

Changes in stable isotope compositions during fasting in phocid seals

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RATIONALE: The grey seal, *Halichoerus grypus* (GS), and the northern elephant seal, *Mirounga angustirostris* (NES), come ashore for reproduction. This period involves intense physiological processes such as lactation in females and a developmental post-weaning fast in juveniles. Previous studies have shown $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values are affected by starvation, but the precise effects of fasting associated to lactation and post-weaning fast in seals remains poorly understood.

METHODS: To examine the effect of lactation and post-weaning fast on stable isotopes in GS and NES, blood and hair were sampled from twenty-one GS mother-pup pairs on the Isle of May and on twenty-two weaned NES pups at Año Nuevo State Reserve during their respective breeding seasons. Milk samples were also collected from GS mothers. Stable isotope measurements were performed with an isotope ratio mass spectrometer coupled to an N-C elemental analyser.

RESULTS: Changes in stable isotope ratios in blood components during fasting were similar and weak between GS and NES mothers especially in blood cells (GS: $\Delta^{15}\text{N} = 0.05\text{‰}$, $\Delta^{13}\text{C} = 0.02\text{‰}$; NES: $\Delta^{15}\text{N} = 0.1\text{‰}$, $\Delta^{13}\text{C} = 0.1\text{‰}$). GS showed a ^{15}N discrimination factor between maternal and pup blood cells and milk, but not for ^{13}C . The strongest relationship between the isotopic compositions of the mother and the pup was observed in the blood cells.

CONCLUSIONS:

Isotopic consequences of lactation, fasting, and growth seem limited in NES and GS, especially in medium-term integrator tissues of feeding activity such as blood cells. Stable isotope ratios in the blood of pups and mothers are correlated. We observed a subtle mother-to-pup fractionation factor. Our results suggest that pup blood cells are mostly relevant for exploring the ecology of female seals.

Key words: stable isotopes, seal, lactation, post-weaning fast, reproduction

1. Introduction

Pups of pinnipeds are increasingly used as proxies to investigate maternal foraging strategies thanks to stable isotopes analyses. Indeed, pup isotope ratios reflect those of the females ^[1-3]. To validate the use of these proxies, stable isotopes values in pup tissues must be linearly correlated with values in maternal tissues. Moreover, investigating the foraging ecology of adult females requires consideration of the isotopic fractionation between mothers and pups, and how this fractionation might change during the course of nursing and weaning. Lactating female seals catabolize their tissues to produce milk. Therefore, nursing pups are placed at a trophic level higher than their mother with a consecutive isotope enrichment ^[1,3].

Phocid seals such as the grey seal, *Halichoerus grypus* (GS), and the northern elephant seal, *Mirounga angustirostris* (NES) undergo periods of prolonged fasting twice a year, during lactation and the annual moult ^[4-9]. During lactation, mothers fast for several weeks while secreting a fat-rich milk synthesized from their body reserves (duration: 17-23 days for GS and 24-28 days for NES). Seals may lose between 35-57% of stored body reserves during each of this period ^[10]. Pups are weaned abruptly and undergo a prolonged land-based post-weaning fast (~1-4 weeks for GS and ~8-10 weeks for NES) before departing to sea and initiating foraging ^[11-14]. This post-weaning fast is an important developmental time relative to the diving physiology of the pups ^[6,10]. The metabolic constraints experienced by the animal's body during the breeding season are extreme and can trigger a remobilization of carbon and nitrogen in tissues ^[15].

Stable carbon and nitrogen isotope ratios ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$) have been used widely to study marine mammal ecology ^[16]. This technic is based on the idea that the isotopic composition of a consumer is a proportional mixing of the isotopic composition of its prey, after accounting for isotopic fractionation in the digestion and assimilation process ^[17,18]. This fractionation typically results in enrichment in the heavier isotope ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$). The variation of the isotopic composition of the $\delta^{13}\text{C}$ between the predator and the prey is usually low. These values are therefore close to that of the diet and are indication on the primary production supporting the consumer indicating for example the aquatic vs. terrestrial, inshore vs. offshore or pelagic vs. benthic contribution to food intake ^[19,20]. At the opposite, the variation of the isotopic composition of the $\delta^{15}\text{N}$ between different trophic levels is typically more marked than for $\delta^{13}\text{C}$, leading to an predictable increase with trophic level ^[18,21]. $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values are also increasingly used in physiology studies of lactation ^[1,22–25], of energy acquisition ^[26], or of isotopic relationship between the mother and her offspring ^[1,3,27]. In phocid case, the importance of fasting periods on their body condition is important to considered before using pup stable isotopes values as proxies of the foraging behaviour of the mothers. Information regarding isotopic consequences of fasting during lactation and post-weaning fast is limited, especially in medium-term integrator tissues of feeding activity, such as blood cells. Pinnipeds relying on their stored blubber during fasting should express lower $\delta^{13}\text{C}$ values, since lipids are known to be ^{13}C -depleted during biochemical fractionation ^[28,29]. Many marine mammals also catabolize significant amounts of tissue proteins during lactation and fasting ^[16,25]. Fasting phocids enrich their tissues in ^{15}N and their blood urea in ^{14}N because of the net catabolic state ^[8,30–32]. In contrast, the anabolic state associated with the protein synthesis ^[33] can decrease ^{15}N in the maternal tissues ^[8] during gestation ^[34] or lactation ^[35].

To elucidate changes in isotopic composition during fasting in phocids, we investigated carbon and nitrogen ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$) isotopic dynamics in blood cells, serum, milk and hair of GS and NES during lactation and/or post-weaning fast.

2. Material and methods

(a) Sampling

Two longitudinal studies were performed in the grey seal, *Halichoerus grypus* (Fabricius 1791), and the northern elephant seal, *Mirounga angustirostris* (Gill, 1866), during lactation and/or post-weaning fast.

GS were sampled on the Isle of May, Scotland (56°11'N, 2°33'W), during the breeding season (October-December 2008). Twenty-one GS mother-pup pairs were captured in early lactation (T1: at 2-4 days postpartum) and recaptured 12-14 days later in late lactation (T2: at 15-17 days postpartum). Maternal and pup blood samples and mother's milk samples were collected at each capture ([Table S1](#)). Whole blood samples were collected from the extradural vein in BD Vacutainer™ red top serum tubes including a silicone-coated interior and increasing silica act clot activator. Maternal hair and lanugo were collected only during the second at late lactation (T2). Sixteen of the 21 pups were recaptured once or twice after weaning (T3 and T4: day 19 and day 30 postpartum respectively) to collect blood samples. Animal handling and sample collection methods have been described previously ^[36]. All GS captures and sampling were performed under UK Home Office licence.

Northern elephant seals (NES) were sampled at Año Nuevo State Reserve, California, USA (37°06'30''N, 122°20'10''W), after the breeding season (February-April 2010). Twenty-two NES weaned pups were captured three times throughout the post-weaning fast period. The captures occurred at week 1 (~35 days postpartum), week 4 (~56 days postpartum) and week 7 (~81 days postpartum) of the post-weaning fast. Whole blood samples were collected from the extradural vein in Vacutainer™ red top serum tubes.

Lanugo and new hair were collected at week 1 and week 4 respectively. Extra blood samples from 14 of the 22 weaned pups were collected once more at the very end of the post-weaning fast (week 9, ~92 days postpartum). Animal-handling and sample-collection methods have been described previously ^[37].

GS and NES females and pups were weighted to the nearest 0.2 kg and 0.1 kg respectively. The length and axial girth of adult females and weaned pups were measured. **Pups were sexed.** Biometric data of GS and NES are summarized in **Table S1** and **Table S2**, respectively.

All samples were kept on ice in the field (at 4°C). At the end of each day, whole blood samples were centrifuged for 20 min and the cellular component was harvested for analysis. Serum was aliquoted into 5 mL plastic tubes and all samples were stored at -20 °C in the laboratory until analysed.

(b) Sample preparation

Prior to stable isotope analysis, blood cell and serum samples were freeze-dried, ground with a mortar and pestle into powder. After thawing, hair and lanugo were washed ultrasonically with reagent grade acetone (acetone for analysis, EMSURE®, Merck) and were rinsed repeatedly with 18.2 MΩ-cm deionized water to remove exogenous contaminants, according to the method recommended by the International Atomic Energy Agency ^[38]. Hair samples were then freeze-dried for 24h. Whole blood (containing Red Blood Cells, RBCs) and metabolically inert tissues constructed of keratin like hair do not require lipid extraction because they do not contain considerable lipids. Indeed, the major carrier of fatty acids in these tissues is serum albumin meaning also that serum contains higher lipids than RBC ^[35,39].

We investigated possible effects of lipid removal in serum on its isotopic composition. A randomly chosen subset of freeze-dried serum samples (from grey seal mothers and pups, $n = 10$) were lipid-extracted using repeated rinses with 2:1 chloroform:methanol prior to analysis. These preliminary tests showed that lipid removal did not significantly affect $\delta^{13}\text{C}$ values of serum (data not shown).

(c) Stable isotope ratio analysis

Approximately 1.0 -2.0 mg of freeze-dried blood cells and serum, and 1 mg of hair and lanugo were weighed and loaded into tin boats. Approximately 4-5 mg and 1.5 mg of dried full milk were weighed to obtain nitrogen and carbon isotopic compositions respectively. All dried masses were measured to the nearest 0.01 mg. Stable isotope measurements were performed with an isotope ratio mass spectrometer (V.G. Optima – Micromass or IsoPrime100) coupled to an N-C-S elemental analyser (Carlo Erba or Vario MICRO cube, Elementar) for automated analyses.

SI abundances are expressed in delta (δ) notation as the deviation from standards in parts per thousand (‰) according to the following equation:

$$\delta X = \left(\frac{R_{\text{sample}} - R_{\text{standard}}}{R_{\text{standard}}} \right)$$

where X is ^{13}C or ^{15}N and R is the corresponding ratio $^{13}\text{C}/^{12}\text{C}$ or $^{15}\text{N}/^{14}\text{N}$. In this study, δ values are multiplied by 1000 for easier understanding. Standard values were based on the Vienna PeeDee Belemnite (VPDB) for $\delta^{13}\text{C}$ measurements and atmospheric nitrogen for $\delta^{15}\text{N}$ measurements. Reference materials were IAEA-N1 ($\delta^{15}\text{N} = 0.4 \pm 0.2\text{‰}$) and IAEA CH-6 (sucrose) ($\delta^{13}\text{C} = -10.4 \pm 0.2\text{‰}$). Internal standards (glycine) and replicates were inserted into all runs every 12 samples to calibrate the system and to assess drift

over time. Standard deviations of internal standard replicates were 0.1‰ and 0.3‰ for carbon and nitrogen, respectively.

(d) Statistical analyses

Our data were compiled with in-house data (Fig. 3, Table 3) previously measured in blood and milk of ten NES females and their pups during lactation (~ day 5 and day 22 post-partum), published in [40].

The normal distribution of the data was checked with a Shapiro test and the homogeneity of variances with a Barlett test. Because data were normally distributed and respected the homogeneity of variances, parametric tests were used for statistical analyses. Statistical significance was determined when $p < 0.05$. To evaluate changes in stable isotope values and elemental ratios in the different tissues and the different sampling times, analysis of variance (ANOVA) with repeated measures and Scheffé post-hoc test were used. In case of only two tissues or two sampling times, paired t-tests were used to compare means. Results were presented as mean $\pm$ standard deviation (SD). The difference observed between isotopic ratios in different periods or between mother and pup are expressed in uppercase delta notation (Δ).

3. Results

3.1. Tissue variation of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values in grey seals

In females, the lowest mean $\delta^{15}\text{N}$ value was observed in blood cells (14.1‰, both for T1 and T2) and the highest mean value in milk (17.7‰, at T1). The maternal $\delta^{15}\text{N}$ values differed between blood cells, serum and milk ($F_{2,80} = 202.4$, $p < 0.001$ at T1 and $F_{2,80} = 104.3$, $p < 0.001$ at T2, ANOVA with repeated measures) while the $\delta^{15}\text{N}$ values in serum and milk at T2 were similar (15.0‰ vs. 15.0‰, $p = 1.00$, Scheffé *post-hoc* test). The $\delta^{15}\text{N}$ pup values differed between lanugo (only in T2), blood cells and serum at T1, T2, T3, and T4 ($F_{1,59} = 115.3$, $p < 0.001$ at T1, $F_{2,59} = 152.8$, $p < 0.001$ at T2, $F_{1,49} = 168.5$, $p < 0.001$ at T3 and $F_{1,41} = 141.8$, $p < 0.001$ at T4, ANOVA with repeated measures, [Table 1](#)) but were not statistically different between blood cells and serum ($F_{1,59} = 115.3$, $p = 1.00$ at T1, $F_{1,59} = 152.8$, $p = 1.00$ at T2, $F_{1,49} = 168.5$, $p = 1.00$ at T3 and $F_{1,41} = 141.8$, $p = 1.00$ at T4, ANOVA with repeated measures, [Table 1](#)).

The lowest $\delta^{13}\text{C}$ value was observed in milk (-23.6‰) and the highest in maternal hair (-15.3‰, [Table 1](#)). The $\delta^{13}\text{C}$ values measured in maternal tissues differed significantly between blood cells, milk, and hair (only in T2) ($F_{1,80} = 202.4$, $p < 0.001$ at T1 and $F_{2,80} = 104.3$, $p < 0.001$ at T2, ANOVA with repeated measures), but were similar between blood cells and serum ($F_{1,80} = 202.4$, $p = 0.285$ at T1 and $F_{1,80} = 104.3$, $p = 0.999$ at T2, ANOVA with repeated measures). The mean $\delta^{13}\text{C}$ values differed between pup tissues, i.e. blood cells, serum, and lanugo (only in T2) at T1, T2, T3, and T4 ($F_{1,59} = 115.3$, $p < 0.001$ at T1, $F_{2,59} = 152.8$, $p < 0.001$ at T2, $F_{1,49} = 168.5$, $p < 0.001$ at T3 and $F_{1,41} = 141.8$, $p < 0.001$ at T4, ANOVA with repeated measures).

3.2. Tissue variation of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values in northern elephant seals

The mean $\delta^{15}\text{N}$ values ranged from 15.9‰ in lanugo at week 1 to 18.5‰ in serum at week 9 (**Table 2**). The weaned pup $\delta^{15}\text{N}$ values differed between blood cells, serum, new hair (week 1) and lanugo (week 4) at weeks 1, 4, 7 and 9 ($F_{2,84} = 199.7, p < 0.001$, $F_{2,84} = 220.8, p < 0.001$, $F_{1,84} = 247.6, p < 0.001$ and $F_{1,84} = 174.2, p < 0.001$ respectively, ANOVA with repeated measures) but they remained similar between serum and new hair at week 1 ($F_{1,84} = 199.7, p = 0.814$, ANOVA with repeated measures) and between blood cells and lanugo at week 4 ($F_{1,84} = 220.8, p = 0.281$, ANOVA with repeated measures, **Table 2**).

The NES $\delta^{13}\text{C}$ values ranged from -21.0‰ in serum at week 7 to -18.1‰ in new hair at week 1 (**Table 2**). The $\delta^{13}\text{C}$ values measured in weaned pup tissue differed significantly between blood cells, serum, new hair (week 1) and lanugo (week 4) at weeks 1, 4, 7 and 9 ($F_{2,84} = 199.7, p < 0.001$, $F_{2,84} = 220.8, p < 0.001$, $F_{1,84} = 247.6, p < 0.001$ and $F_{1,84} = 174.2, p < 0.001$, respectively, ANOVA with repeated measures).

3.3. Stable isotope discrimination between grey seal mothers and their pup

In GS, the $\delta^{15}\text{N}$ values in blood cells were significantly higher in pups than in mothers ($\delta^{15}\text{N} = +2.4\text{‰}$ in T1 and $+2.6\text{‰}$ in T2, for both $p < 0.001$, paired t test, **Tables 1 and 5, Fig. 1A**). The $\delta^{15}\text{N}$ values in serum were significantly higher in pups than in mothers ($\delta^{15}\text{N} = +1.3\text{‰}$ in T1 and $+1.8\text{‰}$ in T2, for both $p < 0.001$, paired t test, **Tables 1 and 5**). The $\delta^{15}\text{N}$ value in lanugo was lower than that in maternal hair ($\delta^{15}\text{N} = 1.4\text{‰}$, $p < 0.001$, paired t test, **Tables 1 and 5, Fig. 2A**).

The $\delta^{13}\text{C}$ values differed significantly between mother and pups in blood cells ($\delta^{13}\text{C} = 0.08\text{‰}$, $p = 0.015$ in T1 and $\delta^{13}\text{C} = 0.2\text{‰}$, $p < 0.001$ in T2, paired t test, **Tables 1 and 5, Fig. 1B**), in serum ($\delta^{13}\text{C} = 0.7\text{‰}$ in T1 and 1.2‰ in T2, for both $p < 0.001$, paired t test,

Tables 1 and 5) and in lanugo and maternal hair ($\Delta^{13}\text{C} = 1.5\text{‰}$, $p < 0.001$, paired t test, **Tables 1 and 5, Fig. 2B**).

3.4. Changes of $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values during fasting

Grey seal females. Stable isotope ratios did not differ between T1 and T2 in blood cells ($\Delta^{15}\text{N} = 0.05\text{‰}$, $p = 0.244$, $\Delta^{13}\text{C} = 0.02\text{‰}$, $p = 0.361$, paired t test) but were significantly different in maternal serum ($\Delta^{15}\text{N} = 0.2\text{‰}$, $p < 0.001$, $\Delta^{13}\text{C} = 0.3\text{‰}$, $p < 0.001$, paired t test) and in milk ($\Delta^{15}\text{N} = -2.7\text{‰}$, $p < 0.001$, paired t test; $\Delta^{13}\text{C} = +1.1\text{‰}$, $p < 0.001$, paired t test, **Table 1**).

Grey seal pups. Stable isotope ratios in blood cells and in serum did not differ significantly between T1, T2, T3 and T4 (For both $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values: $F_{3,66} = 6.3$, $p > 0.05$; $F_{3,66} = 4.0$, $p > 0.05$; ANOVA with repeated measures).

Northern elephant seals. $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ values in blood cells did not vary throughout the post-weaning fast ($F_{3,84} = 1.00$, $p = 0.154$ for $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$, ANOVA with repeated measures, **Table 2**). The $\delta^{15}\text{N}$ values in serum remained stable at the beginning of the fast ($F_{3,84} = 11.1$, $p > 0.05$, ANOVA with repeated measures) and then increased at week 7 ($F_{3,84} = 11.1$, $p < 0.001$, ANOVA with repeated measures). The $\delta^{13}\text{C}$ values in serum decreased at the beginning of the fast ($F_{3,84} = 11.1$, $p < 0.001$, ANOVA with repeated measures), then remained stable ($F_{3,84} = 11.1$, $p > 0.05$, ANOVA with repeated measures). The $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ values in new hair were greater than in lanugo ($\Delta^{15}\text{N} = 1.9\text{‰}$, $p < 0.001$, paired t test; $\Delta^{13}\text{C} = 0.17\text{‰}$, $p < 0.030$, paired t test, **Table 2**).

4. Discussion

The aim of this study was to elucidate changes in isotopic composition during fasting in phocids. In that goal, we investigated carbon and nitrogen ($\delta^{13}\text{C}$ and $\delta^{15}\text{N}$) isotopic dynamics in blood cells, serum, milk and hair of GS and NES during lactation and/or post-weaning fast.

We demonstrated that changes in the $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values during lactation and post-weaning fast were similar between the grey seal and the northern elephant seal. Both species showed a nitrogen isotope fractionation between mother and offspring, but the amplitude of this fractionation was tissue-, time-, and species-specific. Specifically, in contrast to the generally described enrichment of $\delta^{15}\text{N}$ values in pups relative to maternal tissues [22,23,26,41,42], $\delta^{15}\text{N}$ values in the lanugo were lower than values in maternal hair (15.1‰ in pups vs. 16.5‰ in mothers. Both species displayed a similar time-trend profile in the stable isotope ratios during fasting associated with the lactation and the post-weaning period (**Fig. 3**). The main results of this study is that stable isotope ratios in blood cells from pups strongly reflected those of their mothers (**Fig. 1**) confirming the idea of using pups as proxies to investigate maternal foraging strategies, habits and places.

4.1. Fractionation between mothers and their pups

In the present study, the stable isotope values measured in the blood cells of the pups reflected that of their mothers in a predictable way ($r = 0.96$, **Fig. 1A**). Both phocid species showed a ^{15}N fractionation between maternal and pup blood cells (from 0.6‰ to 2.6‰, **Table 3**). This fractionation is even more important in milk consistent with the fact that pups do not feed on their mother's blood but on milk: a $\Delta^{15}\text{N}$ of 1.7‰ was

calculated between milk and pups (serum and blood cells) in grey seal pup at the end of their lactation period. A $\Delta^{15}\text{N}$ of 1.0‰ was previously described between milk and serum in elephant seal pups at the end of their lactation period [40]. Whole milk is often ^{15}N depleted compared with other maternal tissues [1]. In grey seal our data suggest higher or similar $\delta^{15}\text{N}$ values in milk compared to blood cells and serum at the beginning and end of lactation (Table 2). Ducatez et al. [27] showed similar results in whole blood of southern elephant seals (Table 3). No fractionation was observed for ^{13}C in NES and GS. Table 3

4.2. Fasting and stable isotope ratios

Lactation: $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ values in female were similar between the beginning and the end of the lactation (~ 2 weeks) for both the GS and the NES. Lactating females catabolizes their tissues (blubber, muscle) to produce milk without any food intake and therefore an increase of stable isotope ratios was expected [15,43]. A previous meta-analysis showed large variations in the $\delta^{13}\text{C}$ and $\delta^{15}\text{N}$ values of various consumer species in relation to starvation [15]. During starvation, N and C uptake is near zero, but N and C loss by excretion and respiration remains, even at low rate [44]. Fasting causes an average increase in the isotopic value of organisms of 0.5‰ for $\delta^{15}\text{N}$ depending on the tissue type [45] and fasting duration [46]. $\delta^{15}\text{N}$ values are often seen to increase with fasting once an organism begins to catabolize tissues [47,48]. During fasting, an organism catabolizes first its lipid reserves, before switching to catabolize proteins [48,49]. However, this enrichment in $\delta^{15}\text{N}$ occurs when fasting or starvation is severe enough to cause protein, rather than lipid catabolism [46,48]. In grey seals and elephant seals, fasting is associated with an very intense lactation process and the maternal mass and fat content strongly influences the maternal investment in pinnipeds [50]. This rate of lipid energy output in phocids requires extensive lipid mobilization, mainly from blubber [51]. The organs that will become ^{15}N -

enriched during a fast are those that maintain significant synthesis which might not be the case for lactating females ^[52].

Post-weaning fast: Stable isotope ratios in NES weaned pups (present study) are similar with values observed in suckling pups at the end of their lactation period ^[40]. $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ values in blood cells of both species did not vary significantly during this period. In contrast, NES serum was progressively enriched in ^{15}N during the fast ($\Delta^{15}\text{N} = +0.9\text{‰}$), while it was slightly depleted in ^{13}C ($\Delta^{13}\text{C} = -0.4\text{‰}$). $\Delta^{15}\text{N}$ values increase with fasting time ^[46] which was longer in NES (9 weeks) compared to GS (less than 2 weeks). These changes in the serum were expected since catabolism of protein from lean tissues (*e.g.*, muscle) during periods of nutritional stress may cause an increase of $\delta^{15}\text{N}$ values and a decrease of $\delta^{13}\text{C}$ because of the production of energy compounds (*e.g.* body proteins synthesis) ^[23,33,47]. Changes were detectable in serum as it is a short-term integrator of diet ^[53,54]. In contrast, blood cells integrate a period of several months in large mammals ^[55,56] as the half-life is estimate at 35 days in mammal blood ^[57], and thus buffering the short-term fasting effect found in tissues with high turnover rates.

4.3. Special insight on hair tissue

In contrast to the enrichment in ^{15}N of pup tissues relative to maternal tissues usually described ^[22,23,26,41,58], lanugo of GS pups showed $\delta^{15}\text{N}$ values lower than maternal hair ($\Delta^{15}\text{N} = 1.4\text{‰} \pm 0.7$ and ± 0.5 respectively; [Table 1](#)).

This highlights again that the isotopic fractionation between offspring and mother is tissue-specific and no generalizations can be made across multiple tissues. Moreover, the relationship between $\delta^{15}\text{N}$ values in lanugo and maternal hair in GS ([Fig. 2](#)) was weaker

than in RBC (**Fig. 1**). Our study showed that, using pup hair as proxy to investigate the foraging ecology of adult females as done previously in various studies^[3,59] should be carefully discuss and requires validation. In the present study, we observed a negative fractionation between maternal hair and lanugo and no correlation between the $\delta^{15}\text{N}$ values of the maternal hair and the lanugo. This may be explained by the fact that the active hair growth of phocids begins at the annual moult for ~ 12 weeks^[60] meaning that the isotopic composition of the hair after the moult and so before the lactation represent prior moult foraging activities. On the other hand, the lanugo is synthetized during gestation and so according to the post moult foraging activities. Meaning that maternal hair and lanugo represent different period of feeding. Lanugo may be so difficult to use as a proxy of the foraging habit of the mother as showed our results. A lot of caution should be taken before compare hair and lanugo to use it as a proxy of the maternal foraging habit as assuming that the adult female uses the same foraging habitat and resources before and after the moult and that there is no change of baseline isotopic values during these two periods^[61].

The $\delta^{15}\text{N}$ and $\delta^{13}\text{C}$ values observed in lanugo of NES ($15.9 \pm 0.9\text{‰}$ and $-18.3 \pm 0.3\text{‰}$, respectively) were similar to those reported previously in lanugo of NES suckling pups from Año Nuevo^[3], with values of $15.6 \pm 1.0\text{‰}$ and $-17.6 \pm 0.4\text{‰}$, respectively. Results in NES pup hair in the present study showed that $\delta^{15}\text{N}$ values differed between lanugo and new hair of weaned pups ($11.9\text{‰} \pm 0.9$ and ± 0.6 , respectively; **Table 2**). Lanugo is produced during gestation and nutrients required for its growth were directly transferred from the maternal blood. In contrast, new hair of weaned pups is likely produced at the end of lactation and at the beginning of the post-weaning fast; the protein required was thus obtained from the milk or from mobilization of pup tissue stores, meaning hair is

protein. In addition to the distinct nutrient source and period of growth (gestation vs. lactation/fast), a likely different composition of hair might also influence the isotopic composition. Indeed, the lanugo is composed of long, thin, woolly hair whereas new hair of weaned pups looks like adult hair, which is short, dense, and thick. Consequently, it is essential to clearly define the hair type of pups (lanugo or new hair) in ecological studies using stable isotope analysis ^[3,59].

Although hair is a metabolically inert tissue, it would also be interesting to confirm the absence of changes in isotopic composition through time, i.e. over the whole year, between new hair collected in a season and moult hair in the following season (thus the same hair collected from a same animal). These changes might be due to potential alteration, depigmentation, or exogenous deposit on hair surface. Once it is validated, monitoring of annual fluctuations in the isotopic signature of hair could be performed.

Conclusion

Many marine mammals, like phocids, experience seasonal cycles in food intake and energy demands that may impact the physiological processes that govern isotopic fractionation during metabolism and tissue synthesis ^[62]. In the light of our findings, isotopic consequences of lactation, fasting, and growth seem limited in NES and GS, especially in medium-term integrator tissues of feeding activity such as blood cells. Besides, the pup blood reflects the isotopic composition of maternal blood, supplemented by a subtle mother-to-pup fractionation factor. Our results suggest that pup blood cells are mostly relevant for exploring the ecology of adult mammal populations.

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