

Distinct Pro-Environmental Behaviors as Differentially Predicted by Spirituality and Religiosity, and the Role of Underlying Emotions, Values, and Ideology

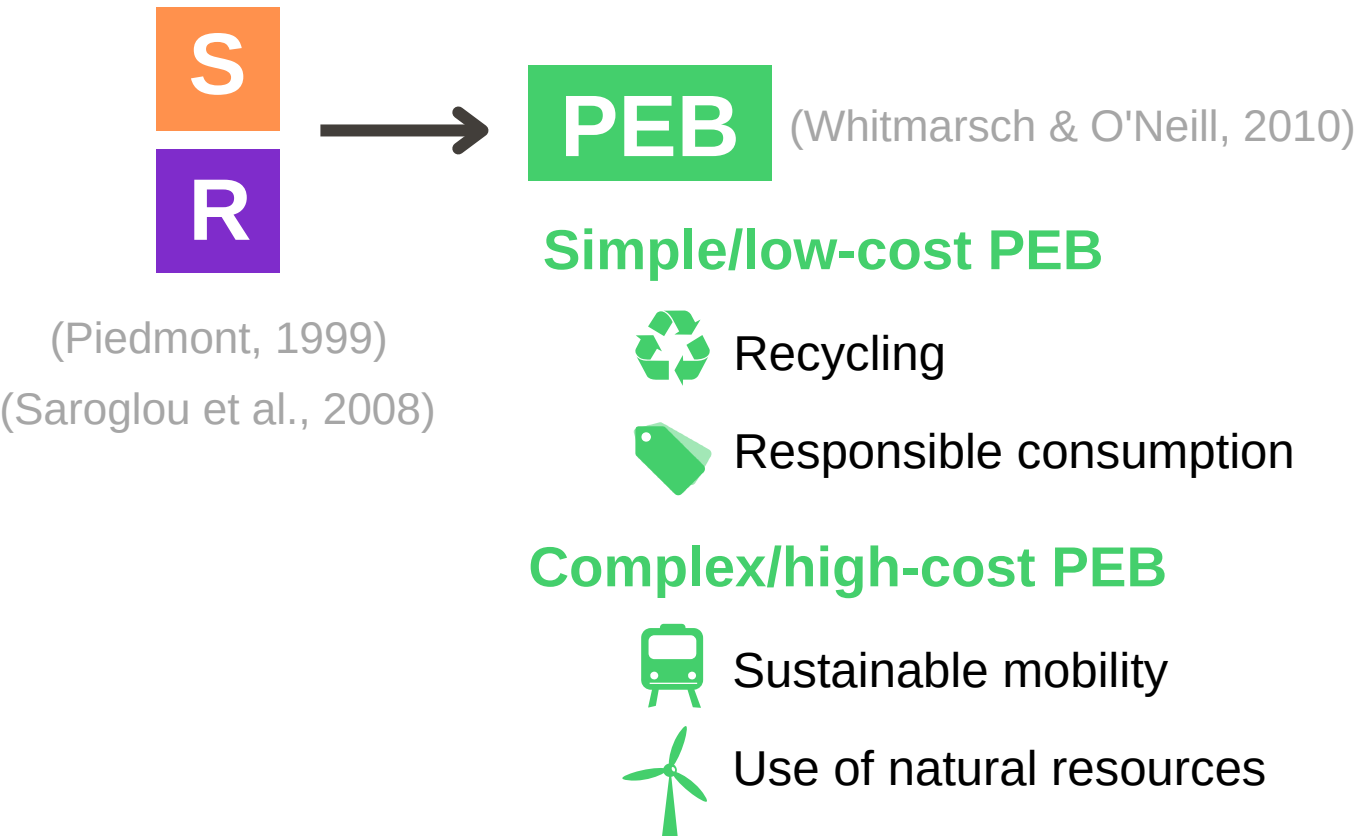
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1 Abstract

Religion's role on **Pro-Environmental Behavior (PEB)** is unclear. In this study ($N = 358$):

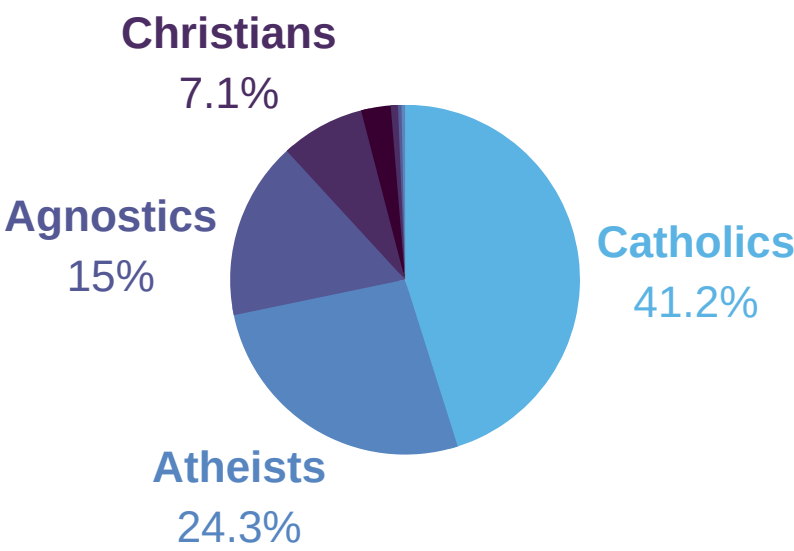
- **Spirituality (S)** predicted simple/low-cost (recycling, responsible consumption), but not complex/high-cost (sustainable mobility, use of natural resources), pro-environmental behavior. Dispositional awe, authenticity, and care mediated the positive link.
- **Religiosity (R)** predicted low complex behavior partly because of anthropocentrism and collectivistic morality.

2 Question and measures

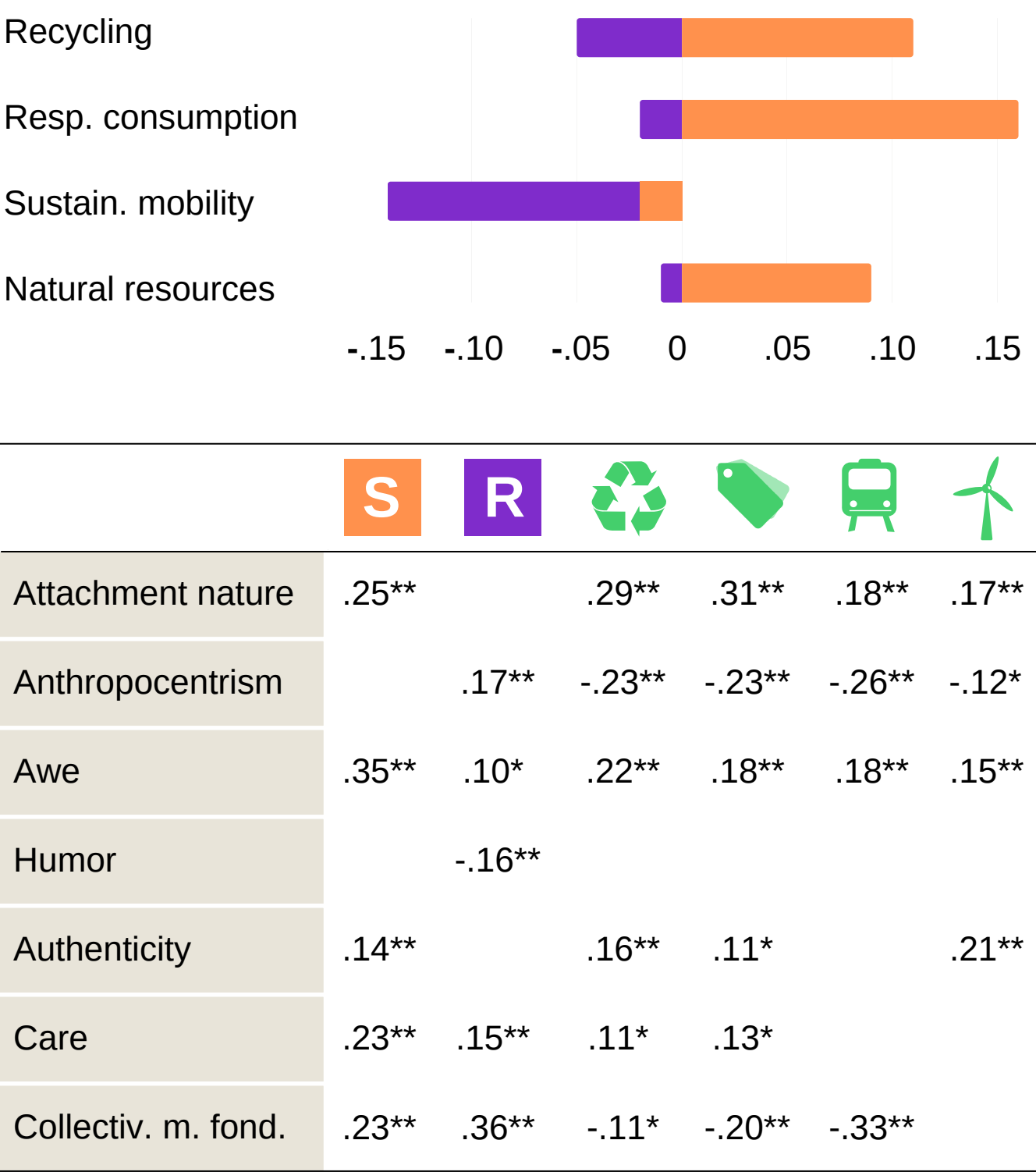


3 Participants

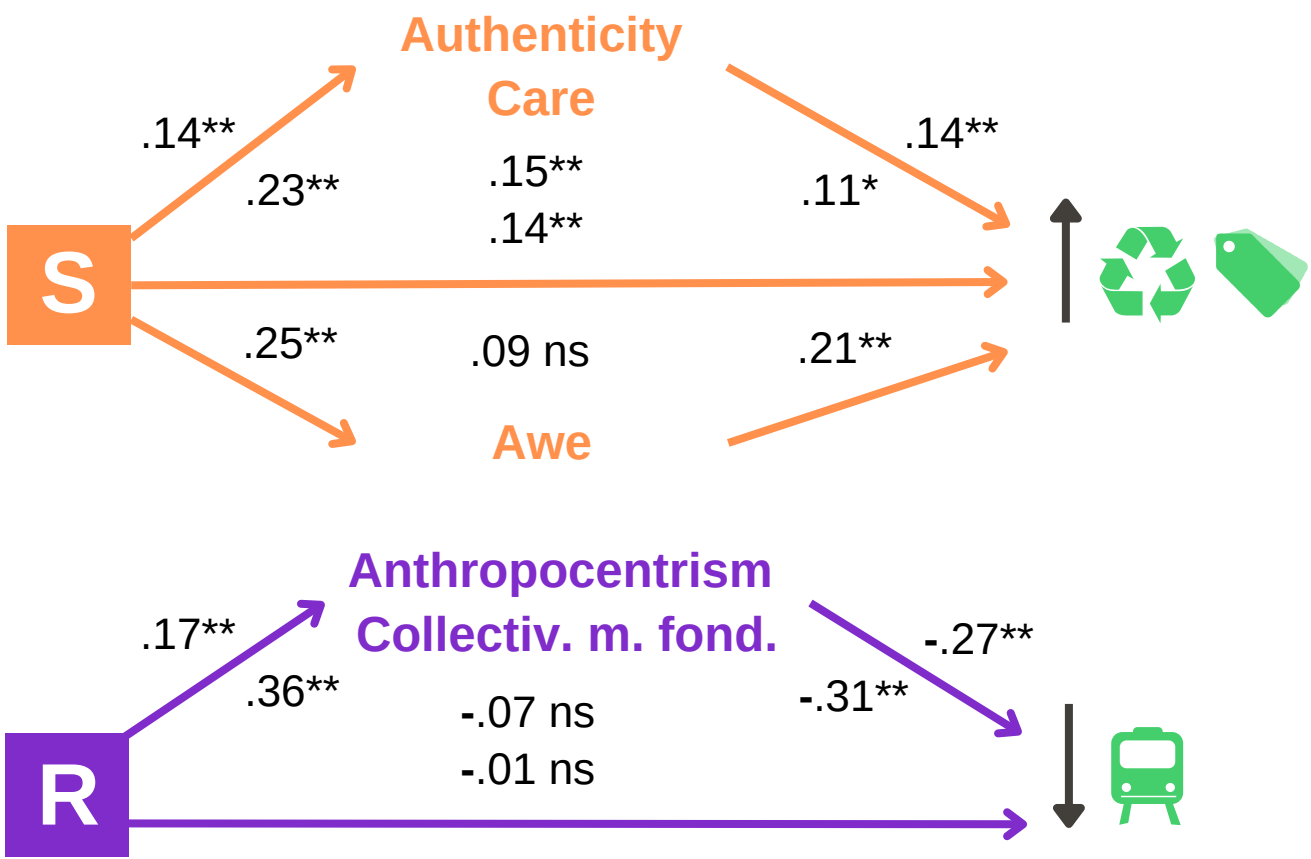
Online questionnaire
358 Belgian adults



4 Correlations



5 Mediations



6 Discussion

Importance of distinguishing between:

- **Pro-Environmental Behavior** vs. **attitudes**
- Simple/low-cost vs. complex/high-cost **PEB**
- **Spirituality (S)** vs. **Religiosity (R)**
- Self-transcendent vs. self-centred positive **emotions**

Unique role of **self-concept** (e.g. authenticity)