
| <b>GA+</b>               | 1169 (50.6)                   | 549 (47.0)  | 620 (53.0)        | 0.37       | 0.41              | <b>0.92 (0.77-1.09)</b>   |                 |
| <b>IFNbeta-1a+</b>       | 541 (23.4)                    | 290 (53.6)  | 251 (46.4)        | 0.30       | 0.23              | <b>1.29 (0.97-1.71)</b>   |                 |
| <b>Overall</b>           | 2312                          | 1656 (50)   | 1656 (50)         | 0.35       | 0.41              | 0.84 (0.74-0.95)          | 0.005           |
| <b>C. Generalization</b> |                               |             |                   |            |                   |                           |                 |
|                          | <b>Number of patients (%)</b> |             |                   | <b>ARR</b> |                   | <b>Treatment effect</b>   |                 |
| <b>Score subgroup</b>    | <b>Total</b>                  | <b>GA</b>   | <b>IFNbeta-1a</b> | <b>GA</b>  | <b>IFNbeta-1a</b> | <b>ARR ratio (95% CI)</b> | <b>p-value*</b> |
| <b>GA++</b>              | 1259 (23.7)                   | 633 (23.8)  | 626 (23.6)        | 0.39       | 0.49              | <b>0.78 (0.66-0.92)</b>   | 0.002           |
| <b>GA+</b>               | 2439 (45.8)                   | 1236 (46.5) | 1203 (45.2)       | 0.36       | 0.38              | <b>0.95 (0.84-1.07)</b>   |                 |
| <b>IFNbeta-1a+</b>       | 1622 (30.5)                   | 791 (29.7)  | 831 (31.2)        | 0.25       | 0.21              | <b>1.21 (1.02-1.44)</b>   |                 |
| <b>Overall</b>           | 5320                          | 2660        | 2660              | 0.33       | 0.35              | 0.94 (0.86-1.02)          | 0.133           |

GA: Glatiramer acetate; IFNbeta-1a: intra-muscular Interferon beta-1a; ARR: Annualized relapse rate, CI: Confidence Interval; GA++: patients with a response score  $\leq -0.42$ ; GA+: patients with a response score between -0.42 and 0; IFNbeta-1a +: patients with a response score  $\geq 0$ ; \*P-value is for the treatment by group interaction.

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**Table 5. Patient characteristics by Treatment Response Score strata in the training, validation and generalization datasets.**

|                                                    | <b>GA++</b>    | <b>GA+</b>     | <b>IFNbeta-1a+</b> | <b>p-value</b> |
|----------------------------------------------------|----------------|----------------|--------------------|----------------|
| <b>Training</b>                                    | <b>N=129</b>   | <b>N=249</b>   | <b>N=125</b>       |                |
| Age, years, mean (SD)                              | 34.14 (9.17)   | 37.12 (9.35)   | 45.20 (7.53)       | <.0001         |
| Gender, Number of males (%)                        | 104 (80.6)     | 44 (17.7)      | 1 (0.8)            | <.0001         |
| Number of relapses in the previous year, mean (SD) | 2.09 (0.95)    | 1.71 (0.67)    | 1.25 (0.62)        | <.0001         |
| Years since MS symptoms onset, mean (SD)           | 4.86 (5.82)    | 4.92 (6.77)    | 3.28 (3.95)        | 0.031          |
| EDSS score, median (range)                         | 2 (0-5.5)      | 2 (0-5.5)      | 2 (0-5)            | 0.017          |
|                                                    |                |                |                    |                |
| <b>Validation</b>                                  | <b>N=602</b>   | <b>N=1169</b>  | <b>N=541</b>       |                |
| Age, years, mean (SD)                              | 31.42 (7.99)   | 33.68 (8.53)   | 43.42 (6.93)       | <.0001         |
| Gender, Number of males (%)                        | 471 (78.2)     | 115 (9.8)      | 2 (0.4)            | <.0001         |
| Number of relapses in the previous year, mean (SD) | 1.82 (0.95)    | 1.50 (0.74)    | 0.95 (0.72)        | <.0001         |
| Years since MS symptoms onset, mean (SD)           | 5.36 (5.49)    | 5.14 (5.75)    | 4.53 (5.36)        | 0.035          |
| EDSS score, median (range)                         | 2 (0-5.5)      | 2 (0-5.5)      | 1.5 (0-5.5)        | <.0001         |
|                                                    |                |                |                    |                |
| <b>Generalization</b>                              | <b>N=1,259</b> | <b>N=2,439</b> | <b>N=1,622</b>     |                |
| Age, years, mean (SD)                              | 31.07 (8.24)   | 34.45 (9.08)   | 43.02 (8.89)       | <.0001         |
| Gender, Number of males (%)                        | 960 (76.3)     | 441 (18.1)     | 26 (1.6)           | <.0001         |
| Number of relapses in the previous year, mean (SD) | 1.53 (1.08)    | 1.12 (0.82)    | 0.55 (0.64)        | <.0001         |
| Years since MS symptoms onset, mean (SD)           | 6.16 (5.67)    | 6.36 (6.33)    | 6.11 (6.91)        | 0.430          |
| EDSS score, median (range)                         | 2 (0-7.5)      | 2 (0-8)        | 1.5 (0-6)          | <.0001         |

GA++: patients with a response score  $\leq -0.42$ ; GA+: patients with a response score between  $-0.42$  and  $0$ ; IFNbeta-1a+: patients with a response score  $\geq 0$ ; SD: standard deviation; EDSS: Expanded Disability Status Scale;

**Table 6. Relative treatment effect of glatiramer acetate (GA) vs intra-muscular Interferon beta-1a (IFNbeta-1a) according to the groups defined by the Treatment Response Score including MRI variables, in the training and validation datasets.**

| <b>Training</b>       |                               |            |                   |                           |                 |
|-----------------------|-------------------------------|------------|-------------------|---------------------------|-----------------|
|                       | <b>Number of patients (%)</b> |            |                   | <b>Treatment effect</b>   |                 |
| <b>Score subgroup</b> | <b>Total</b>                  | <b>GA</b>  | <b>IFNbeta-1a</b> | <b>ARR ratio (95% CI)</b> | <b>p-value*</b> |
| <b>GA++</b>           | 126 (25.1)                    | 55 (43.6)  | 71 (56.4)         | <b>0.38 (0.23-0.60)</b>   | 0.003           |
| <b>GA+</b>            | 255 (50.7)                    | 138 (54.1) | 117 (45.9)        | <b>0.81 (0.55-1.19)</b>   |                 |
| <b>IFNbeta-1a+</b>    | 122 (25.2)                    | 62 (50.8)  | 60 (49.2)         | <b>1.33 (0.68-2.62)</b>   |                 |
| <b>Overall</b>        | 503                           | 255 (50.7) | 248 (49.3)        | 0.72 (0.55-0.95)          | 0.018           |
| <b>Validation</b>     |                               |            |                   |                           |                 |
|                       | <b>Number of patients (%)</b> |            |                   | <b>Treatment effect</b>   |                 |
| <b>Score subgroup</b> | <b>Total</b>                  | <b>GA</b>  | <b>IFNbeta-1a</b> | <b>ARR ratio (95% CI)</b> | <b>p-value*</b> |
| <b>GA++</b>           | 98 (26.0)                     | 50 (51.0)  | 48 (49.0)         | <b>0.64 (0.37-1.13)</b>   | 0.110           |
| <b>GA+</b>            | 183 (48.7)                    | 85 (46.5)  | 98 (53.5)         | <b>1.13 (0.70-1.80)</b>   |                 |
| <b>IFNbeta-1a+</b>    | 95 (25.3)                     | 53 (55.8)  | 42 (44.2)         | <b>1.60 (0.87-3.00)</b>   |                 |
| <b>Overall</b>        | 376                           | 188 (50.0) | 188(50.0)         | 1.00 (0.72-1.36)          | 0.975           |

GA: Glatiramer acetate; IFNbeta-1a: intra-muscular Interferon beta-1a; ARR: Annualized relapse rate, CI: Confidence Interval; GA++: patients with a response score  $\leq -0.42$ ; GA+: patients with a response score between  $-0.42$  and  $0$ ; IFNbeta-1a +: patients with a response score  $\geq 0$ ;

\* P-value is for the treatment by group interaction test



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## Treatment response score to glatiramer acetate or interferon beta-1a

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