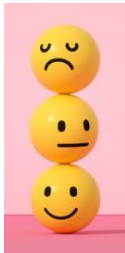


Emotional intelligence in practice: the crucial role of GP emotions in medical decision making

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In the realm of healthcare, the journey towards wellness is not merely a matter of physical interventions and clinical guidelines; it is deeply intertwined with the complex landscape of human emotions.



Introduction

As General Practitioners (GPs), we stand at the forefront of preventive medicine, tasked not only with diagnosing and treating ailments but also with guiding our patients towards a path of long-term health and well-being. In this pursuit, we recognize the profound influence that emotions wield over our patients' behaviors, choices, and ultimately, their health outcomes.

Methods:

The work presented consists of a scoping review based on scientific evidence currently found on this subject. A bibliographic review was carried out in databases related to the subject: PubMed, Cairn, PsychInfo, Scholar Google.

Results:

According to the revised studies, we identified how emotions of GPs can significantly influence these medical decisions in several ways:

- Empathy and patient-centered care
- Diagnostic accuracy
- Treatment recommendations
- Risk perception and communication
- Shared decision making
- Ethical considerations
- Self-care and professional well-being

Discussion:

GPs' emotions play a multifaceted role in medical decisions, influencing diagnostic accuracy, treatment recommendations, risk communication, shared decision making, ethical considerations, and practitioner well-being. Recognizing and managing emotions effectively is essential for providing high-quality, patient-centered care and optimizing health outcomes for patients.