

GENERAL PRACTITIONERS AND WELLBEING IN BELGIUM: BEYOND THE COVID-19 PANDEMIC

Cécile Ponsar, Cholewa Joanna, Ségolène de Rouffignac, Benoit Pétré, Esther Van Poel, Sara Willems, Michel De Jonghe
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PRICOV-19

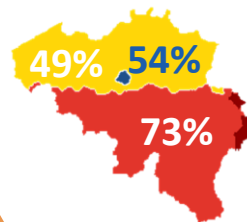


PRICOV-19 STUDY

Quality and Safety in Primary Care in times of COVID-19

- Belgium: 479 GP respondents
- Mayo Clinic Wellbeing index
- Cut-off $\geq 2,00$: risk of distress
- 22 of 53 variables **8 categories**
- Binary logistic regression (SPSS)

Risk of distress in Belgium : **57%**



Regional differences

- Flanders
- Brussels Capitale
- Wallonia



Stress predictors

- Patient base profile
- Practice characteristics

Protective factors

- Healthcare role
- Life balance

Magritte



Why risk is > in Wallonia?

Specific occupational stressors?

- Socio-economic factors?
- Cultural differences?
- Health system and resources.
- ... To be further studied



Categories affecting wellbeing



28TH WONCA EUROPE CONFERENCE
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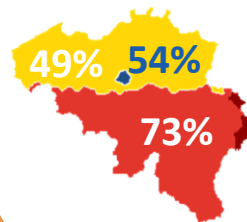
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Stress predictors

- Patients with \$ problems
- Fee for service practices

Protective factors

- Meaningfulness at work
- Preserving pers.-family time



Magritte



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