

A SPLINE-BASED TIME-VARYING REPRODUCTION NUMBER FOR MODELLING EPIDEMIOLOGICAL OUTBREAKS

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A spline-based time-varying reproduction number for modelling epidemiological outbreaks

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Summary. We develop in this manuscript a method for performing estimation and inference for the reproduction number of an epidemiological outbreak, focusing on the COVID-19 epidemic. The estimator is time-dependent and uses spline modelling to adapt to changes in the outbreak. This is accomplished by directly modelling the series of new infections as a function of time and subsequently using the derivative of the function to define a time-varying reproduction number which is then used to assess the evolution of the epidemic for several countries.

Keywords: Reproduction number, Time dependency, Spline modelling, COVID-19

As more and more governments try to balance the relaxation of lockdown measures for the population while keeping the COVID-19 pandemic and its effects under control, it has become ever more clear that trustworthy metrics which quickly and accurately inform policy-makers of the state of evolution of the outbreak are of crucial importance. Different countries have used different interventional strategies to keep the spread of the SARS-CoV-2 virus under control and it is natural to assess the efficacy of such measures being enforced. Multiple key indicators are being focused upon, but one metric that is fundamental to the assessment of the spread of the virus in a susceptible population is the *basic reproduction number* (R_0) of the virus which is a measure of its transmission

capacity. It represents an average number of secondary infections that an infected person can produce in the population, where it is assumed that every person is susceptible (Dietz, 1993).

It is a useful metric to follow during outbreaks as its magnitude serves to determine to which degree interventional strategies are necessary to prevent an epidemic or to maintain it at acceptable levels. Epidemic theory associates outbreaks of a certain disease when the reproduction numbers are estimated to be greater than one, and consequently the spread of the virus is judged to be under control when the reproduction numbers are estimated to be lower than one. In the context of the COVID-19 pandemic, many recent studies give different estimates for this number, very much dependent on the assumptions the model makes, the country where the outbreak is observed and the period when the analysis was performed. See Liu et al. (2020), Tsang et al. (2020) or Salje et al. (2020) among a rapidly growing line of research.

Different approaches exist to estimate the reproduction number, however the large majority estimate one single number for the entire period in which the virus is active, which is an unrealistic, constant throughout time summary measure of the virus potential in the population. Notable exceptions include Wallinga and Teunis (2004), Wallinga and Lipsitch (2007), Hens et al. (2011), Cori et al. (2013), Dureau et al. (2013) and Cazelles et al. (2018). More recently, sparked by the developments regarding the spread of SARS-CoV-2, Hong and Li (2020), Cazelles et al. (2021) and Koyama et al. (2021) also proposed time-varying reproduction numbers either based on a time-dependent susceptible-infectious-removed (SIR) model (or a version thereof) or a state-space model. Also in a compartmental model framework with time dependent parameters, Dehning et al. (2020) focus on detecting change points in the series of infected cases, while Wood (2021) proposes a time dependent $R(t)$ metric using a smooth estimate for the series of fatal infections over time. Also based on splines, independently of us, Gressani et al. (2021) proposed a Bayesian version of a time-dependent $R(t)$ metric that uses an explicit

renewal equation. The method we propose here departs from the recent developments in several aspects: (i) it is not compartmental as it needs only the series of daily reported cases, (ii) it uses a direct semi-parametric estimate of the rate of change of the series to obtain a time dependent $R(t)$ and (iii) from a technical point it is fully frequentist and does not involve Bayesian sampling tools which sometimes might be more time consuming. The downside of the method we propose is that it cannot fully quantify the impact of implementing public health policies on the medium to long term evolution of the epidemic.

1. Proposed model

Following the work of Wallinga and Lipsitch (2007) and Obadia et al. (2012) we have that the basic reproduction number R_0 can be obtained as:

$$R_0 = 1/M(-r) \quad (1)$$

where r is an exponential growth rate of the disease, defined as the per capita change in the number of new cases per unit of time and $M(\cdot)$ is the moment generating function of the generation time (defined as the mean duration between the time of infection of a primary infectee and that of a secondary infectee) distribution. It is assumed here that $M(-r)$ exists and that $M(\cdot)$ is known.

To propose a time-varying reproduction number $R(t)$, we consider first $I(t)$ as being the number of members in the population that get infected at time t . We assume next, that $I(t)$ follows a model from the exponential family (EF) as:

$$\begin{aligned} I(t) &\sim \text{EF}(\mu(t), \phi) \\ g\{\mu(t)\} &= f(t) \end{aligned} \quad (2)$$

where $\mu(t) = \text{E}\{I(t)\}$ is the expected number of new infections at time t , $g(\cdot)$ is a known

link function and ϕ is a dispersion parameter. Moreover, we consider $f(t)$ to be a smooth, unknown function of time.

As eq. (1) requires a change in the number of new cases per unit of time, it seems natural to augment R_0 to the metric $R(t)$ defined as:

$$R(t) = 1/M\{-r(t)\}$$

with $r(t) = \frac{d}{dt}f(t)$. The rationale behind the proposed instantaneous or effective $R(t)$ is first, the fact that r plays in eq. (1) the role of a growth rate across time which is substituted by the derivative of a flexible function that can adapt better to fluctuations across time. Secondly, the Poisson assumption that is used often in practice to model infectious counts, might not be an appropriate one due to the overdispersion phenomenon that is quite prominent for such count data. By allowing for a larger class of models from the exponential family, we provide more flexibility. The idea of introducing a time-varying reproduction number $R(t)$ based on the derivative of a spline model is a novel approach that has not been explored so far.

Remark 1. Note that model (2) offers a relatively large palette of possible models with the usual Poisson distributional assumption that is often used in practice as a special case. If desired, one could simply replace the Poisson distributional assumption in favour of any other, more appropriate distribution such as the negative binomial or a quasi-Poisson model, that directly accounts for overdispersion. Also, if other time-dependent covariates X_t are available (such as vaccination information, weekend effects or mobility information), one could simply consider an extended additive model of the form $g\{\mu(t)\} = f_1(t) + f_2(X_t)$ without much difficulty.

As $f(t)$ is considered a smooth function of time, we propose to model it in this manuscript with splines and consider for this application truncated polynomials and

radial bases splines:

$$f(t) = \beta_0 + \beta_1 t + \beta_2 t^2 + \dots + \beta_m t^m + \sum_{k=1}^K u_k (t - \kappa_k)_+^m$$

$$f(t) = \beta_0 + \beta_1 t + \beta_2 t^2 + \dots + \beta_m t^m + \sum_{k=1}^K u_k |t - \kappa_k|^m$$

where $(\kappa_1, \dots, \kappa_K)^\top$ are a set of specified knots $1 < \kappa_1 < \dots < \kappa_K < T$, $(a)_+ = \max(a, 0)$, while $(\beta_0, \beta_1, \dots, \beta_m)^\top$ and $(u_1, \dots, u_K)^\top$ are unknown coefficients.

The reason for these bases choices is two-fold. First, with such simple polynomial models it is straightforward to obtain $\frac{d}{dt}f(t)$ and secondly, this choice leads to computationally efficient estimation algorithms that exploit connections with a mixed model reformulation as will be detailed next. We note however, that B -splines (de Boor, 2001) and P -splines as in the formulation of Eilers and Marx (1996) could be interesting alternatives, with slightly more involved derivative expressions due to recursive formulas.

In matrix notation we have that $f(t)$ can be rewritten as $f(t) = [\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{u}]_t$ where

$$\boldsymbol{\beta} = (\beta_0, \beta_1, \dots, \beta_m)^\top, \mathbf{u} = (u_1, \dots, u_K)^\top, \mathbf{X} = \begin{bmatrix} 1 & 1 & \dots & 1 \\ 1 & 2 & \dots & 2^m \\ \vdots & \vdots & \ddots & \vdots \\ 1 & T & \dots & T^m \end{bmatrix} \text{ and in the case}$$

of truncated polynomials $\mathbf{Z} = \begin{bmatrix} (1 - \kappa_1)_+^m & (1 - \kappa_2)_+^m & \dots & (1 - \kappa_K)_+^m \\ (2 - \kappa_1)_+^m & (2 - \kappa_2)_+^m & \dots & (2 - \kappa_K)_+^m \\ \vdots & \vdots & \ddots & \vdots \\ (T - \kappa_1)_+^m & (T - \kappa_2)_+^m & \dots & (T - \kappa_K)_+^m \end{bmatrix}$. A very

similar expression for $\mathbf{Z}$ holds for radial bases splines where one uses the terms $|t - \kappa_k|^m$.

We assume next that $\boldsymbol{\beta}$ represents a fixed set of parameters and $\mathbf{u}$ represents a set of

Gaussian random variables. Conditionally on $\mathbf{u}$, eq. (2) becomes

$$\begin{aligned} I(t)|\mathbf{u} &\sim \text{EF}(\mu(t), \phi) \\ \mathbf{u} &\sim N(\mathbf{0}, \mathbf{G}) \\ g\{\mu(t)\} &= f(t). \end{aligned} \tag{3}$$

For simplicity we assume that $\mathbf{u} \sim N(\mathbf{0}, \mathbf{G} = \sigma_u^2 \mathbf{I})$, where σ_u is an unknown parameter and $\mathbf{I}$ is the identity matrix of dimension $K \times K$.

Model (3) is relatively standard in the treatment of splines re-parametrized as random effects models and the monograph of Ruppert et al. (2003) provides an excellent exposition on the subject.

2. Estimation aspects

In this section we tackle the estimation of $R(t)$ by presenting a step by step procedure that estimates all necessary quantities.

In the exponential family model with normal random effects presented in (3), the likelihood contribution at time t has the form:

$$p(I_t|\mathbf{u}) = \exp \left\{ \frac{I_t \theta_t - b(\theta_t)}{\phi} + c(I_t, \phi) \right\}$$

for some functions $b(\cdot)$ and $c(\cdot)$ and where θ_t is the natural parameter of the exponential family, while the density of the random effects is $p(\mathbf{u}) \propto \exp\{-\frac{1}{2}\mathbf{u}^\top \mathbf{G}^{-1} \mathbf{u}\}$. For ease of readability we consider the notation $I_t = I(t)$. This implies that the likelihood function becomes:

$$\begin{aligned} \mathcal{L}(\beta) &= \int_{\mathbb{R}^K} p(\mathbf{I}_t|\mathbf{u}) p(\mathbf{u}) d\mathbf{u} \\ &\propto \int_{\mathbb{R}^K} \exp \left\{ \sum_{t=1}^T \frac{I_t \theta_t - b(\theta_t)}{\phi} - \frac{1}{2} \mathbf{u}^\top \mathbf{G}^{-1} \mathbf{u} \right\} d\mathbf{u} \end{aligned} \tag{4}$$

where $\mathbf{I}_t = (I_1, I_2, \dots, I_T)^\top$. Due to the presence of a K -dimensional integral, direct maximization of (4) is regarded as a highly expensive computational problem. Breslow and Clayton (1993) approximate this integral based on Laplace's approximation and based on their result, in practice $\boldsymbol{\beta}$ is estimated by maximizing the penalized (conditional) log-likelihood defined as:

$$\ell(\boldsymbol{\beta}, \mathbf{u}) = \log(p(\mathbf{I}_t|\mathbf{u})) - \frac{1}{2}\mathbf{u}^\top \mathbf{G}^{-1}\mathbf{u}.$$

Assume next for ease of exposition that one works under the canonical link function ($g(\cdot) = b^{-1}(\cdot)$) implying that

$$\begin{aligned}\theta_t &= \eta_t = [\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{u}]_t = f(t) \\ b'(\eta_t) &= \mu_t = \mathbb{E}\{I(t)|\mathbf{X}, \mathbf{Z}, \mathbf{u}\} \\ b''(\eta_t) &= \text{Var}\{I(t)|\mathbf{X}, \mathbf{Z}, \mathbf{u}\}.\end{aligned}$$

As for the iteratively reweighted least squares (IRLS) algorithm, we define next the 'working' vector

$$\begin{aligned}\mathbf{I}_t^w &= \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{u} + (\mathbf{I}_t - \boldsymbol{\mu}_t)\mathbf{W}^{-1} \\ &= \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{u} + \boldsymbol{\epsilon}^w\end{aligned}$$

where $\boldsymbol{\mu}_t = (\mu_1, \mu_2, \dots, \mu_T)^\top$ and $\mathbf{W} = \text{diag}\{b''(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{u})\}$. Since $\mathbf{I}_t^w$ is expressed as a linear mixed model, the penalized quasi-likelihood (PQL) method can be used to obtain estimates as it proceeds by minimizing first the expression

$$(\mathbf{I}_t^w - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{u})^\top \mathbf{W}^{-1}(\mathbf{I}_t^w - \mathbf{X}\boldsymbol{\beta} - \mathbf{Z}\mathbf{u}) + \mathbf{u}^\top \mathbf{G}^{-1}\mathbf{u},$$

for which the solution is obtained in closed form as

$$\begin{bmatrix} \hat{\beta} \\ \hat{\mathbf{u}} \end{bmatrix} = (\mathbf{C}^\top \mathbf{W} \mathbf{C} + \mathbf{B})^{-1} \mathbf{C}^\top \mathbf{W}^{-1} \mathbf{I}_t^w$$

with $\mathbf{C} = [\mathbf{X} | \mathbf{Z}]$ and $\mathbf{B} = \begin{bmatrix} \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{G}^{-1} \end{bmatrix}$. Using the estimated coefficients one updates next the working vector $\mathbf{I}_t^w$ and this two-step process continues until a convergence metric is sufficiently small.

Once estimates for $(\hat{\beta}, \hat{\mathbf{u}})^\top$ are obtained, we can obtain as well the best linear unbiased predictor of $\hat{r}(t) = \frac{d}{dt} f(t)|_{(\hat{\beta}, \hat{\mathbf{u}})^\top}$ and then $R(t)$ is estimated by direct plug-in $\hat{R}(t) = 1/M \{-\hat{r}(t)\}$ for any $t = 1, \dots, T$. More than that, using the estimates for $(\hat{\beta}, \hat{\mathbf{u}})^\top$ if one were interested in predicting the R value at π future moments in time (although going too much out of the range of the sample is not recommended as in general splines can exhibit erratic behaviour outside the sample range) one could simply create the matrices

$$\mathbf{X}_f = \begin{bmatrix} 1 & T+1 & \dots & (T+1)^m \\ \vdots & \vdots & \ddots & \vdots \\ 1 & T+\pi & \dots & (T+\pi)^m \end{bmatrix} \text{ and in the case of truncated polynomials } \mathbf{Z}_f = \begin{bmatrix} (T+1-\kappa_1)_+^m & (T+1-\kappa_2)_+^m & \dots & (T+1-\kappa_K)_+^m \\ \vdots & \vdots & \ddots & \vdots \\ (T+\pi-\kappa_1)_+^m & (T+\pi-\kappa_2)_+^m & \dots & (T+\pi-\kappa_K)_+^m \end{bmatrix},$$

then compute the forecast value $\hat{f}(s) = [\mathbf{X}_f \hat{\beta} + \mathbf{Z}_f \hat{\mathbf{u}}]_s$ with $T < s \leq T + \pi$ and repeat the process to obtain $\hat{r}(s)$ and consequently $\hat{R}(s)$.

Remark 2. Note that in this section it is assumed $\mathbf{G}$ is fully specified implying that σ_u^2 is known but if this is not the case, then one can obtain as well a consistent estimator for it, by using restricted maximum likelihood estimation. More details are available in Searle et al. (2006) or Stroup (2013) among many others.

We have also assumed that ϕ , the dispersion parameter is known, but if this is not

the case then a (conservative) estimator for it could be obtained as:

$$\hat{\phi} = \frac{1}{T - (m + K + 1)} \sum_{t=1}^T \frac{I_t - \hat{\mu}_t}{b''(\hat{\eta}_t)}.$$

This would be particularly useful if one assumes a quasi-Poisson model that allows for over-dispersion relative to a standard Poisson model for which ϕ is known to be $\phi = 1$. Note that for such a quasi-Poisson model the estimates for the coefficients are identical to those from the standard Poisson model, but the elements of the variance-covariance matrix are multiplied by $\hat{\phi}$, generally larger than 1, hence the term ‘over’-dispersion. More details are available in Agresti (2015), for example.

3. Inferential aspects

It is of interest to provide standard errors to quantify the uncertainty in the estimation of $R(t)$ and as such we proceed in several steps. The first building block is realizing that determining pointwise error bars around the fitted function $\hat{f}(t) = [\mathbf{X}\hat{\beta} + \mathbf{Z}\hat{\mathbf{u}}]_t$ requires the standard error $\text{SE}(\hat{f}(t)|\mathbf{u})$ defined as:

$$\begin{aligned} \text{SE}(\hat{f}(t)|\mathbf{u}) &= (\mathbf{C}_t^\top \text{Cov}((\hat{\beta}, \hat{\mathbf{u}})^\top | \mathbf{u}) \mathbf{C}_t)^{1/2} \text{ with} \\ \text{Cov}((\hat{\beta}, \hat{\mathbf{u}})^\top | \mathbf{u}) &\approx (\mathbf{C}^\top \mathbf{W} \mathbf{C} + \mathbf{B})^{-1} \mathbf{C}^\top \mathbf{W} \mathbf{C} (\mathbf{C}^\top \mathbf{W} \mathbf{C} + \mathbf{B})^{-1} \end{aligned}$$

and where $\mathbf{C}_t$ represents the vector of data corresponding to the t -th row of $\mathbf{C}$.

Moreover, due to the nature of the spline functions we chose to use in this manuscript, one can always rewrite the predicted value for the first derivative at time t as $\hat{f}'(t) = [\tilde{\mathbf{X}}\hat{\beta} + \tilde{\mathbf{Z}}\hat{\mathbf{u}}]_t$ where the columns of the design matrices $\tilde{\mathbf{X}}$ and $\tilde{\mathbf{Z}}$ are directly obtainable from the columns of $\mathbf{X}$ and $\mathbf{Z}$. As such with $\tilde{\mathbf{C}} = [\tilde{\mathbf{X}}|\tilde{\mathbf{Z}}]$ one has direct access to (approximate) standard errors for the first derivative at each time point t :

$$\text{SE}(\hat{f}'(t)|\mathbf{u}) \approx (\tilde{\mathbf{C}}_t^\top \text{Cov}((\hat{\beta}, \hat{\mathbf{u}})^\top | \mathbf{u}) \tilde{\mathbf{C}}_t)^{1/2}.$$

Using further a large sample argument justifying the distributional approximation:

$$\frac{\hat{f}'(t) - E(\hat{f}'(t)|\mathbf{u})}{SE(\hat{f}'(t)|\mathbf{u})} \approx N(0, 1)$$

and letting $h(a) = 1/M(-a)$ we have using the Delta method:

$$\frac{h(\hat{f}'(t)) - h(E(\hat{f}'(t)|\mathbf{u}))}{SE(\hat{f}'(t)|\mathbf{u}) \times |h'(E(\hat{f}'(t)|\mathbf{u}))|} \approx N(0, 1).$$

As one uses here a large sample approximation argument, it is not excluded that the lower bound of the interval be estimated to be negative. For such cases, in our practical implementation a truncation at the value 0 is applied.

Another possibility would be to first construct directly lower and upper bounds for $E(f'(t)|\mathbf{u})$ as $\hat{f}'(t) \pm z_{1-\frac{\alpha}{2}}SE(\hat{f}'(t)|\mathbf{u})$ and then construct the approximate confidence interval for $R(t)$ as:

$$\left[h(\hat{f}'(t) - z_{1-\frac{\alpha}{2}}SE(\hat{f}'(t)|\mathbf{u})) ; h(\hat{f}'(t) + z_{1-\frac{\alpha}{2}}SE(\hat{f}'(t)|\mathbf{u})) \right],$$

where $z_{1-\frac{\alpha}{2}}$ is the quantile of the standard normal distribution at a fixed significance level α .

4. Simulation study

To test the performance of the proposed spline-based method we have conducted a simulation study where we have first created epidemics of length $T = 157$ days for which we used four different smooth $R(t)$ trajectories depicted in Figure 1 top panels. The models are trained using the data from the first 150 days and the last remaining 7 days are used for forecasting one week ahead using our proposed method.

For each scenario, we simulated 1000 epidemics, starting with 100 index cases. For visualization purposes we have plotted the evolution of an epidemic from each scenario in the bottom panels of Figure 1. Scenario I corresponds to a two-wave epidemic where the

second wave is more severe, Scenario II depicts a slowly increasing exponential outbreak, while Scenario III mimics an interventional mechanism that reduces the infections in the second part of the time horizon. The last scenario depicts an epidemic that is fully under control throughout the entire period.

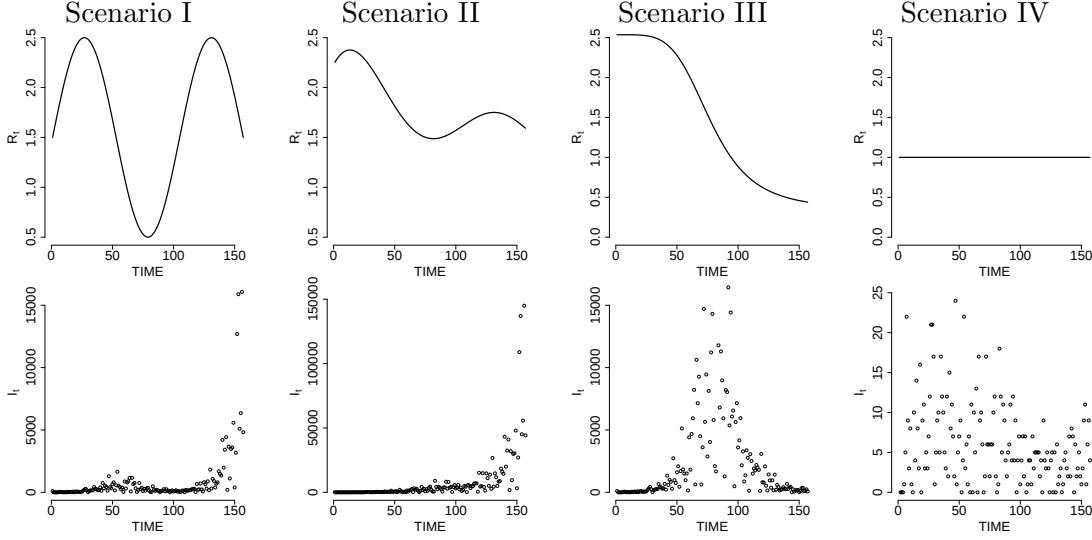


Fig. 1. Simulated data from four different scenarios. Top panels correspond to different $R(t)$ functions while the bottom panels represent counts of infections $I(t)$ simulated from models corresponding to each $R(t)$.

We have simulated next data similar to what is proposed in Cori et al. (2013) where we have used a SARS-like serial interval distribution, with mean 8.4 days and standard deviation 3.8 days. For each day the number of new incident cases $I(t)$ was drawn from a negative binomial distribution with mean $\mu(t) = R(t) \sum_{s=1}^t I(t-s)w(s)$ and variance $\sigma^2(t) = \mu(t) + \mu(t)^2/\theta$, where $w(s)$ is the discrete serial interval distribution, $I(t-s)$ are the infections s lags in time and θ is a parameter that allows for overdispersion. Three values for θ were considered as $\theta \in \{2, 10, 100\}$. The considered competitors are (i) the cubic spline-based $R(t)$ with truncated polynomial and radial bases for which the Poisson, negative binomial and quasi-Poisson distributional assumptions are made, (ii) the estimator proposed in Cori et al. (2013) and (iii) the estimator proposed in Wallinga and Teunis (2004). For these last two competitors we have used the publicly available

implementation offered in the **EpiEstim** and **R0** packages from R.

All competitors are evaluated with respect to the accuracy of estimating $R(t)$ which is measured by the total sum of in-sample squared errors defined as:

$$\text{SSE}_{\text{in}} = \sum_{t=1}^{150} (\hat{R}(t) - R(t))^2$$

where $R(t)$ is the true value of the reproduction number and $\hat{R}(t)$ is the estimated value of the reproduction number. For the spline-based proposed methods we also evaluate their performance in predicting one week ahead by inspecting the total sum of out of-sample squared errors defined as:

$$\text{SSE}_{\text{out}} = \sum_{s=151}^{157} (\hat{R}(s) - R(s))^2$$

where $R(s)$ is the true value of the reproduction number and $\hat{R}(s)$ is the forecast value of the reproduction number for which data from only the training period $t = 1, \dots, 150$ are used to estimate the unknown parameters.

Table 1 shows the obtained results as median values over the 1000 different simulated epidemics and upon inspection we conclude that: (i) when there is a high degree of overdispersion (ie. θ is small) the spline-based $R(t)$ produced better SSE_{in} performance than the classical competitors, across all scenarios and regardless of the spline basis function, pointing to the conclusion that for such a setting smoothing helps in identifying the underlying trend more accurately; (ii) for low to medium overdispersion the results are closer, but also in this case splines are slightly better, especially for Scenario IV. For visualization purposes, in Figure 2 the estimated $R(t)$ values for the first 100 epidemics using truncated polynomial and radial bases are plotted. The figure suggests also that as expected the obtained trajectories are much smoother for the spline-based method than for the competitors and also the fact that the competitors are much more variable relative to the spline-based estimator.

For the SSE_{out} performance of the spline-based models we have also observed that (i) as expected when there is a high degree of overdispersion (ie. θ is small) the out-of-sample performance worsens and (ii) the radial basis splines outperform truncated polynomials for Scenarios II and IV, provide comparable results for Scenario III, while for Scenario I the results are slightly more mixed.

Overall, estimating $R(t)$ using flexible, spline-based models can provide substantial gains in the accuracy of estimating the transmission capability of the virus.

In terms of timing performance we have observed that for the method of Cori et al. (2013) it takes 0.05 seconds on average to produce estimates, while for the method of Wallinga and Teunis (2004) it takes 0.81 seconds. For our spline-based method it took roughly between 0.42 and 0.62 seconds (slight variations depend on the chosen family and on the type of spline) to produce estimates.

As the observed infected cases might in general suffer from under-reporting, we have repeated the analysis when at each moment in time, the number of observed cases are under-reported by a randomly chosen percentage value in the interval [50% - 70%]. Similar results were obtained in this case as well and Figure 3 presents the estimated $R(t)$ values for the first 100 epidemics. As in the case of Figure 2, the spline-based estimate is relatively stable and similar to the estimates with correct, full reporting from Figure 2. More variability however, has been observed for the two competitors, pointing to a larger effect of under-reporting for these two estimators.

Table 1. Median SSE_{in} and SSE_{out} over 1000 different simulated epidemics from four different scenarios using three different values for $R(t)$ is estimated based on truncated polynomial or radial bases with Poisson and negative binomial assumptions. The in-sample performance of the estimators of Cori et al. (2013) and Wallinga and Teunis (2004) is also presented.

		Scenario I; $\theta =$			Scenario II; $\theta =$			Scenario III; $\theta =$			Scenario IV; $\theta =$		
		2	10	100	2	10	100	2	10	100	2	10	100
SSE_{in}	Truncated polynomial (Poisson)	33.6	10.6	8.3	17.8	6.9	2.5	13.3	5.1	3.6	3.2	1.7	1.5
	Truncated polynomial (Negative binomial)	17.5	10.7	8.6	11.6	5.7	3.3	9.9	5.8	4.4	2.6	1.3	1.3
	Radial basis (Poisson)	25.8	13.7	8.4	19.1	14.3	5.5	9.1	4.3	3.4	1.7	0.7	0.4
	Radial basis (Negative binomial)	18.1	10.5	8.2	10.9	5.3	3.0	10.6	6.0	4.4	1.6	0.6	0.4
	Cori et al.	31.7	10.5	5.8	28.1	7.5	2.8	24.5	7.4	3.5	11.4	3.7	1.9
	Wallinga & Teunis	36.2	23.3	20.5	20.5	8.0	5.2	17.8	10.4	8.8	12.9	2.6	1.2
		Scenario I; $\theta =$			Scenario II; $\theta =$			Scenario III; $\theta =$			Scenario IV; $\theta =$		
		2	10	100	2	10	100	2	10	100	2	10	100
SSE_{out}	Truncated polynomial (Poisson)	5.18	2.66	1.00	1.57	0.52	0.11	0.16	0.04	0.01	0.44	0.15	0.13
	Truncated polynomial (Negative binomial)	3.12	1.09	0.67	1.09	0.65	0.07	0.11	0.02	0.01	0.38	0.13	0.10
	Radial basis (Poisson)	2.21	0.92	0.31	0.43	0.16	0.05	0.12	0.05	0.02	0.09	0.03	0.02
	Radial basis (Negative binomial)	4.52	3.47	1.76	0.28	0.13	0.03	0.06	0.02	0.00	0.10	0.03	0.02

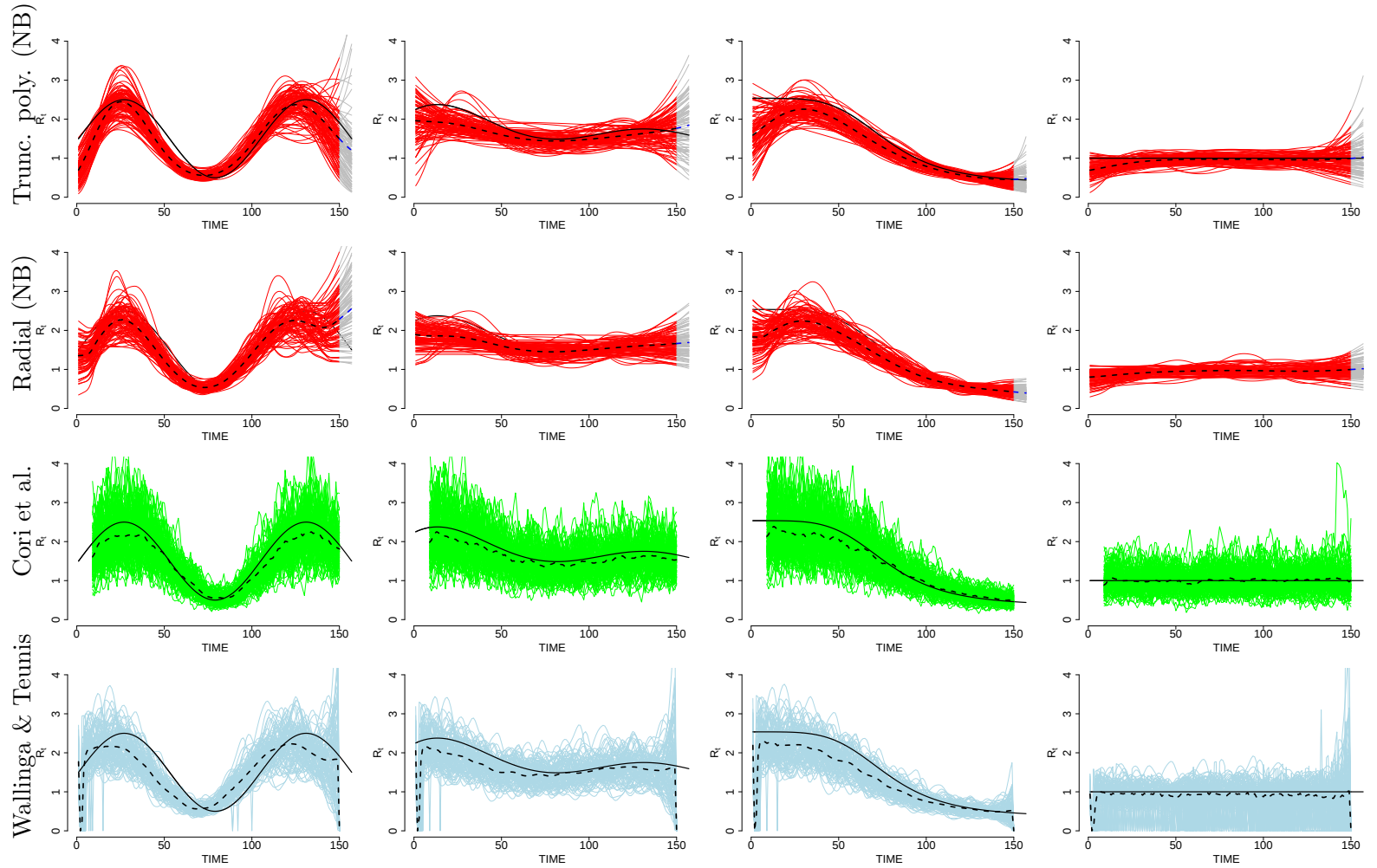


Fig. 2. Spline-based estimated $R(t)$ using truncated polynomial or radial bases and a negative binomial (NB) distributional assumption. The estimates for 100 different simulated epidemics are shown in each panel. The solid black line depicts the true $R(t)$ function, the solid coloured lines depict the 100 different estimates, while the dotted lines depict the empirical averages over the 100 estimates at each time point. The estimates based on the methods of Cori et al. (2013) and Wallinga and Teunis (2004) are also presented. For the spline-based method we also show the 7-day ahead forecasts for $R(t)$.

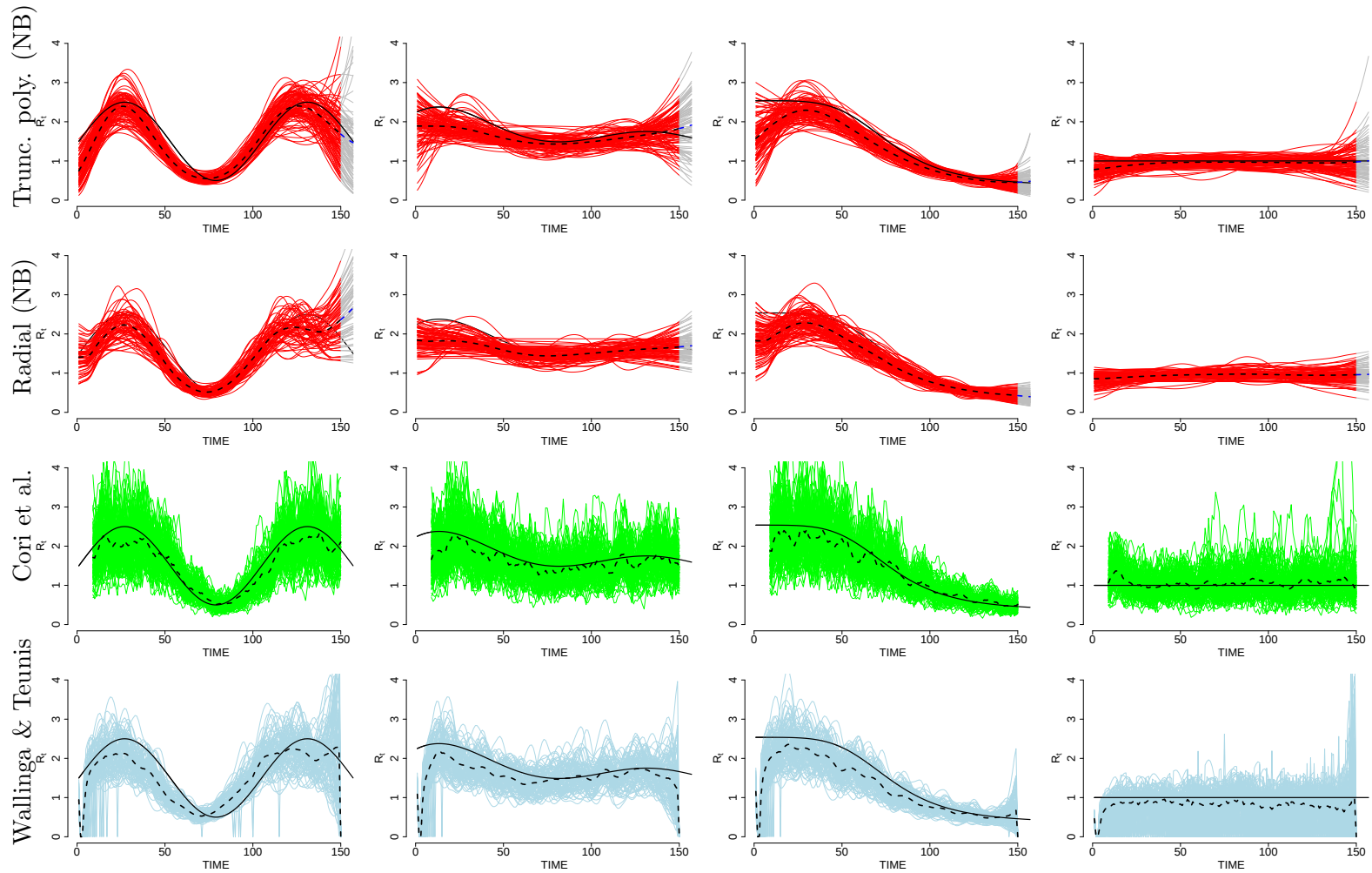


Fig. 3. Spline-based estimated $R(t)$ using truncated polynomial or radial bases and a negative binomial (NB) distributional assumption. The estimates for 100 different simulated epidemics are shown in each panel obtained when there is between 50-70% under-reporting in the data for each day. The solid black line depicts the true $R(t)$ function, the solid coloured lines depict the 100 different estimates, while the dotted lines depict the empirical averages over the 100 estimates at each time point. The estimates based on the methods of Cori et al. (2013) and Wallinga and Teunis (2004) are also presented. For the spline-based method we also show the 7-day ahead forecasts for $R(t)$.

5. Real examples

We have estimated next the time dependent reproduction number $R(t)$ for six countries (US, Brazil, Italy, UK, Belgium and France) using the proposed spline-based method (with truncated polynomial bases and a negative binomial distributional assumption) and the estimator of Cori et al. (2013). We have used the data on daily infections that are available on the official public health platforms for each respective country, and to eliminate weekend effects and delays in reporting we have taken 7-day moving averages for each time series as the final input data. For stability purposes, the reproduction numbers are estimated from the moment in time when at least 10 new infected cases are confirmed in the population. Not all series start at the same moment in time, due to country reporting issues, however this does not pose any major problems; the reference period for the analysis is January 22nd, 2020 - April 5th, 2021.

Figure 4 presents the obtained results. In general, the two estimators agree quite well with respect to the estimated trends (albeit with a slight lag between the two) starting from around beginning of April, 2020 for all six countries. In the first part of 2020, there is a larger degree of differences between the two estimators either with respect to the magnitude of the initial estimates or with respect to the estimated initial evolution, as is the case for France. In general, the estimator of Cori et al. (2013) suggests much higher initial estimates than what the spline-based model proposes and due to the fact that it needs a window of time (set to 7 days for this application) it is unable to capture the trend from the start, whereas our estimator is equipped to estimate reproduction numbers in the beginning part of the epidemic (although with larger uncertainty). As such the spline model suggests that for example, the US, Italy and Belgium are in the beginning part in March, 2020 on an upwards path for about 2 weeks, after which the reproduction number starts decreasing. Given that explicit measures were taken in that period (on March, 13th national emergency is declared in the US together with travel bans (see <https://www.nytimes.com/2020/03/13/us/politics/>

trump-coronavirus-news-conference.html), on March 9th Italy issues ‘stay at home’ orders (see <https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioVideoNuovoCoronavirus.jsp?id=2059&lingua=italiano&menu=multimedia&p=video>) and on March, 18th Belgium goes into lockdown (see https://www.belgium.be/en/news/2020/coronavirus_reinforced_measures), such a trajectory seems plausible. For the UK, that issued lockdown orders on March, 23rd (see <https://www.gov.uk/government/speeches/pm-address-to-the-nation-on-coronavirus-23-march-2020>), our estimates seem to corroborate the conclusion in Wood (2021) that ‘the decline in infections began before the first full lockdown’.

France presents a very interesting phenomenon, as the official, consolidated series starts around mid May, 2020. The proposed spline-based estimator suggests that the epidemiological situation was relatively under control at that moment, whereas the competitor suggests the reproduction number is higher than 3. Given that on May, 11th the Security council in France started with relaxing lockdown measures (see <https://www.gouvernement.fr/info-coronavirus/les-actions-du-gouvernement>) and as it was reported that all epidemiological indicators were since two weeks before on a downward slope (see <https://www.santepubliquefrance.fr/maladies-et-traumatismes/maladies-et-infections-respiratoires/infection-a-coronavirus/documents/bulletin-national/covid-19-point-epidemiologique-du-14-mai-2020>), we are more inclined to trust the spline estimator as a more accurate description of the reality in France at that moment in time.

For all countries, a 5-days ahead prediction is proposed based on the discussion in Section 4. Uncertainty in the forecast is quantified using empirical, simulation-based prediction intervals obtained as follows. With the estimated values for $(\hat{\beta}, \hat{u})^T$ and an overdispersion parameter $\hat{\phi}$ we calculate first the in-sample fitted values $\hat{f}(1), \dots, \hat{f}(T)$ and the out-of-sample predicted values $\hat{f}(T+1), \dots, \hat{f}(T+\pi)$, where $\pi = 5$ is the chosen forecast horizon. For any time point s with $T < s \leq T+\pi$ we generate a new data point

from the model

$$I(s)|\mathbf{u} = \hat{\mathbf{u}} \sim \text{Neg.Binom.}(\mu(s) = \hat{f}(s) ; \sigma^2(s) = \hat{f}(s) + \hat{f}(s)^2/\hat{\phi}).$$

Finally with the augmented series $(I_1, I_2, \dots, I_T, \dots, I_s)$ we estimate $\hat{R}(s)$ with our proposed procedure. The process of generating new data is repeated independently 200 times for each value of s . The 95% simulation-based prediction interval is then defined as $[\hat{q}_{0.025}, \hat{q}_{0.975}]$ where $\hat{q}_{0.025}$ and $\hat{q}_{0.975}$ are the empirical quantiles of the vector $(\hat{R}^1(s), \hat{R}^2(s), \dots, \hat{R}^{200}(s))^\top$.

Figure 4 also presents the predicted evolution 5-days ahead and as expected, for almost all countries towards the end of the prediction period the uncertainty surrounding the point estimate is considerable, with Italy and Belgium spiking up to an upper bound somewhere between 2 to 3 as prime examples. At the other extreme we find France, UK and Brazil which, for the analysed period, seem to find themselves in a calmer epidemiological situation.

5.1. Accounting for interventions

One advantage of the spline-based $R(t)$ measure is the fact that, as discussed briefly in Section 1, one can easily consider models of the form $g\{\mu(t)\} = f_1(t) + f_2(X_t)$ and apply it to COVID-19 data. As such, we propose next a semi-parametric extension, where the $R(t)$ estimates are adjusted for interventional effects. As in Fokianos and Fried (2010) and Liboschik et al. (2016) we consider interventional covariates of the form:

$$X_t = \delta^{(t-\tau)} \mathbf{1}_{\{t \geq \tau\}}$$

where τ represents the intervention time point, $\mathbf{1}_{\{t \geq \tau\}}$ is the indicator function taking the value 1 if $t \geq \tau$ and 0 otherwise. Moreover, $\delta \in [0, 1]$ specifies the intervention type with $\delta = 0$ denoting an intervention that has an effect only at the time of its occurrence,

$\delta = 1$ denoting a persistent effect of the intervention after its occurrence, while $\delta \in (0, 1)$ denotes an exponentially decaying effect.

To illustrate the effect of accounting for interventions, we chose the case of Belgium (due to familiarity with the epidemiological situation) where we have introduced six exponentially decaying interventional effects corresponding to two national lockdowns, one regional restrictive measure for Antwerp and the reopening of the academic year for secondary and higher educational level. Figure 5 shows the estimated reproduction numbers across time and it suggests that (i) accounting for the first lockdown in March, 2020 had the largest impact in modifying the estimates in the beginning of the epidemic.

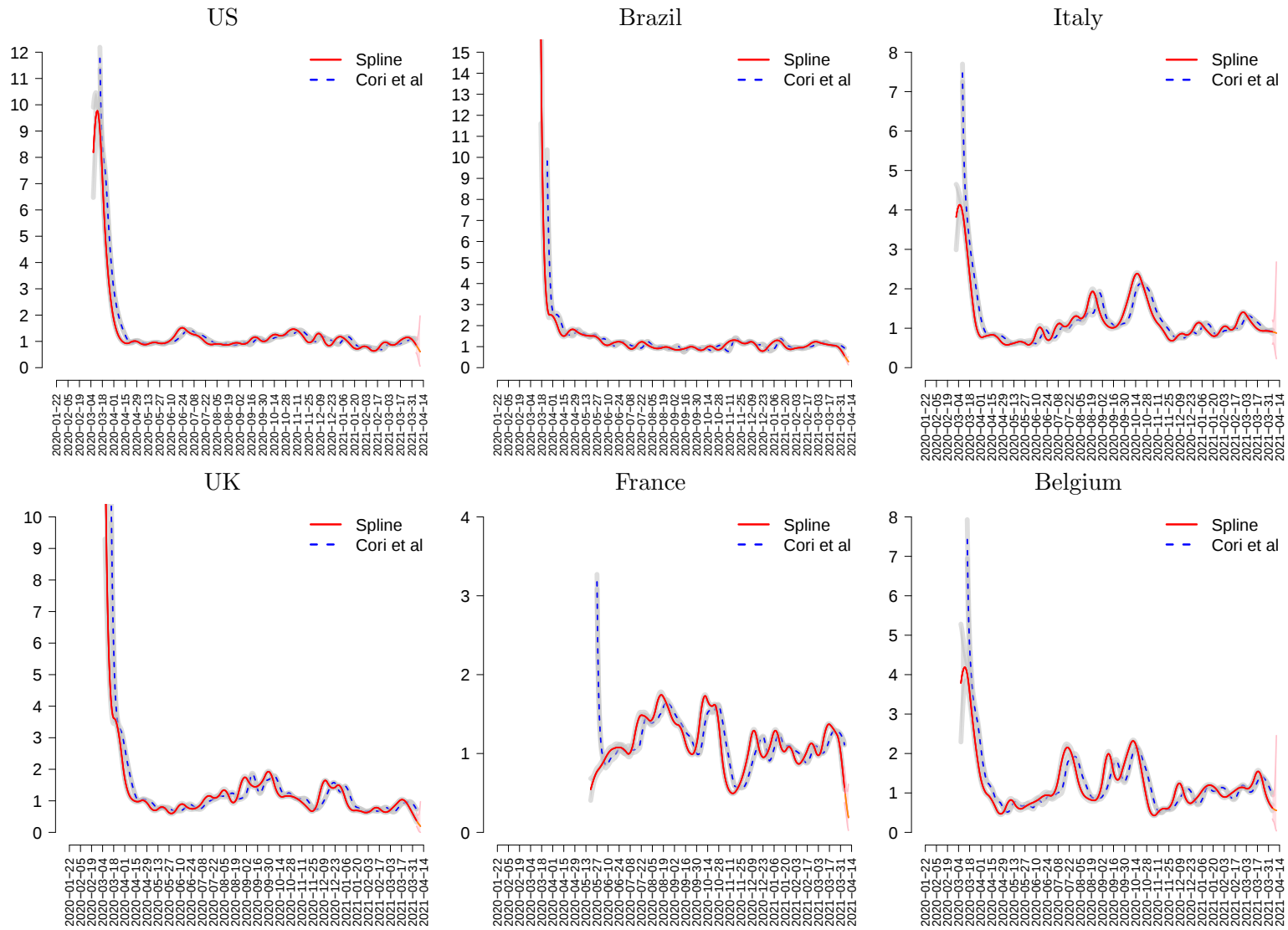


Fig. 4. Spline-based estimated $R(t)$ (and 95% pointwise confidence interval) using truncated polynomial bases and a negative binomial assumption for six countries. The evolution 5-days ahead (ie. for the period 6-10th of April, 2021) together with a simulation-based prediction interval is also presented. The estimates based on the method of Cori et al. (2013) are also presented.

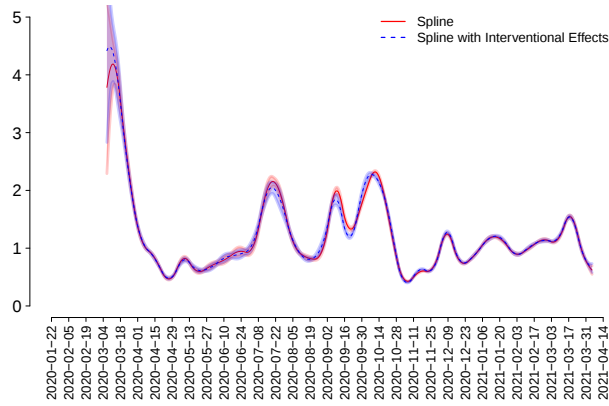


Fig. 5. Spline-based estimated $R(t)$ with 95% pointwise confidence interval for Belgium. The estimator accounting for the interventions (dashed line) is presented alongside the estimator that does not account for interventions (full line).

As well, the reopening of schools on September, 1st (coinciding with the end of the vacation period and returning to work for a large proportion of the active population), showed also an effect on impacting the estimates, suggesting a slight shift of the reproduction numbers for the month of September, 2020 than what the model without interventional effects would suggest. As expected, these interventional effects dissipate some time after their introduction as the estimated trends in the later part of the epidemic (ie. after November, 2020) are very close together.

5.2. *Direct modelling of day-of-week effects*

During the preparation of the manuscript, one anonymous reviewer pointed-out that taking the 7-day moving averages, might induce too much pre-smoothing to the data, to the point where this process would lead to an underestimation of the uncertainty around $R(t)$. To evaluate thus the impact of the 7-day moving average on the uncertainty estimates, we have repeated the analysis using the raw data for the case of Belgium, where the day of the week has also been included as a predictor in the model, with Sunday as a reference category. Figure 6 presents the two estimators and suggests that larger differences might exist at the level of the estimated values of $R(t)$ themselves

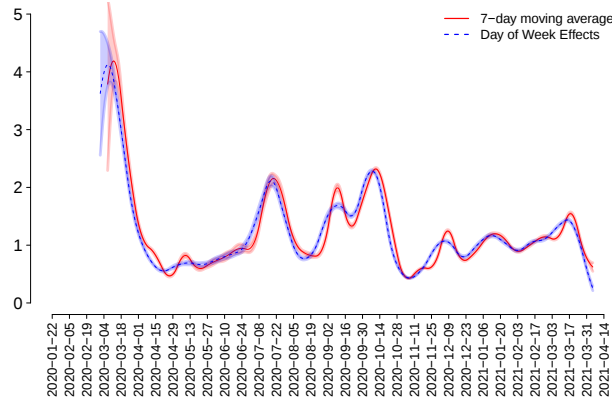


Fig. 6. Spline-based estimated $R(t)$ with 95% pointwise confidence interval for Belgium. The estimator accounting for the day of the week and using the raw data (dashed line) is presented alongside the estimator that uses the 7-day moving average data (full line).

Table 2. Empirical averages, medians and standard deviations for the lengths of the confidence intervals across time for the estimates presented in Figure 6.

	Average	Median	St.dev.
7-day moving average data	0.100	0.051	0.245
Day-of-week effects & raw data	0.088	0.046	0.195

rather than at the level of the quantified uncertainty around the point estimates. To complement numerically this conclusion, we present in Table 2 the empirical mean, median and standard deviation of the lengths of the confidence intervals across time and the main conclusion is that both types of intervals have in general close lengths, with no large differences, except for the start of the outbreak, where larger differences are observed in Figure 6.

5.3. Using the hospitalized series

As always with data modelling, no matter how involved or developed a method might be, the final results are entirely dependent on the quality of the input data. Modelling the effects of the SARS-CoV-2 virus makes no exception from the rule; more so especially the first part of the epidemic has placed at the forefront the importance and difficulty of collecting accurate and real-time data from the general population.

It is clear that the reported data are in fact under-reportings due to a multitude of factors, which merit scientific investigation themselves. We point as a shortcoming that our method is entirely dependent on the quality of the data and on them being an unbiased representation of the state of the epidemic in the society at any given moment in time. This might be unrealistic and it might be that a better image of the spread of the virus across time, is offered by the series of hospitalized members of the population (although delayed relative to the moment of infection). This is so, since admissions to the hospital are more easily kept track of relative to detecting infections. In fact, the public health institute in Belgium, country that we have used as workhorse in this section is reporting a time dependent $R(t)$ metric using the estimator of Cori et al. (2013) based on the hospitalized series rather than on infections.

Our method can also be applied using the series of hospitalizations and in Figure 7 we present the estimated evolution of the $R(t)$ based on the hospitalized series. Not surprisingly, the estimates pick up on a high reproduction number at the start of the epidemic and capture as well key periods of evolution in the summer and fall of 2020. Also not surprisingly, the hospitalization peaks occur with a delay relative to the infections peaks. Interestingly, it points to a much stabler/flatter evolution in the interval April-July 2020 as well as November 2020 to March 2021, whereas the same estimates based on the series of infections are more fluctuating.

The reason why the estimator heuristically works also with the series of hospitalized and is able to pick up on the waves, is the fact that even though the method uses the actual recorded series, what is of interest are not the values themselves, but the rate of change from day to day. We argue that unless there is systematic bias that would affect this rate, the estimator will still pick up important features of the epidemic.

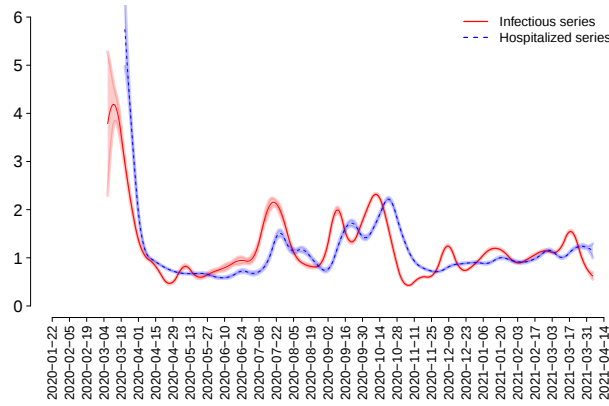


Fig. 7. Spline-based estimated $R(t)$ with 95% pointwise confidence interval for Belgium. The estimator based on the 7-day moving average data of the hospitalized series (dashed line) is presented alongside the estimator that uses the 7-day moving average of the infectious series (full line).

6. Discussion

We proposed in this manuscript a time-dependent version of the reproduction number $R(t)$ that is based on a spline approach. The model starts from the representation of the basic reproduction number of Wallinga and Lipsitch (2007) and proposes to obtain a growth rate parameter by inspecting the derivative of a smooth function of time. As such, the model is an extension that allows for an estimation of an instantaneous reproduction number of a virus at any moment in time during the evolution of the epidemic. For ease of usage, the method has been implemented in R and software is packaged and will be available from the author's website.

On simulated data the proposed plug-in estimator shows good performance relative to other classical estimators that are used in the literature, capable of adapting to sharp fluctuations in the evolution of the epidemic. As well, accounting for overdispersion in the data can easily be done by using a quasi-Poisson or a negative binomial model as our basic formulation is general enough to allow for it. On real data related to the SARS-CoV-2 pandemic, the proposed estimator seemed also to provide more realistic evolutions for the first part of the pandemic, while being close in estimated trends to

the classical estimators, for the second part of the pandemic.

Data availability statement

The data used in this study consist of daily reported infections and are available on the official public health platforms for each analysed country.

Funding statement

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Figure captions

Fig1: Simulated data from four different scenarios. Top panels correspond to different $R(t)$ functions while the bottom panels represent counts of infections $I(t)$ simulated from models corresponding to each $R(t)$.

Fig2: Spline-based estimated $R(t)$ using truncated polynomial or radial bases and a negative binomial (NB) distributional assumption. The estimates for 100 different simulated epidemics are shown in each panel. The solid black line depicts the true $R(t)$ function, the solid coloured lines depict the 100 different estimates, while the dotted lines depict the empirical averages over the 100 estimates at each time point. The estimates based on the methods of Cori et al. (2013) and Wallinga and Teunis (2004) are also presented. For the spline-based method we also show the 7-day ahead forecasts for $R(t)$.

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