

Letter to the Editor

Mite allergen-specific IgE is detectable in bronchial secretions of patients with non-atopic asthma and correlates with mucosal expression of periostin

To the Editor:

Chronic airway inflammation in asthmatic patients is classically biased toward T_H2 -type immunity, with IL-4 and IL-13 as signature cytokines initiating B-cell class-switching to IgE. Immunoglobulin class-switching classically occurs in the lymphoid germinal centers, with B cells migrating in the tissue through the bloodstream. Demonstration of class-switching toward IgE by mucosal resident B cells has been provided in patients with allergic asthma and rhinitis. It is increasingly recognized that this local IgE synthesis can occur independently of systemic IgE sensitization, which is referred to as “atopy” and evidenced by positive serum IgE measurements, skin prick test responses, or both to at least 1 common aeroallergen. Both the precise origin of IgE-positive B cells¹ and the detailed specificities of local IgE remain elusive, but studies in allergic rhinitis and conjunctivitis reported that part of this local IgE might bind to aeroallergens, such as pollens.² Our group also reported that functional IgE antibodies to house dust mite (*Dermatophagoides pteronyssinus*) allergens are detected in sputum from patients with nonatopic asthma.³ Similarly, *D pteronyssinus*-specific IgE was reported to be functional in nasal polyp tissues from nonatopic donors.⁴ The clinical relevance of local specific IgE has been shown by the demonstration that anti-IgE is effective in nasal polyposis and asthma independent of atopy.⁵

In the present study we sought to evaluate sputum IgE antibodies to *D pteronyssinus* in a larger series of asthmatic patients and to correlate this local response to T_H2 /eosinophilic inflammation and notably to periostin, which was recently identified as a surrogate serum marker of airway eosinophilia in asthmatic patients. We hypothesized that the local production of allergen-specific IgE antibodies is promoted by IL-13 both in patients with allergic and those with nonatopic forms of asthma.

Study participants ($n = 149$), including asthmatic patients and healthy control subjects, were assessed for the presence of *D pteronyssinus*-specific IgE in induced sputum. Asthmatic patients were extensively characterized for lung function, blood and sputum eosinophil counts, and serum IgE levels (see [Table E1](#) in this article's Online Repository at www.jacionline.org) and consented to participate in the study approved by the local ethics committee (reference 2005/181). Induced sputum was obtained for each participant by means of inhalation of saline solution (4.5%); detailed methods for processing are provided in the [Methods](#) section in this article's Online Repository at www.jacionline.org). Sputum supernatants were assayed for *D pteronyssinus*-specific IgE by using ELISA, as previously described.³

Supernatants were also assessed for periostin. The assumption that periostin could be detected in the sputum is based on the *in vitro* observation that human primary bronchoepithelial cells cultured markedly upregulate periostin gene expression on IL-13 stimulation.⁶ We also observed that production of periostin occurs in air-liquid interface bronchoepithelial cultures in the basolateral and apical compartments, with the effect of IL-13 being significant only at the apical pole ([Fig 2](#)).

It was first confirmed that *D pteronyssinus*-specific IgE is detectable in sputum at higher levels in asthmatic patients when compared with control subjects irrespective of atopy/systemic IgE sensitization ($P < .05$ and $P < .001$, patients with nonatopic and atopic asthma vs control subjects, respectively; [Fig 1, A](#)), with 76% of patients with allergic asthma being sensitized to *D pteronyssinus* (serum *D pteronyssinus*-specific IgE >0.35 kU/L; see [Table E1](#)). Sputum eosinophil counts were increased in both patients with atopic and those with nonatopic asthma as either absolute numbers or proportion of leukocytes ($P < .001$, nonatopic and atopic asthma vs control subjects), with no difference between the 2 asthmatic groups ([Fig 1, B](#)). Blood and sputum eosinophil counts were significantly correlated ($r = 0.59$, $P < .001$). Only a few patients from our series presented with blood eosinophil counts of $400/\text{mm}^3$ or greater and sputum eosinophil counts of 3% or greater ($n = 9$ [6.8%]), a profile that was previously associated with poor control of the disease.⁷ In sputum, despite levels being increased only in some asthmatic patients without reaching a significant between-group difference ([Fig 1, C](#)), periostin levels significantly correlated with *D pteronyssinus*-specific IgE levels ($r = 0.37$, $P < .0001$; [Fig 1, D](#)) but not eosinophil counts ($r = 0.06$; see [Video E1](#) in this article's Online Repository at www.jacionline.org). No significant correlation was found between sputum periostin and sputum total IgE levels ($r = 0.08$, $P = .43$) or other asthma-related parameters. The absence of correlation between periostin levels and sputum eosinophil counts could be related to the large dispersion of the latter in our study, contrasting with a recent report focused on severe eosinophilic asthma.⁸

By using immunologic or molecular techniques, several studies demonstrated that local IgE production occurs in the upper and lower airways of patients with nonatopic rhinitis, nasal polyposis, and asthma. In contrast, the specificity of this local IgE was only recently explored.^{2-4,9} In the most recent report¹⁰ the presence of local IgE was not confirmed in patients with nonatopic asthma by using a microarray analysis (ImmunoCAP ISAC; Thermo Scientific, Uppsala, Sweden) of bronchial biopsy homogenates. IgE antibodies to a large panel of allergens, including dust mite allergens, were not detected in these samples. The discrepancy between these results and ours could relate to methodological issues. The sensitivity of the microarray could be lower, as suggested by the detection of specific IgE in only a few patients with allergic asthma (in contrast to positive serum results), probably because of the described loss of total IgE after extraction and the assay characteristics, as the authors recognize. Another possibility relates to the site of sampling because it is uncertain whether tissue-bound IgE levels and secretory (sputum) IgE levels are correlated and could be affected by different local factors, including epithelial transport through the low-affinity receptor for IgE (CD23). Thus allergen-specific IgE responses should be clarified in patients with nonatopic asthma by assessing the different compartments of the bronchial mucosa, ideally by using different techniques, to detect the presence of local IgE antibodies. Of note, this study assayed fluid-phase (and not dithiothreitol-treated⁴) sputum samples, which could have affected the results by neglecting cell-bound IgE. In addition, the functionality and epitope repertoires should also be investigated and compared with those in serum because the clinical relevance of this mucosal response remains in question based on results of

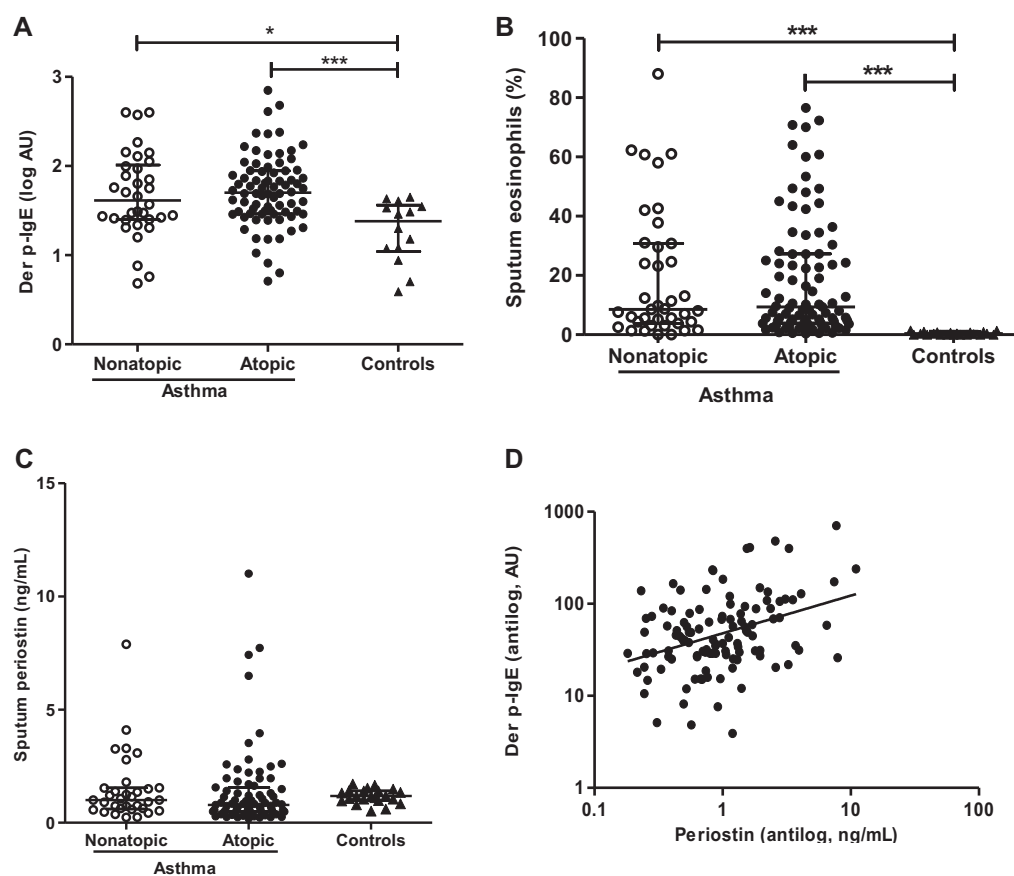


FIG 1. A, *D pteronyssinus*-specific IgE antibodies in sputum from patients with nonatopic (n = 34) or atopic (n = 77) asthma and sputum from nonatopic control subjects (n = 14). Lines depict medians and ranges. B, Sputum eosinophils (percentage of total leukocytes) from patients with nonatopic or atopic asthma versus nonatopic control subjects. Lines depict medians and ranges. Data were obtained from 39 patients with intrinsic asthma, 89 patients with atopic asthma, and 21 control subjects. C, Periostin levels as assessed in DPBS sputum samples in patients with nonatopic (n = 33) and atopic (n = 79) asthma versus nonatopic control subjects (n = 21). Lines depict medians (interquartile ranges). D, Correlation between sputum levels of periostin and *D pteronyssinus*-specific IgE. Data were obtained for 114 of 149 subjects ($r = 0.37$, $P < .0001$), with 35 samples being lower than the detection limit (data not shown) for *D pteronyssinus*-specific IgE or periostin (0.75 ng/mL). * $P < .05$ and *** $P < .001$.

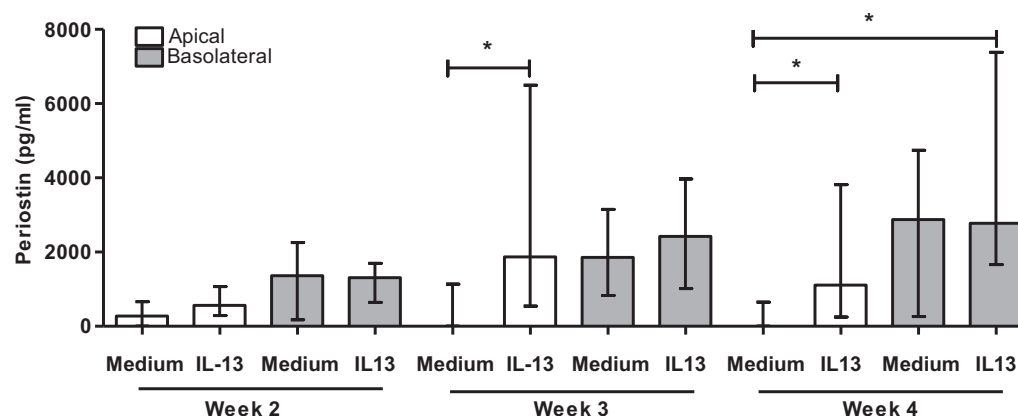


FIG 2. Periostin release (during culture for 48 hours) by human airway epithelial cells (AECs) on recombinant IL-13 stimulation (10 ng/mL every other day) versus control (medium alone) values in the basolateral and apical compartments, as assessed at weeks 2, 3, and 4 in air-liquid conditions. Data are from AECs of 14 different donors. Lines depict medians (interquartile ranges). * $P < .05$.

in vivo allergen challenge. Thus in contrast to patients with rhinitis, in whom one group observed clinical responses in some patients,² no clinical reactivity was observed on lung challenge with mite allergen in patients with nonatopic asthma.³

The present data show that periostin can be recovered in sputum consistently with the apical release of this protein observed in bronchoepithelial cell cultures at the air-liquid interface on stimulation by the T_H2 cytokine IL-13. Periostin has been reported to be a novel serum biomarker of bronchial eosinophilic inflammation, which might be more reliable than exhaled nitric oxide. The correlation observed in the present study between sputum levels of periostin and *D pteronyssinus*-specific IgE antibodies, but not eosinophil counts, probably relates to their common triggering mechanism, namely the IL-4/IL-13 cytokine pathway. A recent study by Bobolea et al⁸ reports a significant correlation between sputum periostin levels and eosinophil counts. This discrepancy with our results might be explained by the study population, which focused on patients with severe refractory asthma. In any case, the interest in the sputum periostin level as an additional biomarker of asthma should be considered in further larger studies, notably to clarify the link between sputum levels of periostin and eosinophil counts.

Our data confirm that in asthmatic patients local *D pteronyssinus*-specific IgE antibodies are detectable in sputum irrespective of atopy and show that this bronchial response correlates to the local periostin level as a marker of T_H2-biased imprinting of the airway epithelium.

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METHODS

Participants

Asthmatic patients were recruited from outpatient clinics at the Pneumology Department of CHU Liège, Liege, Belgium. Inclusion criteria were a history of asthma (defined according to the Global Initiative for Asthma guidelines) since at least 6 months, with documented nonspecific bronchial hyperreactivity to methacholine, peak expiratory flow variability (>20% diurnal variability), or both and age of between 18 and 70 years. Patients with nonatopic asthma were characterized by the absence of a skin prick test response to a battery of 18 common aeroallergens in our country (cockroach, *D pteronyssinus*, *Dermatophagoides farinae*, cat, dog, tree pollens [birch, alder, hazel, and ash], grass pollens [5-grass mix], *Artemisia* species, plantain, *Aspergillus* species [mix], *Cladosporium* species, *Alternaria* species, *Penicillium* species, latex, and bird feathers) and by negative (<0.35 kU/L) serum specific IgE levels (to *D pteronyssinus*, *D farinae*, cat, dog, *Aspergillus fumigatus*, *Alternaria tenuis*, and *Cladosporium herbarum*). Smoking status was recorded at the time of inclusion. All subjects were stable at the time of inclusion, with no evidence of respiratory tract infection within the past 6 weeks. All subjects provided written informed consent to participate in the study, which was approved by our local ethics committee (reference 2005/181). Patients' and control subjects' characteristics are depicted in Table E1.

Sputum sampling and processing

Sputum induction was performed by means of inhalation of either hypertonic or isotonic saline according to postbronchodilator FEV₁ values. Patients with an FEV₁ of greater than 65% of predicted value inhaled 4.5% saline, whereas those with an FEV₁ of less than 65% of predicted value were given 0.9% saline. Saline was inhaled through an ultrasonic nebulizer (Ultra-Neb 2000; DeVilbiss, Somerset, Pa). The cup of the nebulizer was filled with 50 mL of hypertonic/isotonic saline to which we added 1.75 mL of salbutamol solution at 5 mg/mL. FEV₁ was measured at 1, 3, 5, and 10 minutes after the start of the procedure. Inhalation was stopped after 10 minutes or when a decrease in FEV₁ of greater than 20% from baseline had occurred. Subjects were then asked to rinse their mouths with tap water and to cough up sputum into a plastic container. For safety reasons, FEV₁ was measured 10 and 20 minutes after the end of induction in every patient.

Sputum samples were homogenized with 3:1 (vol/wt) Dulbecco PBS (DPBS) Ca²⁺- and Mg²⁺-free solution and centrifuged at 800g for 10 minutes at 4°C. Supernatants were stored at -80°C until analysis. The cellular phase was dispersed in 1 mL of DPBS and diluted twice with Sputolysin reagent (Calbiochem, San Diego, Calif). The cell suspension was rocked at room temperature for 20 minutes and centrifuged at 400g for 10 minutes at 4°C. After washing with DPBS, the cell pellet was suspended in DPBS for determination of total cell counts and cell viability by using the trypan blue exclusion method with a manual hemocytometer. The differential cell count was performed on cytopspin preparations stained with Rapi Diff II (Atom Scientific, Manchester, United Kingdom) by counting 500 nonsquamous cells with a light microscope.^{E1}

Sputum fluid-phase measurements

***D pteronyssinus*-specific IgE.** The ELISA technique used to detect IgE in sputum has been extensively detailed.^{E2} *D pteronyssinus*-specific antibodies were assayed in PBS supernatants by using ELISA. Microtiter plates were coated with 5 µg/mL *D pteronyssinus* extract (Stallergenes, Antony, France), and 50 µL of undiluted sputum samples was incubated for 1 hour at 37°C. Horseradish peroxidase-conjugated rat monoclonal anti-human IgE (clone LO-HE17, 11 µg/mL) was used as a detection antibody. Extensive controls were used to validate the specificity of our immunoassay by using the clone LO-HE17.^{E2}

Periostin. Periostin was assayed in sputum supernatants by using Human Periostin/OSF-2 DuoSet (R&D Systems, Oxon, United Kingdom), according to the manufacturer's instructions. Microtiter plates were coated with 1 µg/mL of the capture antibody diluted in bicarbonate buffer (pH 9.6) and incubated overnight at 4°C. Plates were then blocked with BSA 1% in PBS for 1 hour at 37°C. Standard (12 ng/mL, recombinant periostin) sputum samples (50 µL per well) were then incubated for 1 hour at 37°C. Afterward, biotinylated antibody was added and incubated for 1 hour at 37°C. Streptavidin-poly-HRP (1:10,000, 50 µL per well; BD Biosciences, Erembodegem, Belgium) was then added. The reaction was developed with TMB (Tetramethylbenzidine, 100 µL per well) and stopped after 15 minutes by H₂SO₄. Absorbance was read at 450 nm. Washing of plates was performed 3 times with 0.05% Tween-20 in PBS between each step. Spiking and recovery assays have been run on pooled (10 unselected samples) sputum supernatants to validate the dosing method and reported a mean recovery of 81% of periostin.

Primary bronchoepithelial cell cultures

Primary airway epithelial cells (AECs) were derived from proximal specimens of lung tissue of 14 patients undergoing lung resection surgery for a solitary tumor. Lung tissue was sampled away from the tumor site to obtain a large sample for primary AEC culture. AECs were then cultured in polarized and air-liquid interface conditions to reconstitute a pseudostratified mucociliary epithelium.^{E3} Twelve-well polyester membrane inserts (0.4-µm pore size; Corning, Corning, NY) were coated with 0.2 mg/mL collagen IV (Sigma-Aldrich, St Louis, Mo), and then AECs were seeded at a density of 50,000 cells per well. AECs were cultured in submerged conditions until confluence (approximately 10 days), and cell differentiation was then allowed by removing medium in the apical compartment (ie, the air-liquid interface condition) for 15 to 21 days. AECs were cultured in bronchial epithelial cell basal medium/Dulbecco modified Eagle medium (1:1) medium supplemented with penicillin (100 U/mL), streptomycin (100 µg/mL), bovine pituitary extract (52 µg/mL), insulin (5 µg/mL), hydrocortisone (0.5 g/mL), transferrin (10 µg/mL), epinephrine (0.5 µg/mL), epidermal growth factor (0.5 ng/mL), triiodothyronine (3.25 ng/mL), BSA (1.5 µg/mL), and retinoic acid (30 ng/mL; Lonza, Verviers, Belgium). IL-13 (R&D Systems, Abingdon, United Kingdom) was added to basolateral medium (10 ng/mL) every 2 days of air-liquid interface culture for 2, 3, and 4 weeks. The basolateral medium was renewed every other day (600 µL), and 48 hours before each time point sampling, the apical surface was washed with PBS to remove most mucus and secreted factors. The day of collection, the apical surface was sampled with 300 µL of PBS in which periostin content was assessed (in undiluted samples), thus representing its production during 48 hours on resting or IL-13-stimulated conditions. A 2-fold dilution factor has been applied for basolateral concentrations.

Statistics

The Kruskal-Wallis test with the Dunn posttest was applied to periostin levels, IgE (both specific or total) sputum levels, and cellular counts, as well as analysis of AEC-pulsed cultures. Pearson analysis was used for correlation analysis. A *P* value of less than .05 was considered significant.

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TABLE E1. Study participants' characteristics

	Patients with intrinsic asthma (n = 39)	Patients with atopic asthma (n = 89)	Control subjects (n = 21)
Age (y)	54.8 ± 15.5*	47.5 ± 15.9	55.9 ± 9.3
Sex (M/F)	14/25	38/51	5/10
Current smokers or exsmokers	19	35	9
Pack years smoked	24 ± 15	17 ± 18	15 ± 7
ICS therapy	24 (66%)	57 (64%)	—
ICS daily dose (BDP eq)	700 (200-1400)	700 (100-1400)	—
FEV ₁ (% predicted)	80 (43-134) [†]	83 (34-117) [†]	106 (62-115)
FEV ₁ /FVC ratio (%)	69.8 (48.3-133.3)	73.5 (41-41)	78 (64-86)
FENO (ppb)	21.6 (4.5-192)	29.7 (7-347.6)	NA
Blood eosinophils (%)	2.65 (0.1-15.6)	2.9 (0-13.3)	NA
Sputum eosinophils (%)	8.5 (0-88) [‡]	9.4 (0.4-76.5)	0.4 (0-1.5)
Serum total IgE (kU/L)	139 (4-999)*	161 (2-3183)	NA

Data are presented as medians (ranges), except age and ICS therapy (mean ± SD).

BDP eq, Beclomethasone dipropionate equivalent; *F*, female; *FENO*, fraction of exhaled nitric oxide; *FVC*, forced vital capacity; *ICS*, inhaled corticosteroids; *M*, male; *NA*, not applicable.

**P* < .05 versus patients with atopic asthma.

[†]*P* < .01 versus control subjects.

[‡]*P* < .001 versus control subjects.