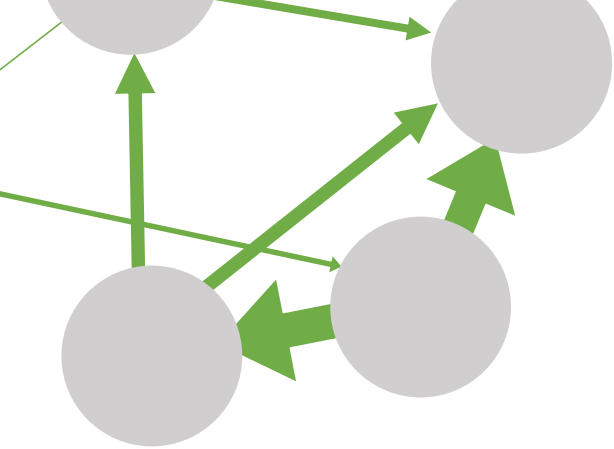
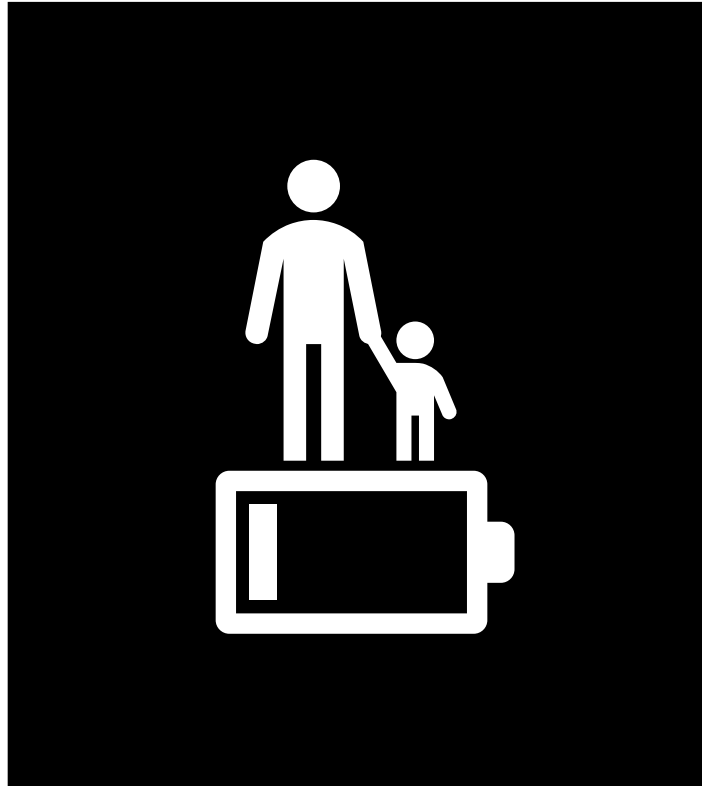




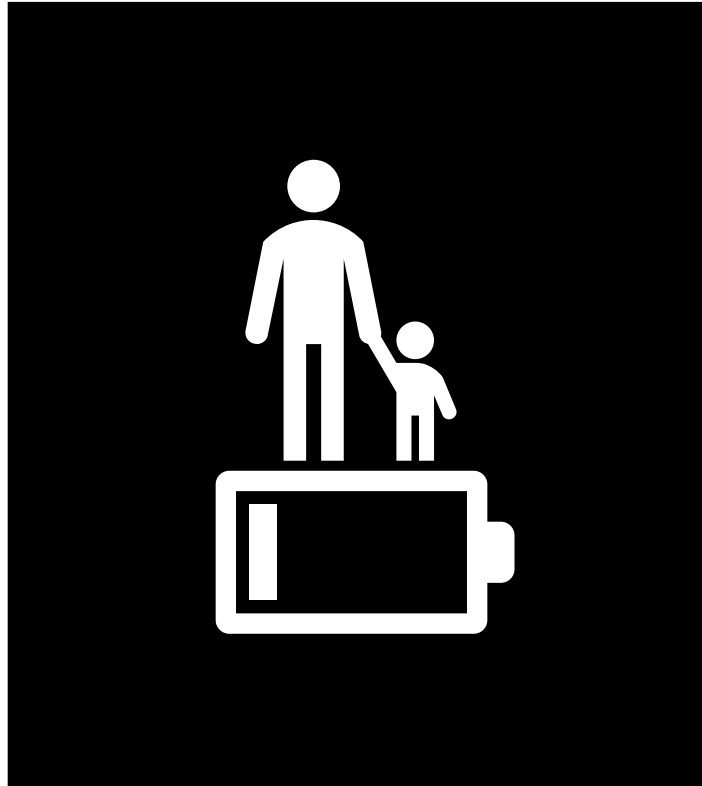
Parental Burnout: A Temporal Network

M. Annelise Blanchard, Yorgo Hoebeke & Alexandre Heeren

Parental Burnout



Parental Burnout



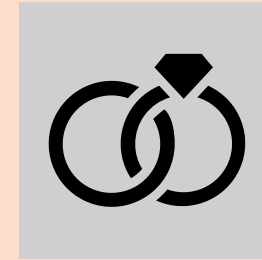
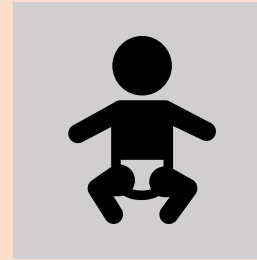
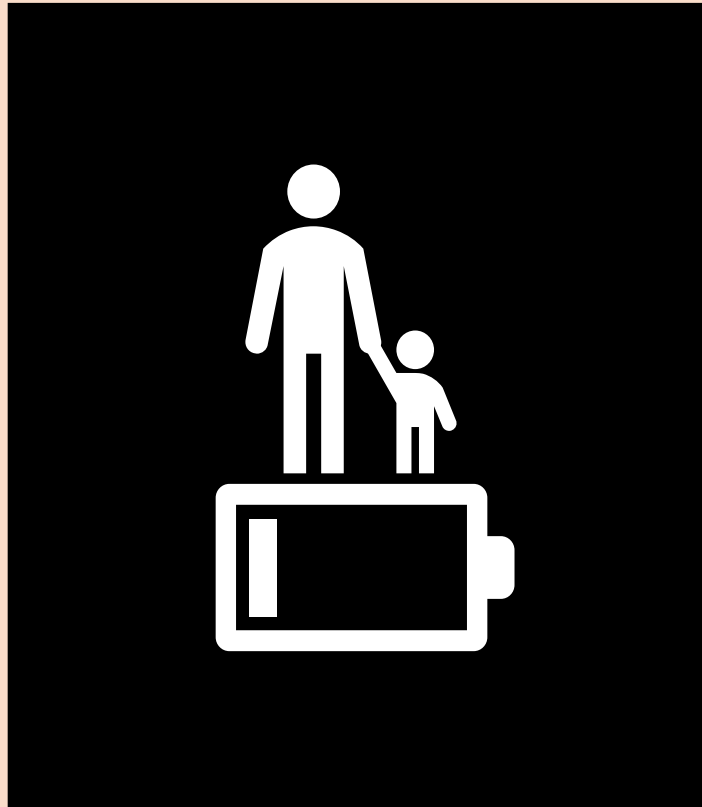
Exhaustion

Distance

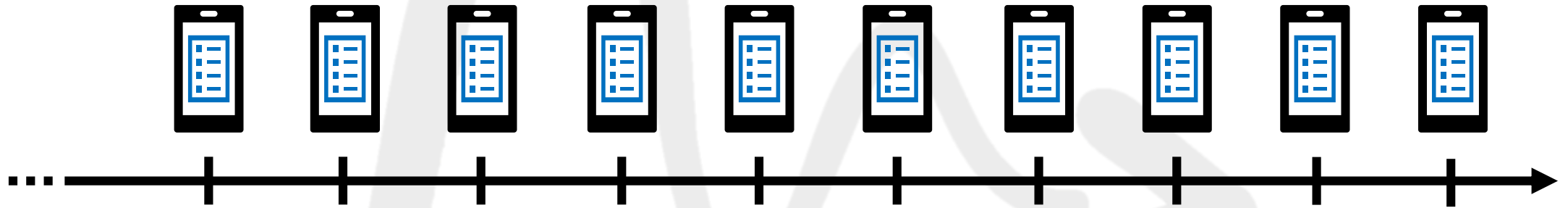
Feeling Fed Up

Contrast



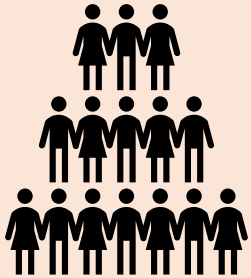


Experience Sampling Methodology (ESM)



Methods

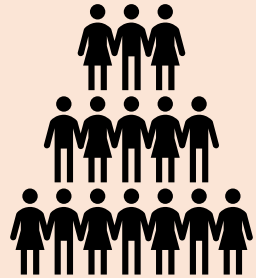
Sample



$n = 47$

Methods

Sample

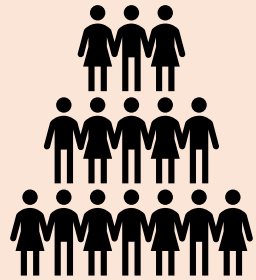


$n = 47$

91% 

Methods

Sample



n= 47

91%



Data collection



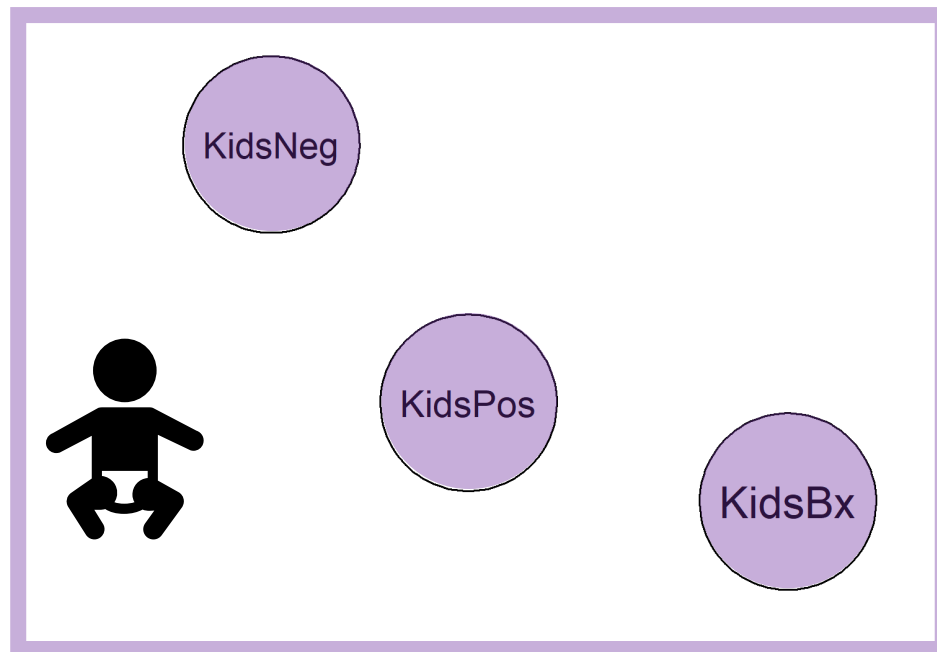
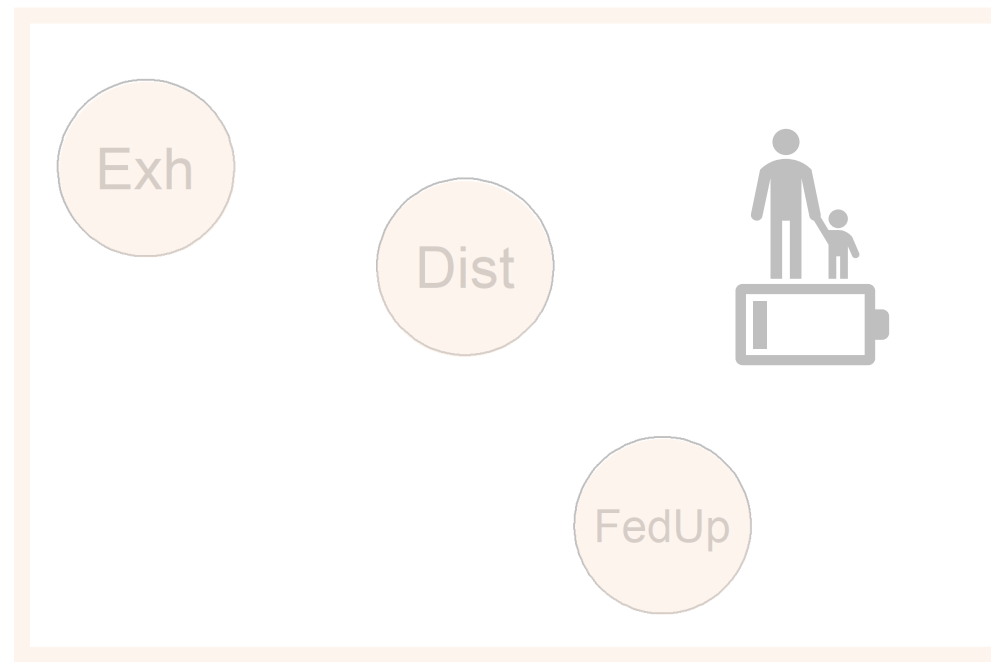
1/day
8 weeks

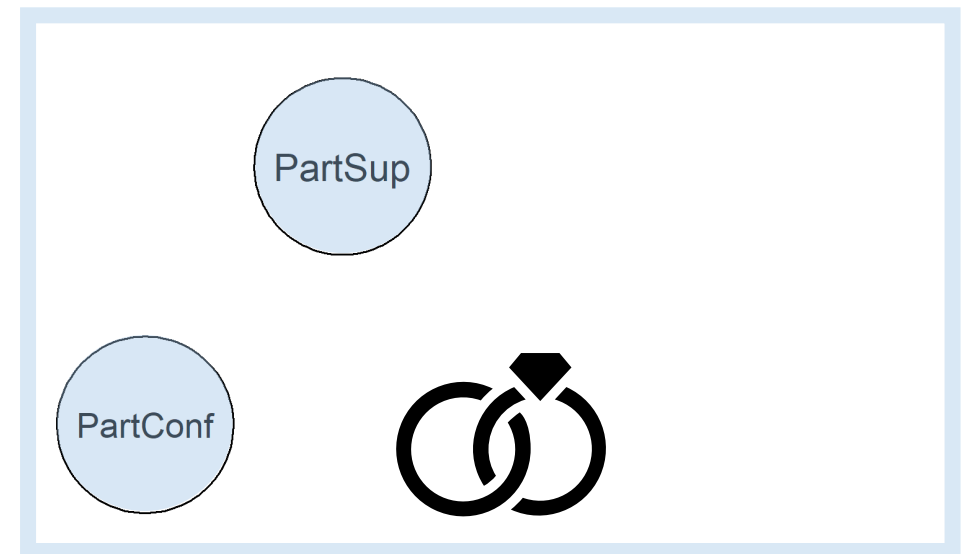
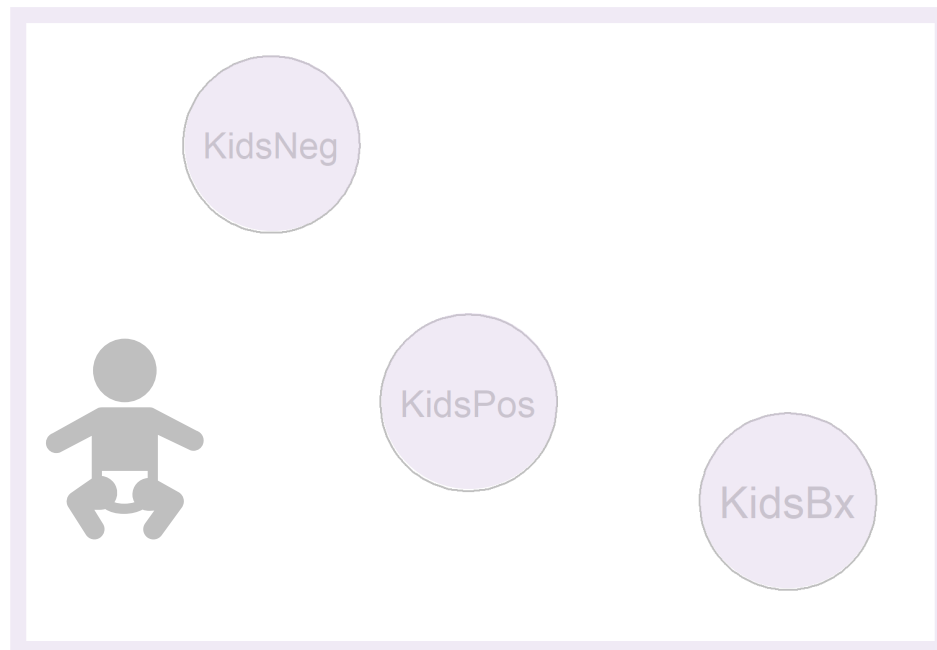
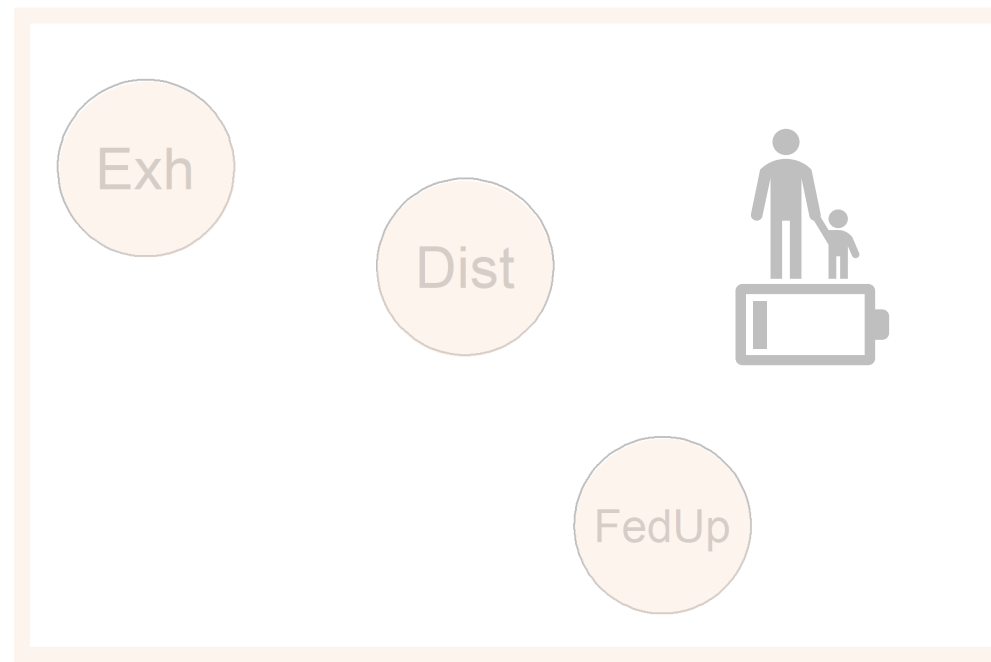
Exh

Dist



FedUp





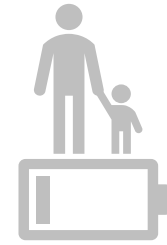


SocSup

Res

Exh

Dist



FedUp

KidsNeg

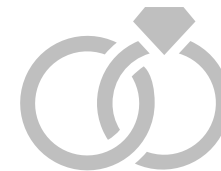


KidsPos

KidsBx

PartSup

PartConf



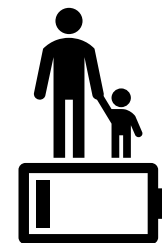


SocSup

Res

Exh

Dist



FedUp

KidsNeg

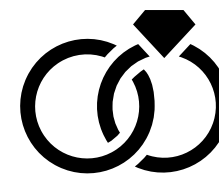


KidsPos

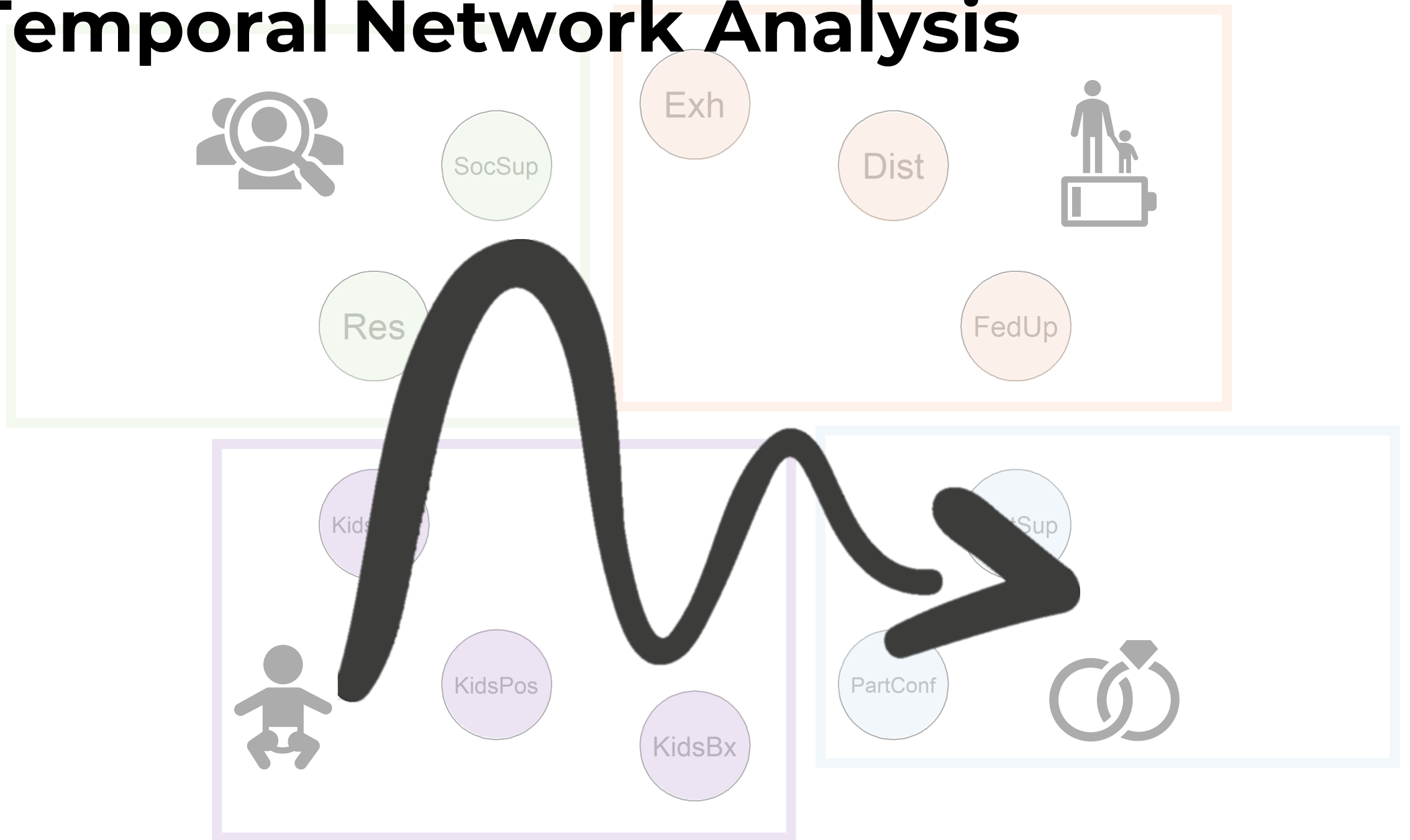
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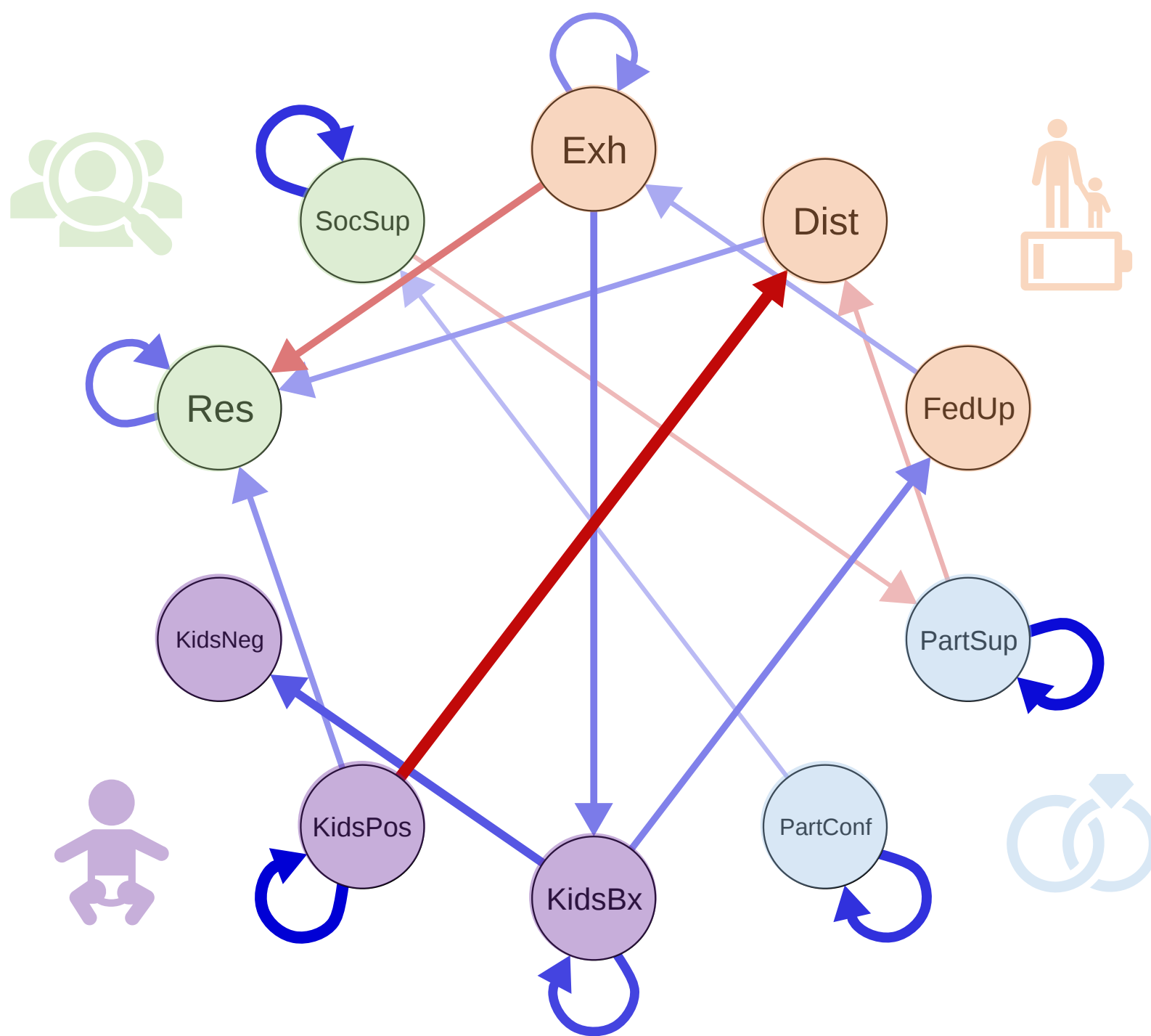
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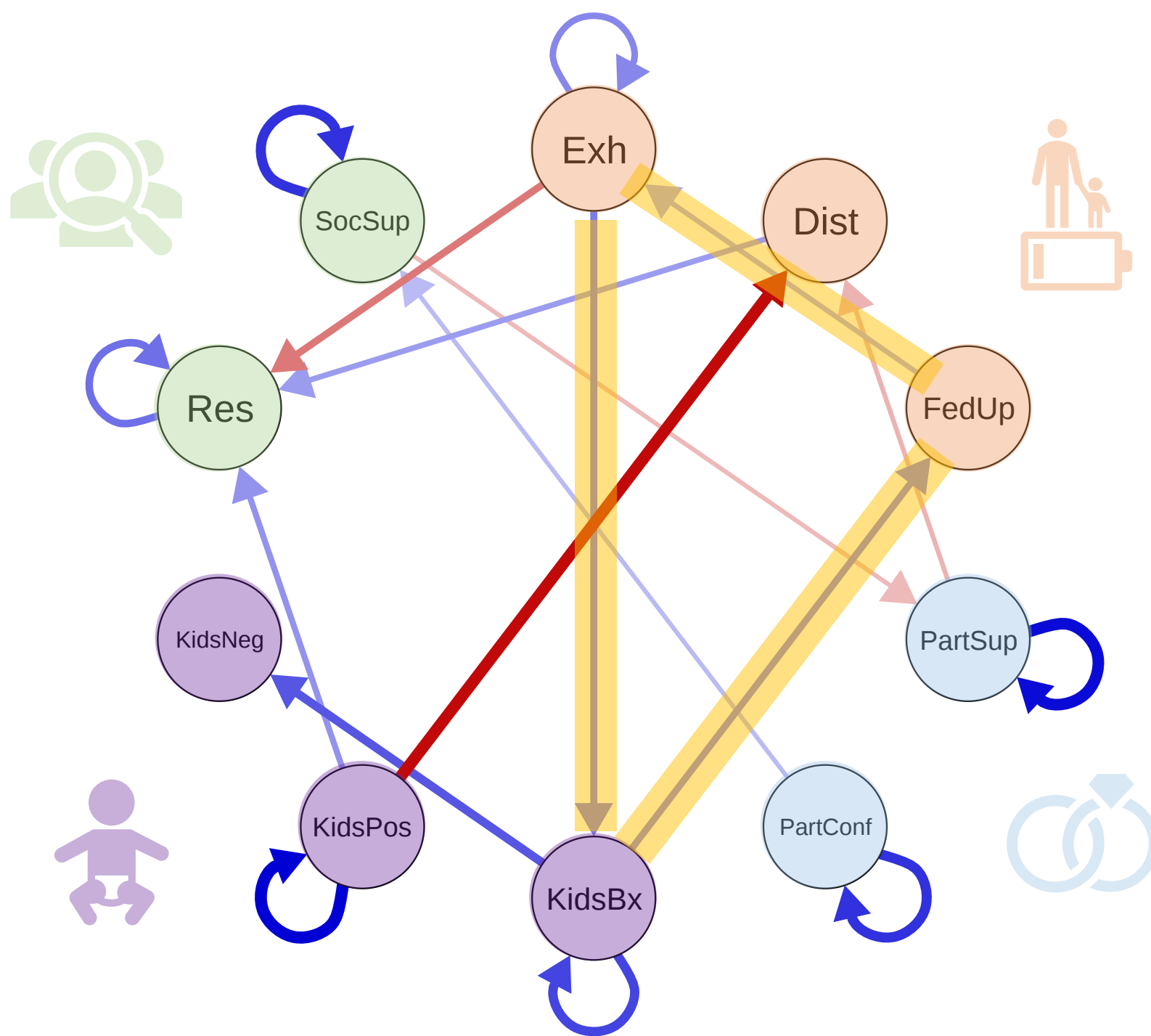
PartConf

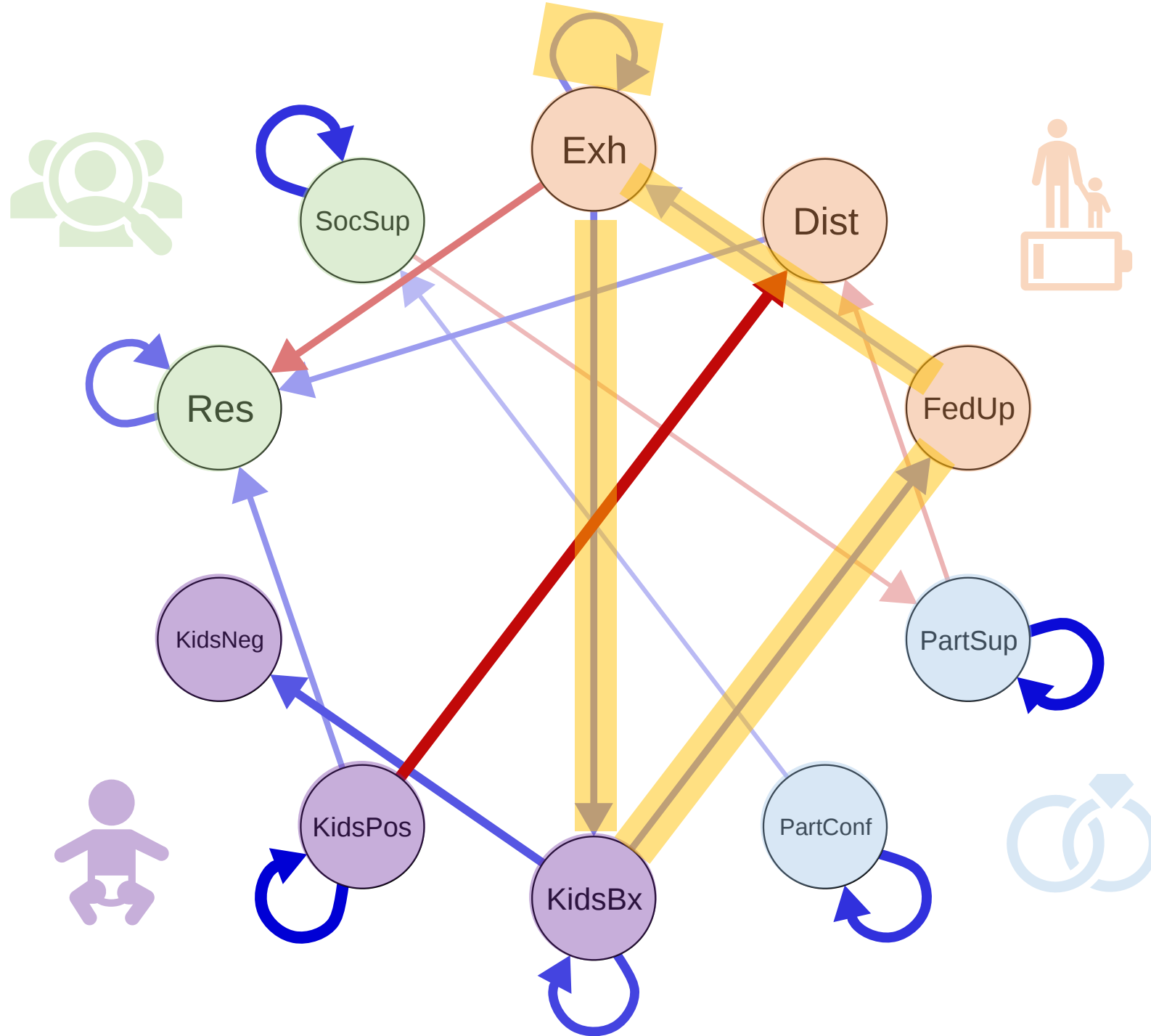


Temporal Network Analysis









Parental Burnout Features and Their Family Context: A Temporal Network Approach

M. Annelise Blanchard^{1,2}, Yorgo Hoebeke¹, & Alexandre Heeren^{1,2,3}

This is a preprint (version May 11, 2022) of a manuscript that has not yet been peer-reviewed for publication in a scientific journal. Anonymized data, R code, and all materials are available via the Open Science Framework: <https://osf.io/pshdn/>.

¹ Psychological Sciences Research Institute, Université catholique de Louvain, Louvain-la-Neuve, Belgium

² Belgian National Science Foundation (F.R.S.-FNRS), Brussels, Belgium

³ Institute of Neuroscience, Université catholique de Louvain, Brussels, Belgium

Author Note

M. Annelise Blanchard  <https://orcid.org/0000-0002-9605-7022>

Yorgo Hoebeke  <https://orcid.org/0000-0003-2565-8311>

Alexandre Heeren  <https://orcid.org/0000-0003-0553-6149>



*Thank
you!*



Appendices

	Construct	Final ESM Items
Parental Burnout	Emotional Exhaustion	I felt exhausted while caring for my children.
	Emotional Distance	I felt close to my children in both good and bad situations.
	Feeling Fed Up	I felt overwhelmed with caring for my children.
Partner	Partner Support	I received help from my partner with caring for my children.
	Partner Conflict	I had some misunderstandings, tension, or arguments with my partner.
Children	Children’s Behavior	My children were difficult to manage.
	Behavior Towards Children (+)	I shared positive moments with my children.
	Behavior Towards Children (-)	I got angry with one or more of my children.
Context	Resources	I lacked the means (for example, time, energy, material resources) to take care of my children.
	Social Support	I received help from friends or family (other than my partner) with caring for my children.
	Time Spent with Kids	Around how many hours (outside of sleeping hours) did you spend near your children today?

**On the Temporal Nature of Parental Burnout:
Development of an Experience Sampling Methodology (ESM) Tool to Assess Parental
Burnout and Its Related Ever-Changing Family Context**

M. Annelise Blanchard^{1*}, Jordan Revol¹, Yorgo Hoebeke¹, Isabelle Roskam¹, Moïra
Mikolajczak¹, & Alexandre Heeren^{1,2}

¹ Psychological Sciences Research Institute, UCLouvain, Belgium

² Institute of Neuroscience, UCLouvain, Belgium

This is a preprint (version December 6, 2021) of a manuscript that has not yet been peer-reviewed for publication in a scientific journal. Anonymized data, R code, and all materials are available via the Open Science Framework: <https://osf.io/s2yv5/>.

Author Note

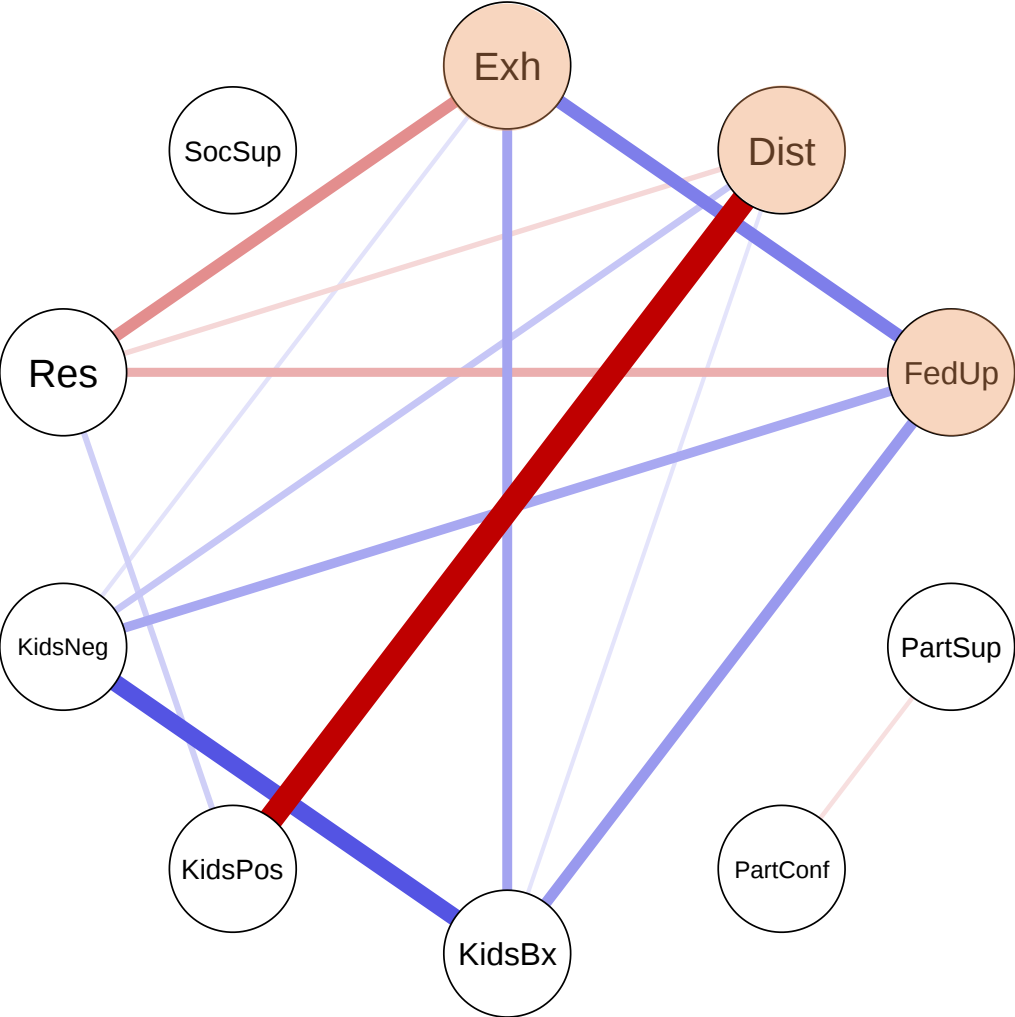
M. Annelise Blanchard  <https://orcid.org/0000-0002-9605-7022>

Jordan Revol  <https://orcid.org/0000-0001-5511-3617>



Results

Contemporaneous



Between-subjects

