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What would a successful hospital alcohol dependency program for patients in transition look like? [Que serait un dispositif hospitalier adéquat au soutien de la transition chez les patients alcooliques ?]

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Abstract

Taking as a starting point the many possible connections between a teenage transition clinic and the roadblocks encountered in alcohol dependency, we stress the difficulty for anyone going through multiple moments of transition outside of the experience of fragile identity and breakdown. Each separation is a real loss of the other, and a part of oneself. How does a therapeutic framework attempt to work around these episodes? In an attempt to answer this question, we have explored the concepts of transitionality and primary maternal preoccupation, of transitional attachment, in order to get to grips with the processes of separation and individuation. We discuss how the different stages and specific approaches of a program can provide an opportunity to appreciate these challenges. Reestablishing speech and connecting to the other in caring spaces rehumanizes health professionals and nonhealth professionals alike, and should encourage patients to make changes enabling them to rediscover their inner strengths, also paving the way for them to reclaim their freedom. © 2021 Boeck Universite. All rights reserved.

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