

Combined liver resection and cytoreductive surgery with HIPEC for metastatic colorectal cancer: Results of a worldwide analysis of 565 patients from the Peritoneal Surface Oncology Group International (PSOGI)

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Introduction

A curative approach in patients with oligometastatic colorectal cancer can achieve “better than expected” long-term survival and provides the rationale for an extensive surgical approach in case of metastases limited in number and to one or a few organs [1].

Liver metastases (LM) occur in 25–40% of patients with colorectal cancer (CRC) [2]. The long-term outcomes of patients with LM undergoing systemic chemotherapy alone is poor, with a median overall survival (OS) of 16 months as reported in the Cairo trial [3], and up to 31 months with treatment intensification as shown in the TRIBE trial [4]. A meta-analysis by Franko et al. reported an OS of 19 months in patients with LM from CRC [5]. Curative management of LM is based on surgical resection, although in 70% of cases, LM will recur despite the use of multimodal and adjuvant chemotherapy [2].

Peritoneal metastases (PM) are present in 3.5–8.3% of patients

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with CRC at the time of diagnosis [6–8], and are associated with poor survival, being as low as 6 months if left untreated [9]. The presence of isolated PM in patients with CRC is prognostic of poor OS compared with isolated non-peritoneal metastases [5]. Using modern systemic chemotherapy, modest improvements in prognosis can be achieved with median OS in the range of 12–16 months [5,10]. Cytoreductive surgery (CRS) with intraperitoneal chemotherapy, including hyperthermic intraperitoneal chemotherapy (HIPEC) has been proposed as the only potentially curative treatment for PM of CRC origin, achieving a median OS of 31.6 months [11,12]. A median OS up to 41.7 months and a recurrence-free survival of 13.1 months and has also been recently reported in highly selected patients [13]. The National Comprehensive Cancer Network (NCCN) guideline recommends that complete CRS combined with HIPEC can be considered in high-volume centers for selected patients with limited peritoneal metastases in whom R0 resection can be achieved [14].

Simultaneous LM and PM from CRC has traditionally been considered a contraindication to any surgical approach because this disease presentation has been associated with very poor survival [15,16]. However, smaller pilot series have reported prolonged survival, reaching up to 3 years in selected patients, after management of simultaneous colorectal LM and PM with CRS plus HIPEC combined with liver resection (LR). The authors claim that LM were not an absolute contraindication to a curative surgical management of PM and the concomitant treatment of both might indeed be possible [17–25]. However, to date, no standard management pathway has been established for patients with simultaneous LM and PM, especially if a major hepatectomy and extensive peritoneal CRS have to be performed. Moreover, there are currently no specific criteria to select patients with the highest potential for surgical success, nor guidelines concerning the timing of peritoneal and liver surgery.

The aim of this study was to assess the early outcomes and survival of CRC patients undergoing LR and peritoneal CRS with HIPEC for concomitant PM and LM. The secondary aim was to identify potential factors related to poorer outcomes, in order to establish a basis to guide the management of these patients, optimizing the selection of candidates for surgical treatment and determining the best sequence of surgical procedures.

Patients and methods

Data collection

A prospectively maintained multi-institutional database was established using the PSOGI and BIG-RENAPE database networks from surgical teams of expert centers for colorectal PM performing CRS and HIPEC. This study was carried out in accordance with the precepts established by the Helsinki Declaration and the institutional review board for each center approved the study procedures. Using the databases of 33 international expert centers from 13 different countries, we identified and collected in a retrospective analysis all patients with concomitant PM and LM from CRC treated with LR and CRS with HIPEC between 1993 and 2017.

All background clinical, histological, operative and post-operative data for this study were prospectively collected, entered into a standardized central electronic database and analyzed retrospectively. We included only patients whose clinical records contained complete information such as age, Eastern Cooperative Oncology Group (ECOG) performance status, tumor markers, diagnostic techniques, AJCC stage group (VIII ed.) and histopathology of primary tumor, number and site of LM, surgical procedures used during CRS and LR including complications according to the Clavien-Dindo classification [26], Peritoneal Cancer Index

(PCI) [27], completeness of cytoreduction (CC) score [27], HIPEC techniques and drugs, systemic chemotherapy and eventual drug-induced toxicity evaluated according to the National Cancer Institute Common Terminology Criteria for Adverse Events (CTCAE version 4.0) [28] and last complete updated data on follow-up.

Indications for CRS plus HIPEC combined with LR were concomitant metastatic spread to peritoneum and liver from colorectal cancer in patients younger than 75 years of age with adequate cardiac, renal, hepatic and bone marrow function, ECOG performance status 0 to 1, written informed consent, resectable disease and for the present study patients in whom CRS had a likelihood of achieving residual disease measuring at least <2.5 mm (CC1). Contraindications for CRS plus HIPEC combined with LR were extra-abdominal disease, other malignancies, unresectable disease or patients with progressive disease after neoadjuvant chemotherapy and patients whose severe associated medical conditions made them unfit for the procedure. Ovarian metastases were considered a manifestation of peritoneal disease [29].

Operative treatment

Simultaneous resection was defined as LR and CRS plus HIPEC during the same operation (one step procedure) and separate procedures were defined as two-steps procedures. Detailed staging and evaluation of systemic chemotherapy eventually combined with biological or molecular treatment depended mainly on imaging findings including computed tomography (CT), magnetic resonance imaging (MRI) and positron emission CT (PET-CT). Staging laparoscopy was used mainly for histopathological sampling or when imaging failed to specify resectability. Patients were scheduled for CRS combined with HIPEC and LR according to a likelihood of achieving complete peritoneal cytoreduction (CC0/1) and LR, and dependent on the patient's general condition following discussion at a multidisciplinary meeting including surgeons, medical oncologists, and dedicated radiologists at each PSM center.

At laparotomy, the peritoneal spread was recorded according to the PCI [27]. Patients then underwent surgery with curative intent: CRS of peritoneal disease was performed with peritonectomy and visceral resection according to standardized procedure, albeit some surgical techniques may have varied among centers. Visceral resections and the other peritonectomy procedures were done depending on the distribution of malignancy in the peritoneal space; normal peritoneum was never excised. If macroscopically affected, the appendix and ovaries were systematically removed. HIPEC was administrated after completion of CRS using an open coliseum or closed technique according to the team's preference, to deliver the chemotherapy agent at 42–43 °C for 30–90 min in a closed circuit. The drugs employed and the duration of the intra-peritoneal chemotherapy was previously described [30,31].

LR was performed according to the principles of oncologic radicality. Minor hepatectomy was defined as any LR of less than three hepatic segments, including atypical resection (metastasectomy, segmentectomy and bisegmentectomy), and radio-frequency ablation (RFA) for lesions measuring less than 2.5 cm and located far from the main vessels according to each team's preference. Major hepatectomy was defined as the LR of at least three hepatic segments, minor resection was defines as the segmentectomies (anatomical resections) and local ablation was defines as non-anatomical or limited resections (wedge resections, radio-frequency or cryotherapy).

Postoperative complications was defined as taking place within 90 days after surgery and operative mortality as death within 90 days after surgery or until hospital discharge. For 2-staged surgeries we added up the length of stay for both hospital admissions.

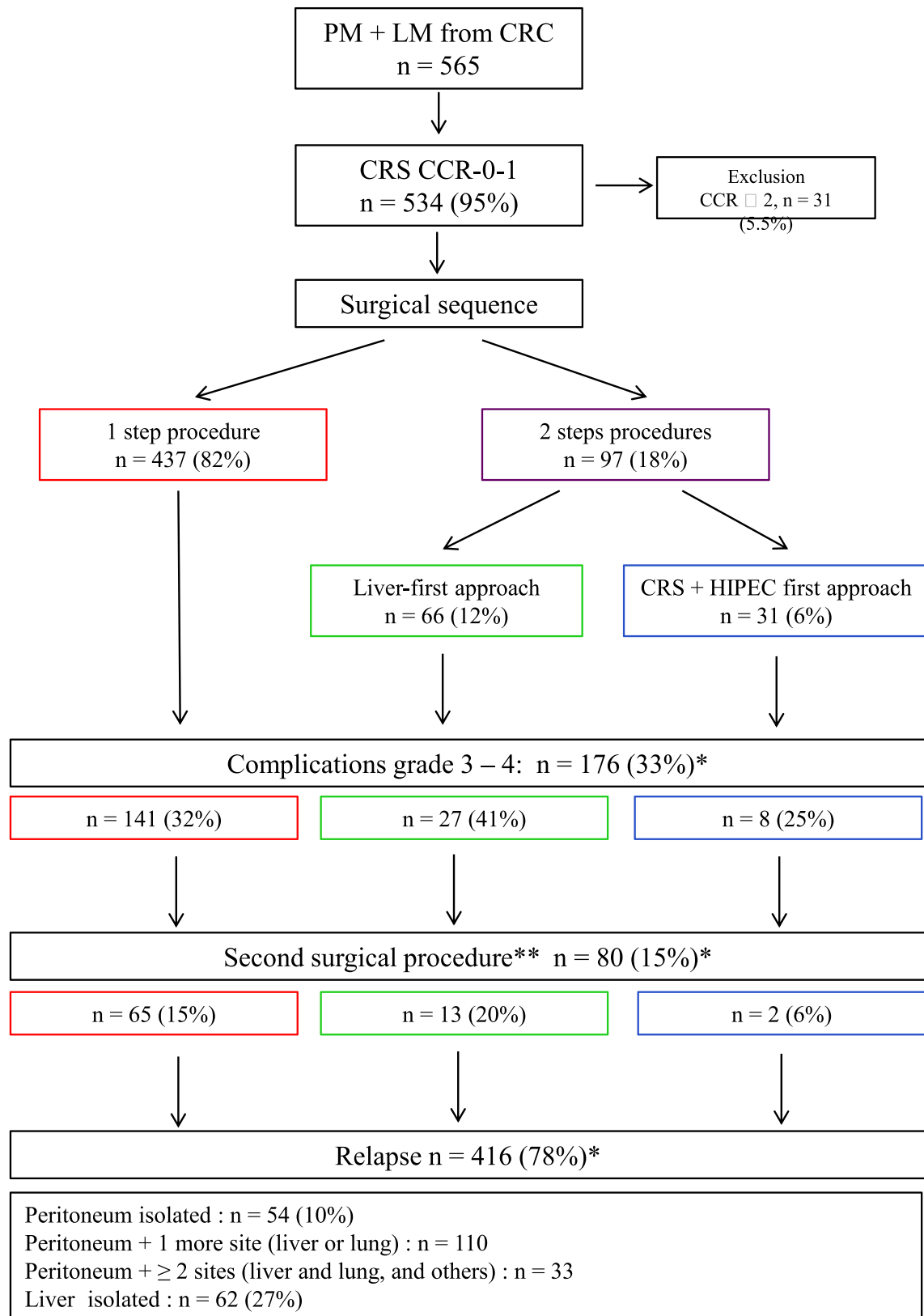


Fig. 1. Flow Chart of patient selection and study groups selected for analysis of concomitant liver and peritoneal metastases from colorectal cancer (CRC) treated by Cytoreductive Surgery (CRS) and Hyperthermic Intraperitoneal Chemotherapy (HIPEC) associated with Liver resection (LR). LM, liver metastases; PM, peritoneal metastases; CCR, completeness of cytoreductive resection; * Data from the global population; **Second surgical procedure for post-operative complications.

Table 1
Demographics and characteristics of primary tumor of patients with liver and peritoneal metastases from colorectal cancer treated by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy associated with liver resection.

	ALL	One step	Liver first	HIPEC first	p-value
Age	54.8 (±11.7)	54.89 (±11.9)	54.6 (±10.2)	54.55 (±12.1)	0.98
Age > 60					0.82
No	329 (63.3%)	269 (62.7%)	41 (65.1%)	19 (67.9%)	
Yes	191 (36.7%)	160 (37.3%)	22 (34.9%)	9 (32.1%)	
Gender					0.3
Female	312 (58.5%)	248 (57%)	44 (66.7%)	20 (62.5%)	
Male	221 (41.5%)	187 (43%)	22 (33.3%)	12 (37.5%)	
Type of Surgery					0.17
Laparoscopy	84 (26.7%)	59 (24.6%)	19 (37.3%)	6 (25%)	
Laparotomy	231 (73.3%)	181 (75.4%)	32 (62.7%)	18 (75%)	
Tumor side					0.97
Right	177 (33.9%)	142 (33.4%)	22 (33.8%)	13 (40.6%)	
Left	271 (51.9%)	220 (51.8%)	35 (53.8%)	16 (50%)	
Rectum	67 (12.8%)	57 (13.4%)	7 (10.8%)	3 (9.4%)	
Multifocal	7 (1.3%)	6 (1.4%)	1 (1.5%)	0 (0%)	
T from the TNM					0.27
T1 or T2	14 (3.6%)	11 (3.6%)	3 (6%)	0 (0%)	
T3	190 (49.5%)	146 (47.2%)	29 (58%)	15 (60%)	
T4	180 (46.9%)	152 (49.2%)	18 (36%)	10 (40%)	
N from the TNM					0.38
N0	101 (23.3%)	76 (22.2%)	15 (25.9%)	10 (31.2%)	
N1	169 (39%)	130 (37.9%)	26 (44.8%)	13 (40.6%)	
N2 or N3	163 (37.6%)	137 (39.9%)	17 (29.3%)	9 (28.1%)	
Differentiation					0.075
Good	85 (21.7%)	65 (21.2%)	17 (30.4%)	3 (10.3%)	
Moderate	225 (57.4%)	174 (56.7%)	28 (50%)	23 (79.3%)	
Poor	82 (20.9%)	68 (22.1%)	11 (19.6%)	3 (10.3%)	
Mucinous					0.24
No	295 (81%)	223 (79.4%)	49 (89.1%)	23 (82.1%)	
Yes	69 (19%)	58 (20.6%)	6 (10.9%)	5 (17.9%)	
Synchronous PM					0.0017
No	317 (60.7%)	249 (58.5%)	50 (76.9%)	18 (58.1%)	
Yes	205 (39.3%)	177 (41.5%)	15 (23.1%)	13 (41.9%)	
Adjuvant CT					0.29
No	134 (25.5%)	115 (26.9%)	12 (18.2%)	7 (21.9%)	
Yes	392 (74.5%)	313 (73.1%)	54 (81.8%)	25 (78.1%)	

TNM: Tumor lymphoNode Metastasis; PM: Peritoneal metastases; CT: Systemic chemotherapy

The general approach across the centers was that patients requiring minor resections had simultaneous LR and peritoneal CRS and HIPEC, whereas in some cases major LR and CRS and HIPEC was performed in two steps: liver-first approach, when the LR was followed by CRS and HIPEC, and delayed LR when the CRS and HIPEC was the first procedure.

Endpoints

The primary endpoint of the analyses was OS. OS was defined as the time from diagnosis of liver or peritoneal metastases to the time of death due to any cause. The secondary endpoints were relapse-free survival (RFS), postoperative morbidity/mortality at 90 days according to the Clavien-Dindo classification [26], and duration of hospital stay. RFS was defined as the time from first surgery, CRS and HIPEC or LR, to relapse, or death, whichever occurred first. RFS at 3 years was defined as the percentage of patients that were relapse-free at three years. In the case of two-steps procedures, the first surgical procedure date was considered as the first treatment day. Second colorectal cancers were considered as RFS events, whereas non-colorectal tumors were disregarded in the analyses.

Statistical analysis

Quantitative variables were described as mean (+/− standard deviation) or median (inter quartile range) depending on the distribution and compared with Student's t-test or Wilcoxon's test.

Qualitative variables were described as count (percentage) and compared with Chi square test or Fisher's exact test as appropriate.

Survival curves were calculated according to Kaplan-Meier and compared with the log-rank test. Median follow-up was calculated according to Schemper's method [32].

The Cox proportional hazard model was used to determine factors influencing patient prognosis. Any variable achieving a $p < 0.2$ in the univariable analysis was then entered in a Cox multivariable model. Backward variable selection based on Akaike's Information Criteria (AIC) was used to identify the subset of independent variables.

Results

Patient characteristics

Five hundred and sixty-five consecutive patients from 33 centers were screened (Fig. 1). Four hundred and ninety-one patients (91.9%) were treated with preoperative systemic chemotherapy before surgery given to treat PM and/or LM before CRS/HIPEC and LR. The average interval between diagnosis of liver or peritoneal metastases and combined surgery was 6 months. For 224 patients (41.9%), the PM were synchronous with the primary tumor, for 206 (38.6%) LM were synchronous with the primary tumor. Regarding the first choice of IP chemotherapy during HIPEC, oxaliplatin (55%), mitomycin-C (37%), and "other" (8%), were reported. Patient characteristics are summarized in Table 1.

Table 2

Characteristics of peritoneal and liver metastases of patients treated by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy associated with liver resection.

	All	One step	Liver first	HIPEC first	p-value
Peritoneal Metastases					
CEA pre HIPEC	28.4 (±70.2)	24.34 (±50.2)	44.75 (±126)	42 (±103)	0.097
CA19.9 pre HIPEC	79.9 (±212.1)	88.34 (±224)	30.79 (±58.7)	86.51 (±272)	0.31
Neoadjuvant CT pre-HIPEC					0.013
No	119 (22.8%)	86 (20.2%)	23 (34.8%)	10 (32.3%)	
Yes	404 (77.2%)	340 (79.8%)	43 (65.2%)	21 (67.7%)	
Monoclonal antibodies pre-HIPEC					0.87
No	376 (70.3%)	305 (69.8%)	48 (72.7%)	23 (71.9%)	
Yes	159 (29.7%)	132 (30.2%)	18 (27.3%)	9 (28.1%)	
PCI	9.8 (±7.4)	10.07 (±7.6)	9.077 (±6.88)	7.552 (±4.48)	0.15
PCI ≥12	152 (30.2%)	129 (31.5%)	19 (29.2%)	4 (13.8%)	0.13
CCR					<0.0001
0	472 (88.4%)	399 (91.3%)	46 (69.7%)	27 (87.1%)	
1	62 (11.6%)	38 (8.7%)	20 (30.3%)	4 (12.9%)	
Mucinous					0.15
No	304 (79.8%)	225 (77.9%)	55 (88.7%)	24 (80%)	
Yes	77 (20.2%)	64 (22.1%)	7 (11.3%)	6 (20%)	
EPIC					0.087
no	341 (91.2%)	268 (89.9%)	49 (96.1%)	24 (96%)	
yes	28 (7.5%)	27 (9.1%)	1 (2%)	0 (0%)	
Intra peritoneal oxaliplatin					0.14
No	231 (43.2%)	180 (41.2%)	34 (51.5%)	17 (53.1%)	
Yes	304 (56.8%)	257 (58.8%)	32 (48.5%)	15 (46.9%)	
Adjuvant CT post-HIPEC					0.0026
No	234 (44.9%)	176 (41.5%)	42 (63.6%)	16 (51.6%)	
Yes	287 (55.1%)	248 (58.5%)	24 (36.4%)	15 (48.4%)	
Monoclonal antibodies post-HIPEC					0.29
No	461 (86.2%)	373 (85.4%)	61 (92.4%)	27 (84.4%)	
Yes	74 (13.8%)	64 (14.6%)	5 (7.6%)	5 (15.6%)	
Liver Metastases					
Number of LM (median [IQR])	1 [1–2]	1 [1–2]	1 [1–3]	2 [1–4]	0.46
N > 3	55 (13.1%)	33 (9.9%)	14 (23.7%)	8 (27.6%)	0.0008
Liver resection					0.36
R0	454 (92.8%)	370 (92.3%)	63 (96.9%)	21 (91.3%)	
R1	35 (7.2%)	31 (7.7%)	2 (3.1%)	2 (8.7%)	
Major hepatectomy*					0.00011
No	493 (92.3%)	413 (94.5%)	52 (81.8%)	28 (90.3%)	
Yes	41 (7.3%)	24 (5.2%)	14 (20.3%)	3 (12.5%)	
Adjuvant CT					0.35
No	187 (38.2%)	162 (39.5%)	17 (29.8%)	8 (34.8%)	
Yes	303 (61.8%)	248 (60.5%)	40 (70.2%)	15 (65.2%)	

CEA: Carcinoembryonic antigen; CA19.9: Carbohydrate Antigen; HIPEC: hyperthermic intraperitoneal chemotherapy; Monoclonal antibodies: bevacizumab or anti epidermal growth factor receptor (EGFR) in K-RAS wild-type tumors; PCI: peritoneal cancer index; CCR: completeness of cytoreductive surgery, 0: no visible residual disease; 1: residual disease ≤2.5 mm; 2: residual disease >2.5 and ≤ 5 mm; CCR 3: residual disease >5 mm; EPIC: early postoperative intraperitoneal chemotherapy; LM: liver metastases; R0 resection: margin width > 1 mm; R1 resection: margin width ≤ 1 mm; CT: systemic chemotherapy. *Major hepatectomy was defined as the liver resection of at least three hepatic segments.

Treatment related data

Median PCI was 9.8 (SD: 7.4, range, 0–39), being ≥12 in 152 patients (Table 2). A complete CRS (CCR-0-1) was achieved in 534 (94.7%) patients. Four hundred and thirty seven patients (81.8%) underwent LR simultaneously with CRS and HIPEC, whereas 97 (18.2%) had two-steps procedures, among them 66 (12%) had liver-first approach (Fig. 1). The median number of LM was 2 (IQR: 1–3, range: 1–14). Major LR was performed in 41 patients (7.3%); forty-five patients (8.4%) were treated with minor resection, and 337 (63.1%) with local ablation or with the association of two or more limited resections (Table 2).

Early outcome

The overall severe postoperative complications (grades III-IV) occurred in 176 patients (32.9%) and surgical interventions for

complications were required in 80 patients (15%). The overall postoperative mortality rate was 4.0% (n = 23). Severe complications occurred in 141/437 (32.3%) patients who underwent a one-step procedure, and in 35/97 (35.7%) in two-steps procedures. Briefly: if a liver-first approach was chosen, we observed 6 severe complications after LR (6.1%) and 21 after CRS and HIPEC surgery (21.6%); for patients receiving delayed LR we observed 6 complications after CRS and HIPEC surgery (6.1%) and 2 after LR (2.1%). The median duration of hospital stay was 24 days (SD: 14.6, range, 5–152 days). Simultaneous CRS and LR was associated with a shorter postoperative hospital stay than two-steps procedures (23 (SD:14.4) vs. 30 (SD: 23.0) days, respectively, $P = 0.1$) (Table 3). In case of two-steps procedures the durations of the two stays were added to obtain a cumulative stay. The number of LM and the type of LR were not identified as being associated with the frequency of severe postoperative complications (Table 4).

Table 3
Postoperative Outcomes at 90-days, according to Clavien–Dindo Classification of patients with liver and peritoneal metastases from colorectal cancer treated by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy associated with liver resection.

Type of Complication	Global outcomes		Complications by procedures	
	No.	%	CRS + HIPEC	Liver surgery
Details of postoperative complications	317	59.4%		
Hemoperitoneum	29	9.2%		
Global anastomotic leak	78	24.6%		
Enteric fistula	41	12.9%		
Pancreatic fistula	8	2.5%		
Biliary leak	10	3.2%		
Urinary fistula	16	5%		
Other	3	0.9%		
Intra-abdominal abscess	42	13%		
Wound infection	14	0.44%		
Peritonitis	3	0.9%		
Pleural effusion with drainage	45	14.2%		
Pneumonia	16	5%		
Respiratory distress	5	0.3%		
Pulmonary embolism	2	0.1%		
Ileus	5	0.3%		
Complications (Clavien Dindo)*				
0			217 (40.6%)	515 (96.4%)
1			54 (10.1%)	8 (1.5%)
2			87 (16.3%)	2 (0.4%)
3			19 (3.6%)	2 (0.4%)
3a			56 (10.5%)	3 (0.6%)
3b			45 (8.4%)	0 (0%)
4			48 (8.9%)	3 (0.6%)
5			8 (1.5%)	1 (0.18%)
90-day postoperative major complications (grade III–IV)	176	32.9%		
Reoperation				
No			485 (86.5%)	61 (93.8%)
Yes			76 (13.5%)	4 (6.2%)
Mortality	23	4%		
90 days mortality				
No			539 (96.8%)	78 (94%)
Yes			18 (3.2%)	5 (6%)
Hospital stay (days)	23		22.9 (±14.6)	14.1 (±13.5)

* Dindo D, Demartines N, Clavien PA: Classification of surgical complications: a new proposal with evaluation in a cohort of 6336 patients and results of a survey. Ann Surg 240:205–13, 2004.

Long-term outcome

The median follow-up was 48.4 months (95% CI 44.2–56.2). The median OS was 47.6 months (95% CI 42.5–53.3), with 1-, 3- and 5-year OS rates being 93%, 64% and 39% respectively (Fig. 2). The median RFS was 19.4 months (95% CI, 17.4–20.7), with 1-, 2- and 3-year RFS rates being 74%, 37%, and 21% respectively (Fig. 2). Four hundred and sixteen (77.9%) patients had a recurrence during the follow-up. The liver was the most frequent site of recurrences 41.1% (n = 231). Among this group, 62/231 (27%) had isolated liver recurrence. Fifty-four (10%) patients had isolated peritoneal recurrence, 213 (39.9%) patients had extra-peritoneal recurrence, and 143 (26.8%) patients had both. Among the patients with extra-abdominal recurrence, 138 (24.4%) had pulmonary metastases, either isolated or in combination with other sites. Overall, 282 (49.9%) patients died during the follow-up period.

The sequence of the surgery had an impact on the survival (Fig. 3A and B). For patients treated with liver-first approach, the median OS and RFS were better than patients treated with CRS and HIPEC first or for patients who had one-step procedure (63.7, 52.6 and 44.8 months respectively for OS ($P = 0.036$), and 28.2, 17.1 and 17.8 for RFS, ($P = 0.016$)). Upon univariate analysis, PCI, adjuvant LR chemotherapy and surgical sequence, were identified as prognostic factors for lower OS. Moreover, our results have shown a trend towards a lower OS after use of different than oxaliplatin-based drugs for IP compound and modern systemic chemotherapy. At multivariate analysis, only PCI remained as a significant prognostic factor (Table 5). Kaplan-Meier

curves for OS of all patients and stratified by surgical sequence are shown (Fig. 3A). At univariate analysis, higher PCI and surgical sequence were both identified as greater prognostic factors for lower RFS than primary tumor side. These results were confirmed on multivariate analysis (Table 6). The Kaplan-Meier curves of all RFS patients, stratified by surgical sequence, are shown in Fig. 3B.

Discussion

The management of patients with liver and peritoneal metastases from CRC has undergone major improvements over the past few decades. Whereas OS did not exceed one year with classic systemic chemotherapy based on 5-FU [33], oxaliplatin and targeted therapies such as anti-angiogenic or anti-EGFR antibodies (for wild type RAS) have allowed extending the OS up to 2 years in selected patients [5,20,34]. Recent studies have suggested that resection of liver and peritoneal metastases, combined with HIPEC, may increase OS up to 3 years, despite an increased risk of morbidity [17,19]. Recently, the combination of three systemic chemotherapy agents (FOLFOXIRI regimen) has shown an increased OS of several months in metastatic CRC patients compared to classical chemotherapy regimens [4], and some achieve OS similar to extensive surgery. However, the incidence of serious adverse events in patients treated with FOLFOXIRI plus bevacizumab is up to 20.4% [35], which is comparable to perioperative morbidity of major surgery (5–28% for CRS and HIPEC [16] and 5–20% for major liver resection) [36–38].

Table 4

Univariate analysis of risk factors for complications of patients treated by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy associated with liver resection for liver and peritoneal metastases from colorectal cancer.

	OR [95% CI]	p value
Age	0.99 [0.98–1.01]	0.23
Age > 60 years		0.41
No	1	
Yes	0.85 [0.58–1.24]	
Treatment after year 2000*		0.3
No	1	
Yes	0.68 [0.34–1.42]	
PCI (for each more point)	1.03 [1.01–1.06]	0.0084
PCI > 12		0.007
No	1	
Yes	1.73 [1.16–2.56]	
EPIC		0.36
No	1	
Yes	1.21 [0.52–2.67]	
Intraperitoneal Oxaliplatin		0.041
No	1	
Yes	0.69 [0.48–0.99]	
Neoadjuvant CT for PM		0.31
No	1	
Yes	1.26 [0.81–1.98]	
Number of LM	1.00 [0.88–1.13]	0.98
> 3 LM		0.88
No	1	
Yes	1.05 [0.56–1.9]	
Major hepatectomy		0.77
No	1	
Yes	1.11 [0.54–2.21]	

PCI: peritoneal cancer index; EPIC: early postoperative intraperitoneal chemotherapy; CT: systemic chemotherapy; PM: Peritoneal metastases; LM: Liver metastases; Major hepatectomy was defined as the liver resection of at least three hepatic segments. *Treatment after year 2000: the analysis was stratified by time periods (before and after 2000) to discern the effect of modern oxaliplatin-based.

This multicenter study is the largest series of selected patients with PM from CRC and simultaneous LM treated with LR, CRS and HIPEC. The present study shows that extended surgical

management of multi-metastatic CRC is feasible with an acceptable morbidity and reasonably low postoperative mortality rates (31% and 4%, respectively). These morbidity and mortality rates are consistent with those reported after LM resection and similar to PM treatment alone [13,17,23,34]. We believe these low rates of morbidity were achieved by careful selection of patients: if LM required only minor LR, this was usually performed at same time as CRS + HIPEC. However, if LM required complex or major LR, especially in patients with suspected liver parenchyma damage through preoperative chemotherapy, resection of LM was mostly performed non-simultaneously to CRS and HIPEC. Interestingly, despite this approach, a major LR was not associated with an increased complication rate compared with minor LR. However, we suggest that this concept of two-steps procedures, already used in complex abdominal and liver surgeries, may represent a valuable tool to reduce patient morbidity and mortality rates. Despite this cautionary note, in light of the present data, it should be concluded that when both LM and PM are resectable, extended surgery improves chances for selected patients to achieve favorable OS rates. Surprisingly, in this study, we found that for patients treated with liver first approach the median RFS was significantly better than other surgical sequence strategies. In order to further discuss available surgical sequence strategies [39] to be advocated in case of advanced CRC (liver metastases) with asymptomatic primary, a recent meta-analysis [40] demonstrated that no significant differences in long-term survival and major morbidity were found amongst the simultaneous, delayed and liver-first approach. Moreover, the reverse strategy (so-called liver-first approach) was ranked as the potentially best treatment with respect to its relative efficacy on the basis of 5-year OS outcomes and postoperative complication rate compared to simultaneous or delayed LR. Probably because the risk that LM becomes unresectable during the interval between two surgeries is real, some centers have chosen to realize liver-first approach. The better OS and RFS rates between the different strategies showed in this study suggested that the liver-first approach strategy might be an appropriate option for the

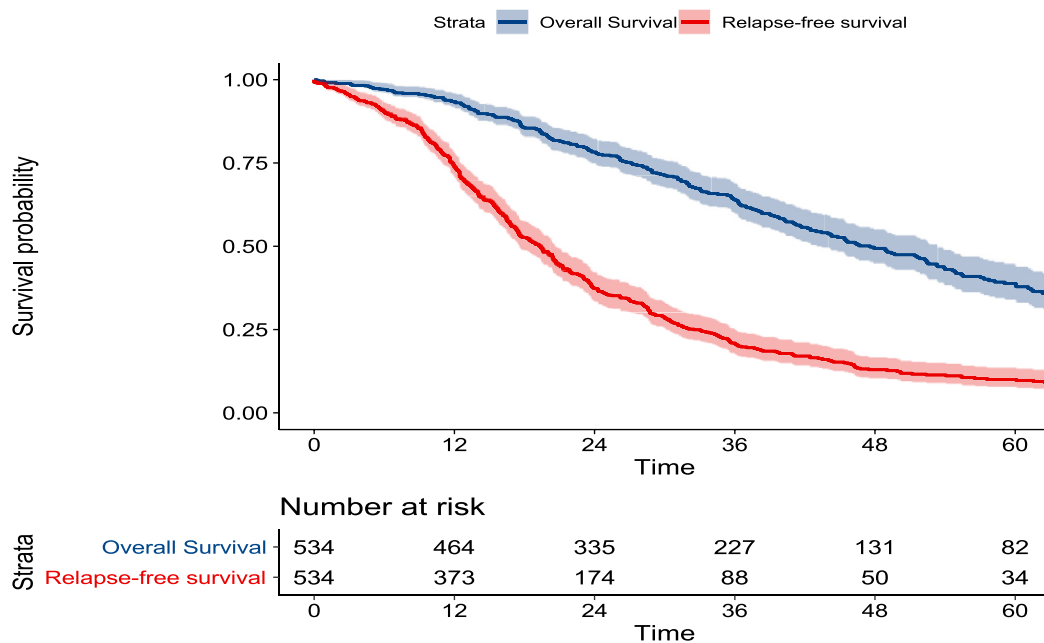


Fig. 2. Kaplan–Meier curve for Overall Survival and Relapse Free Survival in patients undergoing combined liver resection and cytoreductive surgery and hyperthermic intraperitoneal chemotherapy for concomitant colorectal liver and peritoneal metastases.

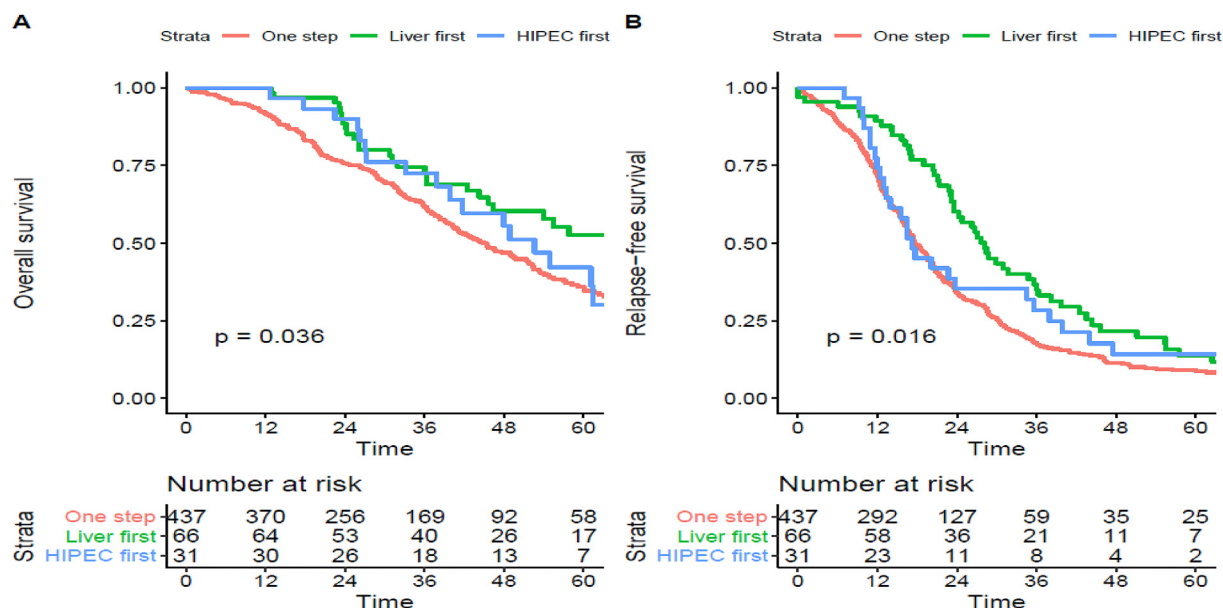


Fig. 3. Kaplan–Meier curve for Overall Survival (A) and Relapse Free Survival (B) in patients undergoing combined liver resection and cytoreductive surgery and hyperthermic intraperitoneal chemotherapy for concomitant colorectal liver and peritoneal metastases by surgical sequence. One step (procedure) was defined as liver resection and cytoreductive surgery and hyperthermic intraperitoneal chemotherapy during the same operation; Liver-first (approach) when the liver resection was followed by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy, HIPEC-first when liver resection was delayed.

Table 5
Uni and multivariable analysis for Overall Survival of patients treated by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy associated with liver resection for liver and peritoneal metastases from colorectal cancer.

	OR [95% CI]	p value
Age	0.99 [0.98–1.01]	0.23
Age > 60 years		0.41
No	1	
Yes	0.85 [0.58–1.24]	
Treatment after year 2000*		0.3
No	1	
Yes	0.68 [0.34–1.42]	
PCI (for each more point)	1.03 [1.01–1.06]	0.0084
PCI > 12		0.007
No	1	
Yes	1.73 [1.16–2.56]	
EPIC		0.36
No	1	
Yes	1.21 [0.52–2.67]	
Intraperitoneal Oxaliplatin		0.041
No	1	
Yes	0.69 [0.48–0.99]	
Neoadjuvant CT for PM		0.31
No	1	
Yes	1.26 [0.81–1.98]	
Number of LM	1.00 [0.88–1.13]	0.98
> 3 LM		0.88
No	1	
Yes	1.05 [0.56–1.9]	
Major hepatectomy		0.77
No	1	
Yes	1.11 [0.54–2.21]	

HIPEC: hyperthermic intraperitoneal chemotherapy; PCI: peritoneal cancer index; CCR: completeness of cytoreductive surgery, 0: no visible residual disease; 1: residual disease ≤2.5 mm; 2: residual disease >2.5 and ≤ 5 mm; CCR 3: residual disease >5 mm; EPIC: early postoperative intraperitoneal chemotherapy; CT: systemic chemotherapy; PM: Peritoneal metastases; LM: Liver metastases; Major hepatectomy was defined as the liver resection of at least three hepatic segments; R0 resection: margin width > 1 mm; R1 resection: margin width ≤ 1 mm; NS: Not significant. *Treatment after year 2000: the analysis was stratified by time periods (before and after 2000) to discern the effect of modern oxaliplatin-based chemotherapy.

surgical sequencing of this select group of patients. However, this conclusion is in contrast with the results obtained with the only experimental model known to assess PM growth after LR [41]. Furthermore, the patients who had liver-first approach and then never went on to receive CRS and HIPEC, because of the progression, are not included in the analysis. Thus, the cohort of patients treated by liver-first approach and then by CRS and HIPEC represents a highly selected population of patients with better biology than those who never progress to the second step procedure. Limited peritoneal disease extent should be an advantage to explain better survival after liver first approach. Should be possible that the survival advantage was not related to the surgical sequence but to lower peritoneal tumor load. However, as shown in Table 2, the difference between PCI values in function of the surgical sequence is very low and does not explain the result. More investigations are necessary in order to conclude.

A limitation of this study is the period of data collection from numerous institutions during which temporal trends such as the advent of modern systemic chemotherapy has also taken place. To minimize this bias, the analysis was stratified by time periods (before and after 2000) to discern the effect of modern oxaliplatin-based. No impact in OS and RFS was observed in 56 (10%) of patients were treated with extended surgical approach before 2003. However, the small sample size could explain the non-significance of the result.

Despite the encouraging OS rates in our study, almost 50% of patients recurred within the first eighteen postoperative months. We also found an association between reduced RFS and severe complication events (HR = 1.19 [IC 95% 0.98–1.44], p = 0.081), which is in line with previous studies [42]. However, we also found that OS was surprisingly not related to severe morbidity as an earlier recurrence was assumed to be related to shorter survival. Varban et al. have also reported similar results [34]. Thus, these data suggest that careful selection of patients, less likely to experience severe postoperative complications, may allow for improved RFS. Nevertheless, the association of complications and survival should be attentively considered when selecting any patient with LM and PM for surgery.

Table 6

Uni and multivariable analysis for Relapse-free Survival of patients treated by cytoreductive surgery and hyperthermic intraperitoneal chemotherapy associated with liver resection for liver and peritoneal metastases from colorectal cancer.

	Univariate analysis		Multivariate analysis	
	HR [95% CI]	p value	HR [95% CI]	p value
Age	1 [0.99–1.01]	0.55		
Age > 60 years		0.29		
No	1			
Yes	0.87 [0.67–1.13]			
Gender		0.84		
Female	1			
Male	1.03 [0.8–1.32]			
Primary Tumor side		0.46		
Right	1			
Left	0.81 [0.62–1.05]			
Rectum	0.93 [0.64–1.38]			
Multifocal	0.88 [0.22–3.57]			
Primary tumor Differentiation		0.49		
Good	1			
Moderate	1.04 [0.72–1.51]			
Poor	1.27 [0.82–1.95]			
T from the TNM		0.39		
T3	1			
T1 or T2	1.69 [0.78–3.66]			
T4	1.07 [0.79–1.44]			
N from the TNM		0.1		0.087
N0	1		1	
N1	1.33 [0.9–1.96]		1.36 [0.89–2.06]	
N2N3	1.52 [1.03–2.23]		1.57 [1.04–2.37]	
Treatment after year 2000*		0.066		
No	1			
Yes	0.69 [0.47–1.03]			
Surgical Sequences		0.036		NS
One step	1			
Liver first	0.6 [0.41–0.89]			
HIPEC first	0.89 [0.55–1.42]			
Sequence		0.02		NS
One step	1			
Two steps	0.69 [0.5–0.95]			
PCI (for each more point)	1.05 [1.04–1.07]	<0.0001	1.07 [1.05–1.09]	<0.0001
PCI > 12		<0.0001		NS
No	1			
Yes	1.98 [1.53–2.56]			
CCR		0.66		
0	1			
1	1.09 [0.76–1.56]			
EPIC		0.4		
No	1			
Yes	1.21 [0.77–1.91]			
Intraperitoneal Oxaliplatin		0.07		NS
No	1			
Yes	0.8 [0.63–1.02]			
Neoadjuvant CT for PM		0.79		
No	1			
Yes	0.96 [0.73–1.28]			
Adjuvant CT for PM		0.5		
No	1			
Yes	0.92 [0.72–1.17]			
Number of LM	1.04 [0.96–1.12]	0.38		
More than 3 LM		0.34		
No	1			
Yes	1.21 [0.81–1.81]			
Major hepatectomy		0.65		
No	1			
Yes	0.9 [0.58–1.41]			
Liver resection		0.47		
R0	1			
R1	0.8 [0.44–1.46]			
Adjuvant CT after liver resection		0.0081		0.15
No	1		1	
Yes	0.71 [0.55–0.92]		0.8 [0.59–1.08]	

HIPEC: hyperthermic intraperitoneal chemotherapy; PCI: peritoneal cancer index; CCR: completeness of cytoreductive surgery, 0: no visible residual disease; 1: residual disease ≤ 2.5 mm; 2: residual disease > 2.5 and ≤ 5 mm; CCR 3: residual disease > 5 mm; EPIC: early postoperative intraperitoneal chemotherapy; CT: systemic chemotherapy; PM: Peritoneal metastases; LM: Liver metastases; Major hepatectomy was defined as the liver resection of at least three hepatic segments; R0 resection: margin width > 1 mm; R1 resection: margin width ≤ 1 mm; NS: Not significant. *Treatment after year 2000: the analysis was stratified by time periods (before and after 2000) to discern the effect of modern oxaliplatin-based chemotherapy.

The promising long-term results of LM surgery from CRC over the past decade and recent trends towards increasing surgical aggressiveness (as illustrated by iterative resections of LM)[43] have formed the rationale for the surgical management of both LM and PM, given that CRS + HIPEC may also achieve excellent outcomes. Some series suggest that relatively long survival may be achieved with aggressive management, including the simultaneous resection of LM and PM [19,44,45]. Previous findings were confirmed in the present study showing that OS is significantly prolonged up to 60 months in selected cases. However, a meta-analysis of *de Cuba* et al. showed that patients with synchronous PM and LM of CRC seemed to fare less well when compared to patients with isolated PM (pooled HR = 1.24, 95%CI 0.96–1.60)²⁰. Despite this, the authors also showed a tendency towards better OS in carefully selected patients with PM and LM who were treated with curative resection of both sites plus HIPEC compared to treatment with modern systemic chemotherapy alone.

The PCI is considered the most widely used tool to evaluate disease extent in peritoneal surface malignancies [16,46–48]. Increased PCI is also recognized as an independent prognostic indicator for long-term outcomes in patients with PM from CRC [49] and an inverse linear relationship between any point rise in PCI and OS has been demonstrated [50]. Similarly, we found that PCI was an independent prognostic factor for OS and RFS in patients undergoing simultaneous resection of LM and PM. This result is in line with previous Italian two-center study reporting worse outcomes in patients with peritoneal than non-peritoneal colorectal metastases. However, survival benefit may be obtained in selected patients with limited peritoneal involvement [51]. Whilst PCI also influences the likelihood of complete cytoreduction [11,52], in the present analysis, the quality of CRS was optimal in close to 95% of the patients, with a reasonable mean PCI of about 10. This finding is in line with the literature, as previous studies have shown that a large volume of disease was associated with poor long-term survival even if complete cytoreduction was achieved [47,49].

The concomitant presence of LM is considered a poor prognostic factor compared to patients with PM alone [16,20,45]. *Elias* et al. reported that completely resected LM during CRS remained a negative prognostic factor for patients with PM of CRC [53]. However, *Maggioli* et al. suggested that in LM and PM, prolonged survival may still be achieved in highly selected patients with limited peritoneal disease (PCI <12) [44]. In our study, we also found that a PCI > 12 was associated with a poor OS in both uni- and multivariate analysis. Therefore, the PCI itself could be a useful criterion for patient selection. In line with *de Cuba* et al., we also believe that, based on current data, there is no evidence to support an exclusion of patients with PM and LM from aggressive, potentially curative treatment [20]. However, an accurate, extensive preoperative evaluation is mandatory before surgery, and thus a diagnostic laparoscopy may prove useful in avoiding unnecessary surgery in high PCI and simultaneous CRC LM patients [54].

The recent results of the PRODIGE 7 [13], a prospective randomized multicenter phase III French trial, reopen the question concerning the benefit on survival outcomes given by the addition of HIPEC to the CRS compared to the CRS alone. Is it thus possible that CRS plus LR without HIPEC could have the same results of survival outcomes and lesser morbidity rates compared to the CRS plus LR with HIPEC? CRS plus LR without HIPEC has been reported in only rare and small series [55,56]. *Allard* et al. showed that combined resection of LM and limited peritoneal deposits (median PCI: 2) accidentally discovered intra-operatively was associated with an 18% of 5-year OS rate and a median OS of 42 months [56]. However, in our study combined resection of LM and PM with HIPEC is associated with a better OS of 47 months with 5-year OS rates being 38% in patients with a higher PCI (median PCI: 10).

These better results are probably associated with a better selection of patients and the intrinsic properties of IP chemotherapy: the cytotoxic effects to the hyperthermia and the high local concentration compared to the systemic chemotherapy. Our conclusion is that the option of resection without HIPEC may potentially be proposed in cases where there is concern that HIPEC may increase in morbidity.

Currently, two regimens are widely used open-abdomen Oxaliplatin ± Irinotecan with concurrent intravenous 5-fluorouracil and folinic acid, and open- or close-abdomen Mitomycin-C, alone or in combination with other drugs [12]. In this series we found that the use of Oxaliplatin vs other IP regimens had better outcomes. The improvement on the OS of the PM from CRC using modern Oxaliplatin-based chemotherapies is known. The role of the IP Oxaliplatin remains unclear. As previously reported most cytoreductive surgeons doing HIPEC with Oxaliplatin carried out the hyperthermic perfusion only for 30 min, and most of those doing HIPEC with MMC did it for 90 min. It is possible that the duration of hyperthermia, and not the drug itself could be responsible for survival difference [57]. However, in the same study patients considered with negative prognostic factors had better results in terms of survival if treated with IP Oxaliplatin. We considered that the presence of two metastatic sites, liver and peritoneum, in our population is a prognostic factor and this would explain the better result if treated with Oxaliplatin.

Despite analyzing prospectively maintained databases, this study is limited by its retrospective design resulting in some missing data. Furthermore, great heterogeneity in patient selection and operative techniques may have compromised our findings. However, despite these short-comings, this study represents the largest multicenter series, to date, and the data provided herein forms a basis for future prospective trials.

Conclusion

This multicenter study demonstrated the feasibility of the simultaneous treatment of colorectal cancer dissemination to the liver and peritoneum with liver resection, cytoreductive surgery and hyperthermic intraperitoneal chemotherapy in combination to systemic chemotherapy in selected patients, resulted in a 48-month median overall survival, with reasonable morbidity. Even though this study suggests performing liver-first approach in the case of two-steps procedures, the exact timing of these individual complex treatment steps remains unknown. Future studies assessing the feasibility of this surgical approach in a prospective, randomized setting, as well as further studies elucidating how best to control disease progression following disease recurrence, would be helpful in improving the care of patients with advanced colorectal cancer.

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Declaration of competing interest

None to declare.

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