

PROGRAMMA AFTER ESPEN 2025

*In 1 dag een samenvatting van ontwikkelingen op gebied van klinische voeding en
metabolisme gepresenteerd op het 47^e ESPEN congres in Praag (Tsjechië) van 13 – 16
september*

Datum: 7 oktober 2025
Plaats: Van der Valk 's Hertogenbosch/Vught

OCHTEND PROGRAMMA

10.00 uur Opening AFTER ESPEN 2025

Ochtendvoorzitter:

*Kurt Boeykens, Clinical Nutrition Nurse Specialist, Coordinator Nutrition Support Team,
Researcher, VITAZ, Antwerpen*

10.05 uur Time-restricted eating in management of disease

Dr. Maarten Soeters, internist-endocrinoloog, Amsterdam UMC, Amsterdam

10.25 uur Posterpresentatie 1:

Recording abdominal pain symptoms linked to enteral feeding rate in patients with a functional gastric disorder.

Marie Van Dooren, diëtist, UZA, Edegem

10.30 uur Q&A

10.35 uur A role for ketones in critically ill?

Prof. dr. Jan Gunst, intensivist, UZ Leuven, Leuven

10.55 uur Posterpresentatie 2:

Nurse-performed gastric ultrasound (gus) after gastrointestinal surgery: preliminary results of a feasibility study.

Harm van Noort, verpleegkundig wetenschapper, Radboudumc, Nijmegen



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11.00 uur Q&A

11.05 uur Nutrition intervention studies in cirrhosis associated sarcopenia

Nicolas Lanthier, MD, PhD, Head of clinic, Cliniques universitaires Saint-Luc, Clinical professor, UCLouvain, Clinical researcher, FNRS, Brussels, Belgium

11.25 uur Posterpresentatie 3:

Does a full bladder matter? Differences in body composition, using bioelectrical impedance before and after urination. + Body composition with bioelectrical impedance analysis: agreement between measurement on left and right sides of the body.

Dr. Geranda Slager, Postdoc onderzoeker en docent bij de opleiding Fysiotherapie, Hanze Hogeschool Groningen

11.30 uur Q&A

11.35 uur Pauze

11.55 uur Posterpresentatie 4:

Parenteral nutrition prescription validation and analysis of potential drug-nutrition interactions in hospitalized patients: are pharmaceutical interventions necessary?

Zenzi Rosseel, ziekenhuis apotheker, PhD klinische voeding, UZ, Brussel

12.00 uur Q&A

12.05 uur Posterpresentatie 5:

Push-PEG versus Pull-PEG in pediatric patients: a retrospective study comparing clinical outcomes and cost implications.

Drs. Omar Mollema, ANIOS Intensive Care, Zuyderland, Heerlen

12.10 uur Q&A

12.15 uur Interactieve casuïstiek:

Casuïstiek: Abdominal catastrophe (pelvic exenteration)

Multidisciplinair panel: Stephanie Kwee, Celine Scipio, Charmaine Renfurm, Judith Beurskens, Eline Lichtert.

Presentatie: Cora Jonkers



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12.45 Walking lunch en poster tour

Posters worden opgehangen op posterborden

Postertour 1: Enterale voeding: Moderator: Karolien Dams

1. A prebiotic fibre blend improves gut bifidobacteria levels in healthy older adults. *Mine Yildirim*
2. Failure of oral digestion in post critical ill patients. *Zenzi Rosseel*
3. Gastrointestinal (gi) tolerance of a prebiotic fibre blend in healthy older adults. *Mine Yildirim*
4. Fibre containing oral nutritional supplements (ons) increase total daily fibre intake in adults with or at risk of disease related malnutrition (drm). *Mine Yildirim*
5. Tolerance and compliance to fibre containing oral nutritional supplements (ons) in patients at risk of disease related malnutrition (drm). *Mine Yildirim*

Postertour 2: Nutritional assessment: moderator: Cora Jonkers

1. Discrepancies between indirect calorimetry, high BMI, and low reported energy intake in overweight and obese women seeking reproductive assistance. *Berenice Gabriela Jimenez Garcia*
2. The effect of personalised nutritional counselling on energy adequacy in adults with long covid. *Berenice Gabriela Jimenez Garcia*
3. Resting energy expenditure in children with cancer: a systematic review. *Denise Froom-Torenstra*
4. Reliability of bioelectrical impedance analysis in sitting and standing positions compared to supine position. *Maarten Hendriks*
5. Automating paediatric parenteral nutrition calculations: accurate, safe and cost effective. *Vincent Tournouj*

Postertour 3: Ondervoeding: Moderator: Eline Lichtert

1. Navigating between involving and advising: an analysis of dietitians' advisory practices when treating clients with (risk of) malnutrition. *Harriët Jager-Wittenaar*
2. Global implementation of glim criteria in practice and research: who's on board? *Harriët Jager-Wittenaar*
3. Malnutrition awareness of community-dwelling older adults: a cross-sectional study among panel members of Dutch municipal health services. *Harriët Jager-Wittenaar*



4. Feasibility of the German version of the malnutrition awareness scale (mas) questionnaire for older adults. *Harriët Jager-Wittenaar*
5. A prospective cohort study on changes in nutritional status and physical fitness after multimodal personalized prehabilitation among colon cancer patients undergoing surgery. *Renate Winkels*

Postertour 4: Moderator: Manon van den Berg

1. Predictors of oocyte yield in assisted reproductive technology in patients following a nutritional intervention program. *Oona Leemans*
2. A gut feeling: fiber intake falls short in patients with long covid. *Lisinda De Hart*
3. Physical activity levels in overweight and underweight women undergoing intracytoplasmic sperm injection during a nutritional intervention program. *Oona Leemans*
4. Assessing health status and distress of patients with a high-output stoma using a point of care test: a mixed method pilot study. *Judith Beurskens*
5. Comparing diagnostic accuracy of the must and the pg-sga sf in hospitalised patients with cardiac disease. *Elitsa Noom*

MIDDAG PROGRAMMA

14.00 uur Opening middagprogramma

Middagvoorzitter:

Dr. Manon van den Berg, themeleider voeding, universitair docent, wetenschappelijk onderzoeker, Radboudumc, Nijmegen

14.05 uur GLIM update

Prof. dr. Harriët Jager-Wittenaar, bijzonder hoogleraar Diëtetiek en transmurale voedingszorg, Radboudumc, Lector Malnutrition and Healthy Ageing, Hanze, Groningen

14.25 uur Posterpresentatie 6:

Modeling dietary changes: how sustainable eating affects micronutrient intake in older adults. *Jos Borkent, diëtist, HAN, Nijmegen*

14.30 uur Q&A



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14.35 uur Obesity in children: a growing problem

Anna le Clercq, student-onderzoeker IC Neonatologie & Kinderen, Erasmus MC, Rotterdam

14.55 uur Posterpresentatie 7:

Nutritional care following hospital discharge in pediatric patients : an European and Canadian survey.

Esther van Steenbergen, diëtist, ErasmusMC, Rotterdam

15.00 uur Q&A

15.05 uur Refeeding syndrome: when too little can be too much

Dr. Karolien Dams, senior staf lid dienst intensieve zorgen, diensthoofd afdeling Klinische Voeding, Universitair Ziekenhuis, Antwerpen

15.25 uur Posterpresentatie 8:

Nasal bridle versus tape securement of naso-enteral feeding tubes: preliminary results of a randomized controlled clinical trial.

Mariël Klos, verpleegkundig specialist voedingsteam, Medisch Spectrum Twente, Twente

15.30 uur Q&A

15.35 uur Challenges with long-term home parenteral feeding

Dr. Airin Simon, internist-endocrinoloog, Amsterdam UMC, Amsterdam en Dr. Eelkje Limonard, internist-endocrinoloog, Amsterdam UMC, Amsterdam

16.00 afsluiting en borrel

