

STRONGER
TOGETHER



THE ORTHOPAEDIC PATIENT *Who cares?*

3-4 MAY 2018 Square Brussels
ORTHOPAEDICA BELGICA

www.orthobelgica.be



Dear colleagues
and friends,

It is obvious that the health landscape in Belgium is about to be transformed by impending government-driven regulation with potentially significant impact on orthopaedic surgical and trauma care.

A morning session jointly organized with the present health care authorities ('Quo vadis orthopaedics?') will hopefully clarify matters substantially.

Furthermore, hospital stays are becoming increasingly shorter in duration, which in turn brings about care transfer to primary care physicians, visiting home nurses, physiotherapists and more.

In this respect, fine-tuning and synchronising our care pathways becomes instrumental and is indeed one of the main objectives of the convention.

Apart from the upcoming major regulatory and financial changes, we observe – unmistakably – a trend towards sub-specialisation which undoubtedly has improved the quality of musculo-skeletal patient care. However, joint discussions about common themes and concerns, as well as meetings to determine efficient strategies, remain a crucial requirement for the wellbeing and advancement of our profession. The annual national convention continues to serve as the perfect platform for these aims.

United we stand, divided we fall.

We hope you will enjoy and get inspired!

See you in Brussels,

Guy Molenaers
BVOT President

David Zorman
Sorbcot President





DID YOU KNOW AT LEAST 20% OF KNEE REPLACEMENTS SHOULD BE PARTIALS?¹

Persona[®] PARTIAL KNEE

Research shows that surgeons utilising PKA for at least 20% of their annual knee replacements experienced a significant decrease in their revision rate.¹ One study indicated that almost 50% of knee replacement patients are candidates for PKA.²

Introducing the Persona Partial Knee, the next era in personalization. Offering anatomic shapes and compartment-specific components, supported by efficient instrumentation.



1. Liddle *et al.* Bone Joint J 2015;97-B:1506–11.
2. Willis-Owen CA, *et al.* Knee. 2009 Dec;16(6):473–8.

All content herein is protected by copyright, trademarks and other intellectual property rights, as applicable, owned by or licensed to Zimmer Biomet or its affiliates unless otherwise indicated, and must not be redistributed, duplicated or disclosed, in whole or in part, without the express written consent of Zimmer Biomet.

This material is intended for health care professionals, Zimmer Biomet employees, the Zimmer Biomet sales force, and authorized representatives. Distribution to any other recipient is prohibited.

For product information, including indications, contraindications, warnings, precautions, potential adverse effects and patient counseling information, see the package insert and www.zimmerbiomet.com. Not for distribution in France.

Check for country product clearances and reference product specific instructions for use.

©2018 Zimmer Biomet

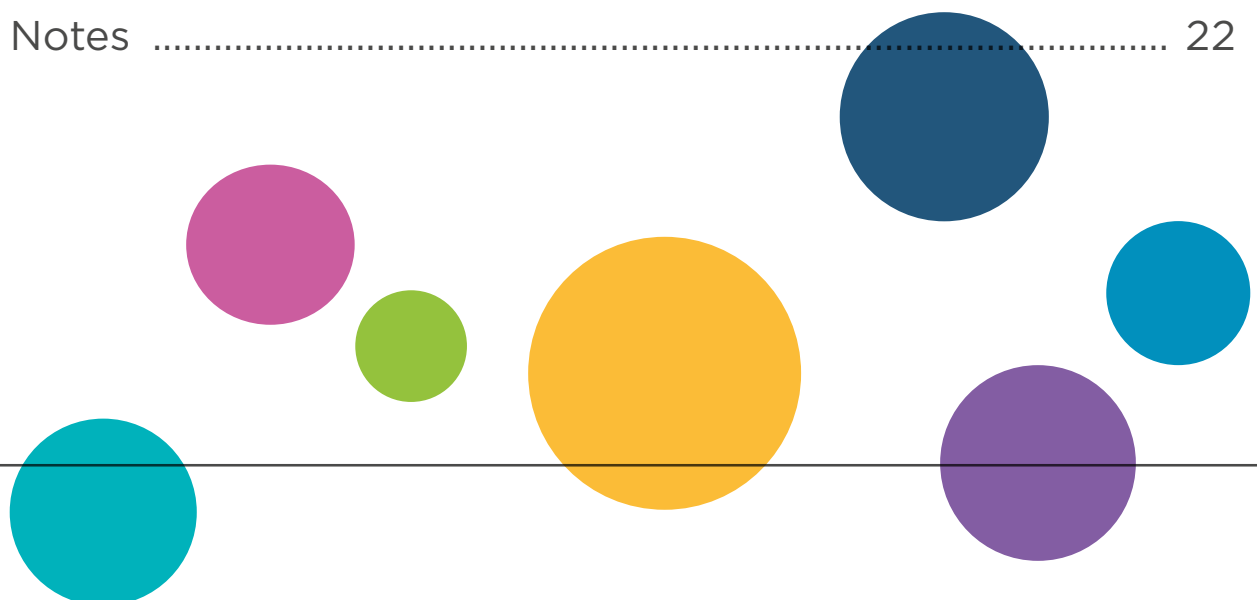
Zimmer Biomet BVBA/SPRL
Meyskens II
Is. Meyskensstraat 224
B – 1780 Wemmel
T 0032 (0)2 456 12 12



ZIMMER BIOMET
Your progress. Our promise.[®]

Table of Content

Practical Information	5
Exhibitors	6
Faculty	7
3 May	8
Plenary Session	8
Parallel Sessions Subgroups	11
Subgroup 1	13
Subgroup 2	14
Subgroup 3	15
4 May	16
Plenary Session	16
Parallel Sessions Subgroups	18
Subgroup 1	19
Subgroup 2	20
Subgroup 3	21
Notes	22



Together we can transform orthopaedics.

stryker

Come visit our booth and the Mako robot at Orthopaedica Belgica! You can register for a live demo via events.belgium@stryker.com or via your sales rep. Places are limited so register yourself now!

Thursday 03/05

- 10:30 THA
- 12:30 THA
- 16:00 THA

Friday 04/05

- 11:00 TKA
- 13:00 TKA



HELLO

my name is

Mako

Practical Information

The Venue

Square - Brussels

Mont des Arts, 1000 Brussels

Registration

Registration is required to access the meeting. We recommend you register online before the congress as available seats and material cannot be guaranteed for onsite registrations.

Welcome desks will open on Thursday 3 May 07.00-16.00 and Friday 4 May 07.30-15.00. **Access with badge only.**

Registration fee covers access to all sessions on the selected days (incl. coffee breaks and lunches) and materials distributed onsite (Congress book including the program and notebook).

Registration fee does not cover hotel accommodations.

Congress Dinner

Do not miss the **Early Orthopaedic walking dinner** in the the **Kwint** (right above the Square) on Thursday: the perfect opportunity to relax, network and dance with your colleagues and friends! (same DJ as in Knokke).

Costprice is €75,00 incl VAT.

Accreditation

Credits will be requested to Riziv/Inami for surgeons. IMPORTANT: in order to be eligible, do not forget to enter your Riziv/Inami number during your registration.

Contact

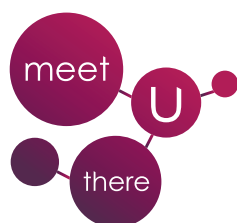
Meet U There - Professional Congress Organiser

Herendal 4 Bus 8

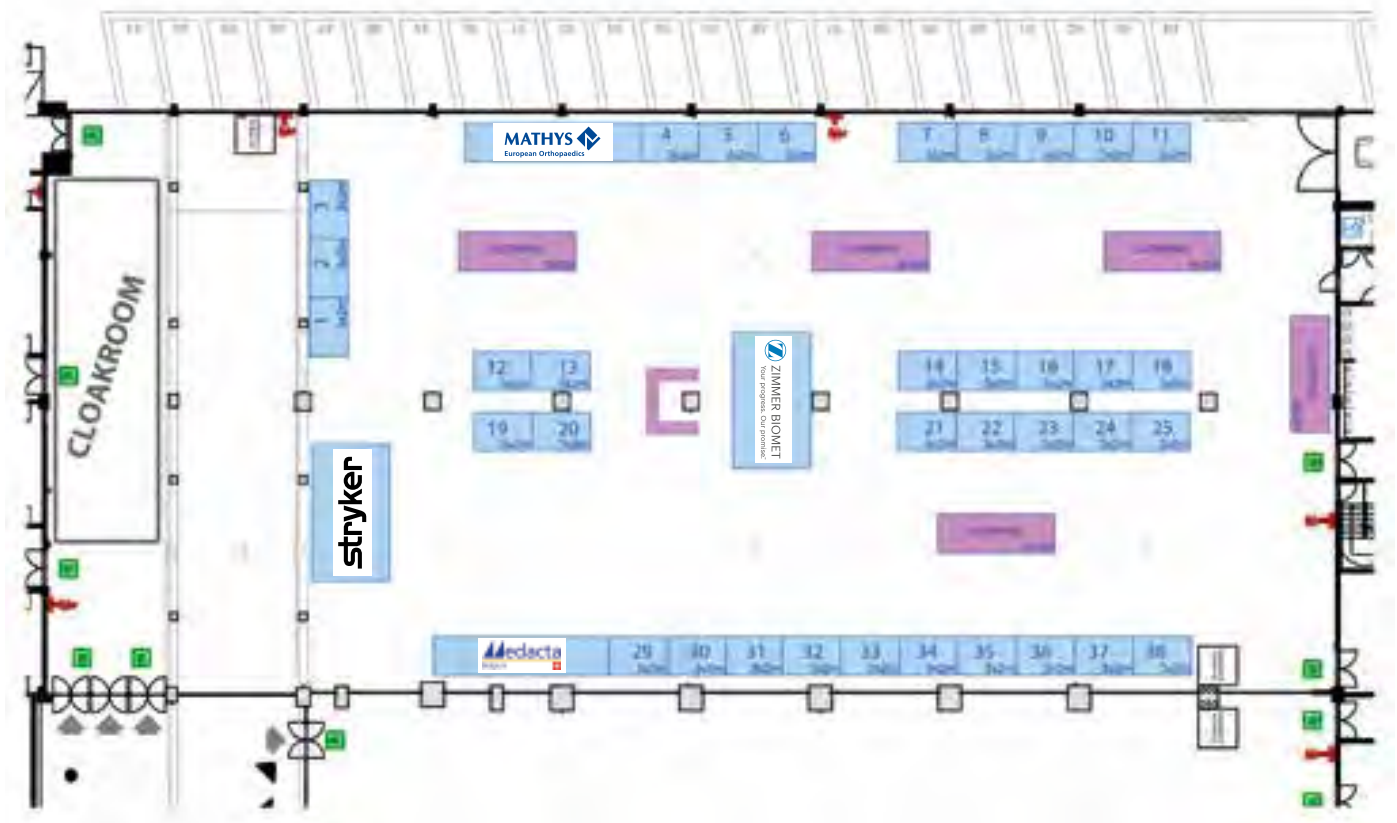
1150 Brussels

www.meetuthere.be

registration@orthobelgica.be



Exhibitors



Gold Sponsors	Stryker
	Zimmer Biomet

Silver Sponsors	Mathys
	Medacta

1	Promedionics
2	MoveUp
3	Mylan
4	Materialise
5	Ossür
6	V!go
7	MediCAD Hectec
8	Mölnlycke
9	Corin
10	Sanofi
12	Thuasne
13	OrthoGrow
14	Sprofit
15	Integralife
16	Heraeus
17	Gannet
18	K2S

19	TRB Chemedica
20	Aqtor
21	Depuy Synthes
22	Depuy Synthes
23	Stöpler
24	Stöpler
25	Adler Ortho
29	Amplitude
30	Amplitude
31	smith&nephew
32	smith&nephew
33	smith&nephew
34	Arthrex
35	Arthrex
36	Ortho-team
37	Ortho-team
38	Ortho-team

Faculty

Bahm Jörg

Balcaen Koen

Bataillie Filiep

Bellemans Johan

Booghs Cedric

Boscart Véronique ^{CA}

Brabants Karl

Bruynhooghe Peter

Caracudovici Ionut

Casteels Minne

Cermak Katia

Claeys Kurt

Clockaerts Stefan

Collin Benoît

Cornu Olivier

De Baets Thierry

Debeer Philippe

De Block Maggie

De Bruyker Annelies

de Groof Eric

De Keyzer Pieter-Bastiaan

De Mulder Peter

De Mulder Kris

Desmyter Stefan

De Vroey Henri

De Wachter Jeroen

De Weerdt Wim

Dienst Michael ^{DE}

Dingenen Bart

Docquier Pierre-Louis

Duerinckx Joris

Elbaum Robert

Elpers Rudy

Fierens Christophe

Goderis Geert

Govaers Kris

Griffin Damian ^{UK}

Hermans Stijn

Hollevoet Nadine

Jeys Lee ^{UK}

Kurth William

Leenders Tim

Louagie Marleen

Manktelow Andrew ^{UK}

Marchal Christophe

Matricali Giovanni

Mettepenningen Christel

Michels Frederick

Michiels Koen

Moke Lieven

Molenaers Ben

Molenaers Guy

Mouraux Dominique

Mulleneers Laura

Mulpas Forence

Munting Everard

Ninulescu Cristian

Noyez Jan

Nuyts Rudy

Pérez Carro Luis ^{ES}

Pittoors Kathleen

Plasschaert Frank

Putineanu Dan

Putzeys Guy

Quintelier An

Reynders Peter

Schaep Chloé

Scheerlinck Thierry

Schelfaut Sebastiaan

Schiepers Philippe

Schubert Thomas

Shumelinsky Félix

Simon Jean-Pierre

Sinnaeve Friedl

Somville Johan

Steenwerckx Anny

Steffens Ester

Stuyts Bart

Sys Gwen

Timmerman Nicola

Van Alphen Hans

Van Bouwel Saskia

Van Daele Peter

Van Damme Geert

Vandekerckhove Pieter-Jan

Vanden Eeckhoutte Heidi

Vandenneucker Hilde

Van den Wyngaert Tim

Van den Wyngaert Hans

Vandeputte Geoffroy

Vandermeulen Erik

Vandesande Wim

Vandeurzen Jo

Vanhaecke Jeroen

Vanhees Mathias

Van Hyfte Patricia

Van Isacker Tom

Vankrunkelsven Patrick

Van Lerbeirghe Johan

Van Meirhaeghe Jan

Van Nuffel Maarten

Van Raebroeckx Antoon

van Strien Gwendolyn ^{NL}

Van Tongel Alexander

Ven Den Bogaert Gert

Verborgt Olivier

Verdonk Peter

Verfaillie Stefaan

Verhaegen Filip

Verheyden Frank

Verhulst Dominique

Vermeersch Geert

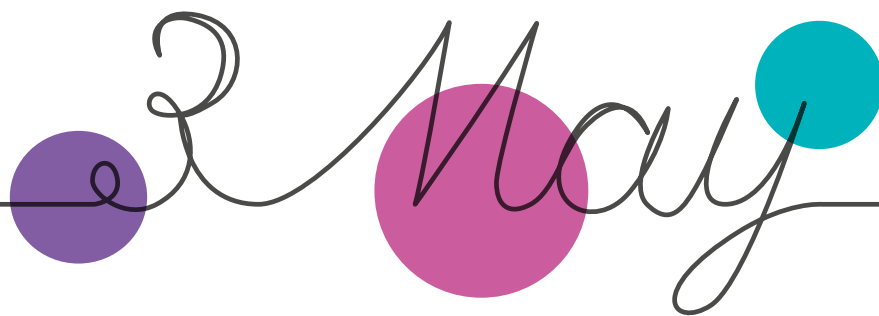
Victor Jan

Wafa Hazem

Walraevens Mieke

Zachee Benoit

Zorman David



PLENARY SESSION | COPPER HALL

08.00 <i>Registration. Welcome coffee & Visit of the exhibitors</i>		
08.45	What about the impending government-driven regulation (in collaboration with the Ministry of Health)	Moderators: Guy Molenaers & David Zorman
08.45	Welcome	Min. Maggie De Block
09.00	Evidence based practice plan	Mieke Walraevens
09.20	Minimal Variable Care	Benoit Collin
09.40	Impact of the minimal variable care on Hospital management	Koen Michiels
09.50	How to deal with minimal variable care?	Christophe Fierens
10.00	Reimbursement of Implants	Marleen Louagie
10.15	Q&A - Discussion	
10.30 <i>Coffee break & Visit of the exhibitors</i>		
11.00	What about the impending... Cont'd	Moderators: Koen Balcaen & Guy Molenaers
11.00	How will the regional government cope with the reduced hospital stay in 1st line care	Min. Jo Vandeurzen
11.25	The Canadian experience in this matter	Véronique Boscart ^{CA}
11.50	Guideline for pre-op evaluation by GP's	Erik Vandermeulen
12.05	What post-op info does the GP need from the Orthopaedic Surgeon?	P. Van Krunkelsven
12.20	Q&A - Discussion	
12.30 <i>Lunch break & Visit of the exhibitors</i>		
13.00-13.30 Gen Assembly GBS-VBS "Orthopedics & Traumatology"		

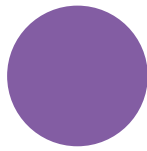
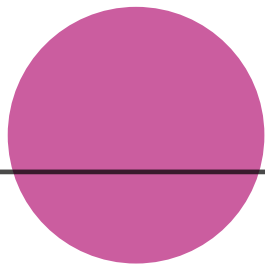
13.30-14.00 BVOT General Assembly		
14.15	Trauma	Moderators: Geert Goderis & Jan Van Meirhaeghe
14.15	Postoperative wound management	Eric de Groof
14.30	Appropriate use of antibiotics	Olivier Cornu
14.45	Complications / When should I refer?	Christophe Marchal
15.00	Spine	Moderators: Johan Van Lerbeirghe & Dominique Verhulst
15.00	Guidelines in the treatment of Low Back Pain and Radicular Pain: a joint effort with the KCE	Verhulst Dominique & Van Lerbeirghe Johan
15.45	<i>Coffee break & Visit of the exhibitors</i>	
16.30	Total Hip: Registry & Infection	Moderators: Katleen Pittoors & Jean-Pierre Simon
16.30	The Orthopride Hip-Registry, where are we?	Thierry Scheerlinck
16.42	Red and Wet? Oh my God... What now??	Kris Govaers
16.54	OPAT in the treatment of infected Total Hip Arthroplasty	Annette Schuermans
17.06	Discussion	
17.15	Post-operative pain after shoulder surgery	Moderators: Philippe Debeer & Antoon Van Raebroeckx
17.15	Results of the national survey on postoperative pain protocols after shoulder surgery	Antoon Van Raebroeckx
17.27	The role of the anesthetist	Peter De Mulder
17.39	New evolutions in pain medication, myths & facts of opioids	Minne Casteels
18.03	How to prepare and guide our patient to a possible painful surgery	Clinical psychologist
18.15	End of Session	
18.30	<i>Early Orthopaedic Networking Walking Dinner @ Kwint</i>	

optimys®, Mathys ceramic head and RM Pressfit vitamys®

Bone preservation

- Reconstruction of the individual anatomy and biomechanics
- RM Pressfit vitamys – prevention of stress shielding & osteolysis caused by wear
- High fracture resistance & low-wear hard-on-soft bearings





2 May

PARALLEL SESSIONS SUBGROUPS

	①	②	③
11.00	BELSS	BHS	VOGV-VOVV
12.30	Walking lunch & visit of the exhibitors		
13.30	NEW! Belgian Sunshine Act: transparency around the advantages you received from the industry		VOGV-VOVV
14.00	BOTA	BHS	
16.00	Coffee break & visit of the exhibitors		
16.30–17.30	BOTA	BSS	VOGV-VOVV

MEDACTA SHOULDER SYSTEM

Complete
Convertible
Innovative



PATIENT MATCHED TECHNOLOGY
IN SHOULDER SURGERY

Accuracy
is predictable



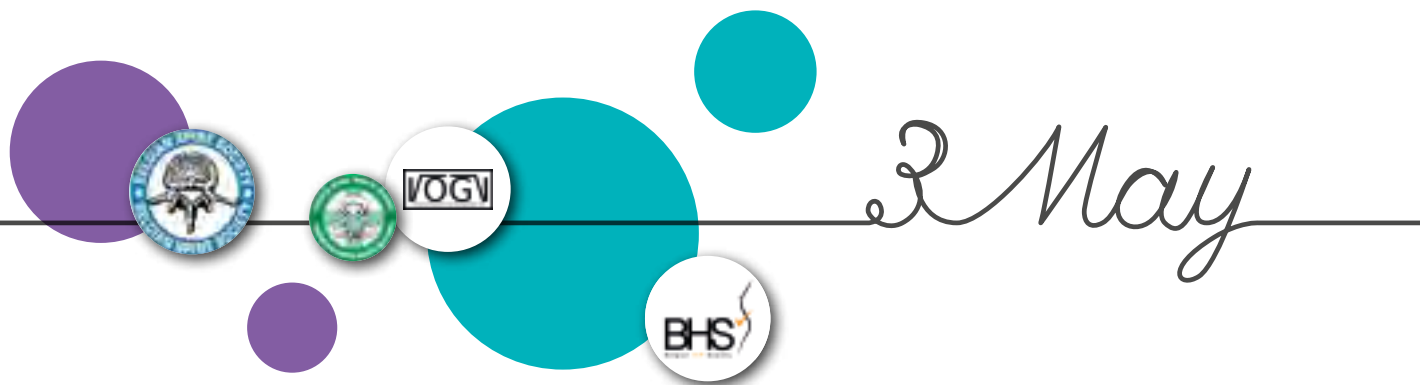


SUBGROUP ① | SILVER HALL

11.00	Pre-operative templating in total shoulder arthroplasty	Moderators: Kris De Mulder & Tom Van Isacker
11.00	Pre-operative 3D planning, PSI and robotics in shoulder arthroplasty: innovation and evidence	Olivier Verborgt
11.15	Reconstruction of severe glenoid defects with a custom-made patient-specific glenoid component	Philippe Debeer
11.30	2 stage revision for major glenoid defects: application of 3D CT planning and custom made implants	Gert Van Den Bogaert
11.45	Can the contralateral scapula be used as a reliable template to reconstruct the eroded scapula during shoulder arthroplasty?	Filip Verhaegen
12.00	Complex cases by BELSS members in total shoulder arthroplasty: can pre-operative planning give a solution?	BELSS
12.30	<i>Walking lunch & visit of the exhibitors</i>	
13.30	NEW! Belgian Sunshine Act: transparency around the advantages you received from the industry	Stéphanie Brillon
14.00	Trauma	Moderators: Thierry De Baets & Ben Molenaers
14.00	Scapula fracture & Discussion	Dan Putineanu
14.30	Proximal humerus fracture & Discussion	Ionut Caracudovici
15.00	Humerus diaphyseal fracture & Discussion	Guy Putzeys
15.30	Wrist fracture & Discussion	Wim Vandesande
16.00	<i>Coffee break & visit of the exhibitors</i>	
16.30	Trauma	Moderators: Wim De Weerd & Peter Reynders
16.30	Is there still a place for « anatomical arthroplasty »?	Tom Van Isacker
16.45	Reverse Arthroplasty for proximal humerus fracture	Katia Cermak
17.00	What type of Arthroplasty for secondary arthroplasty?	Philippe Schiepers
17.15	Tips and Tricks: how to deal with complications?	Forence Mulpas

SUBGROUP ② | THE ARC

11.00	The painfull hip	Moderators: Jan Noyez & Katleen Pittoors
11.00	Evaluating and Treating Hip Pathologies	Andrew Manktelow ^{UK}
11.15	The articulation as source of pain	Damian Griffin ^{UK}
11.30	Hiparthroscopy as treatment for hip pain: Are the indications still increasing?	Michael Dienst ^{DE}
11.45	Soft tissue as source of pain	Luis Pérez Carro ^{ES}
12.00	The hip spine syndrome	Filiep Bataillie
12.15	Discussion	
12.30	<i>Walking lunch & visit of the exhibitors</i>	
14.00	The painfull total hip	Moderators: Rudy Nuyts & Thierry Scheerlinck
14.00	How I investigate the painfull hip	Andrew Manktelow ^{UK}
14.15	Spect ct as diagnostic tool	Tim Van den Wyngaert
14.30	The painfull resurfacing	Kris Govaers
14.45	Is there a place for athroscopy in the painfull total hip	Michael Dienst ^{DE}
15.00	Even cementless surgeons should use cement	Andrew Manktelow ^{UK}
15.15	Discussion	
15.30	Case presentations and discussion	
16.00	<i>Coffee break & visit of the exhibitors</i>	
16.30	Spine	Moderators: Everard Munting & Johan Van Lerbeirghe
16.30	Postoperative and spontaneous infections of the spine: a propos two cases	Laura Mulleneers
16.45	Infections of the Spine: a master in disguise	Geert Vermeersch
17.00	Acute Primary Pyogenic Septic Arthritis of the SI joint	Pieter-Bastiaan De Keyzer
17.15	Spondylodiscitis in young children: what we should know	Frank Plasschaert
17.30	Spine	Moderators: Lieven Moke & Dominique Verhulst
17.30	Complications in surgery of the Pediatric Spine"	Sebastiaan Schelfaut
17.45	Complications in Full Endoscopic Lumbar Discectomy and Decompression	Peter Van Daele
18.00	The effect of Dural Tears on the Outcome of Lumbar Spine Surgery	Everard Munting
18.15	Rare Complications of Cervical Spine Surgery	Benoît Zachée



SUBGROUP ③ | HALL 300

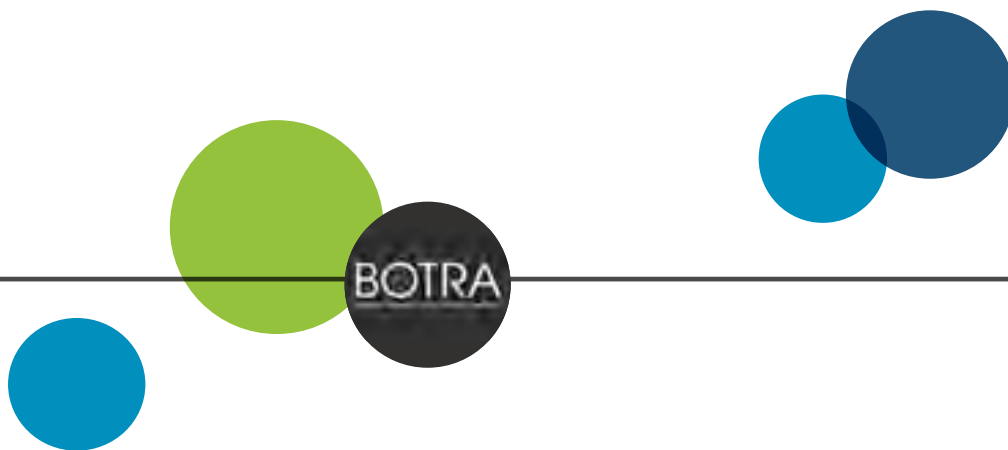
11.00	Parallel Session 1	Moderators: An Quintelier & Patricia Van Hyfte
11.15	Verwelkoming	An Quintelier
11.30	Omgekeerde schouderprothese: zo gek nog niet	Stijn Hermans
11.30	Ortho-G: Toekomstperspectief ?	Patricia Van Hyfte
12.30	<i>Walking lunch & visit of the exhibitors</i>	
13.30	Parallel Session 2	Moderators: An Quintelier & Patricia Van Hyfte
13.30	Heelkundige behandeling van instabiliteit van de schouder, een update	Tom Van Isacker
14.00	Revalidatie na schouderoperatie	Annelies De Bruyker
14.30	Ergotherapie tijdens de revalidatie na schouderchirurgie	Chloë Schaep
15.00	De omgekeerde schouderprothese	Ludwig Cremers & Kurt Vandecasteele
16.00	<i>Coffee break & visit of the exhibitors</i>	
16.00	Parallel Session 3	Moderators: An Quintelier & Patricia Van Hyfte
16.00	Belang van bracing na schouderchirurgie	Alexander Van Tongel
16.30	Necrotiserende fascitis	
17.00	De nieuwe opleiding tot bachelor in de verpleegkunde: van 3 naar 4 jaar? Of eerder van 7 naar 4 jaar?	Heidi Vanden Eeckhoute
18.00	Slotwoord	

*Early Orthopaedic Networking Walking Dinner
@ Kuint*

A May

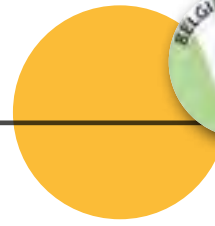
PLENARY SESSION | COPPER HALL

08.00	<i>Registration, Welcome coffee & Visit of the exhibitors</i>	
08.45	Interdisciplinary workshop - The importance of transmural clinical pathways with shoulder surgery as case study	Geert Goderis & partners from 1 st line care
09.30	Knee	Moderators: Geert Van Damme & Hans Van den Wyngaert
09.30	Alarming signs after a TKP	Hilde Vandenneucker
09.45	Rational use of imaging in the knee	Karl Brabants
10.00	Q&A	Benoit Collin
10.15	Postoperative care in hand surgery: do's and don'ts	Moderators: Jörg Bahm & Joris Duerinckx
10.15	Postoperative alarm signals	Joris Duerinckx
10.24	Scar management	Jörg Bahm
10.32	Rehabilitation	Gwendolyn van Strien ^{NL}
10.41	CRPS	Jörg Bahm
10.50	Discussion	
11.00	<i>Coffee break & Visit of the exhibitors</i>	
11.30	Sarcoma	Moderators: Johan Somville & Hazam Wafa
11.30	Introduction of the Belgian Sarcoma Group (BeSG)	Gwen Sys

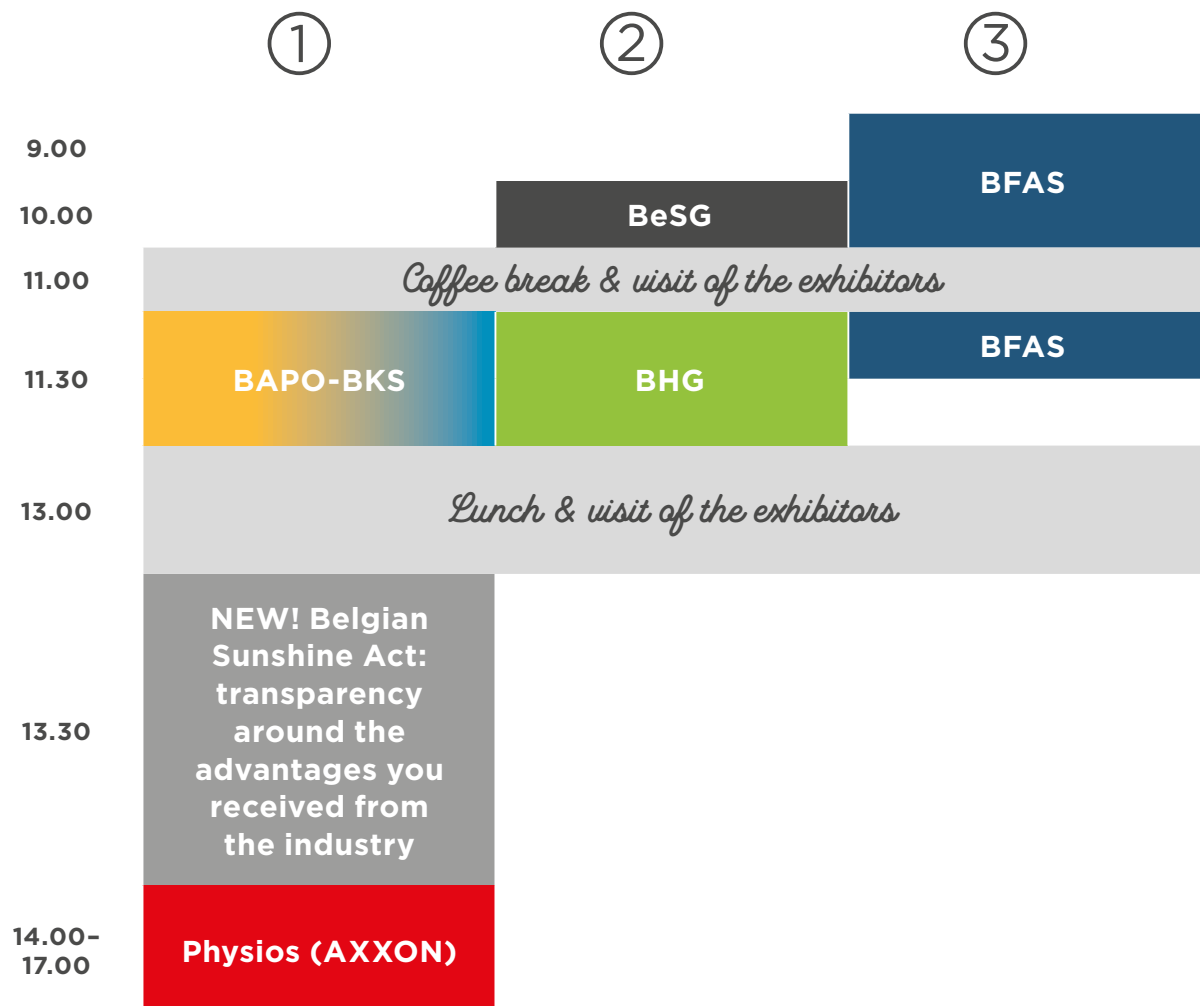


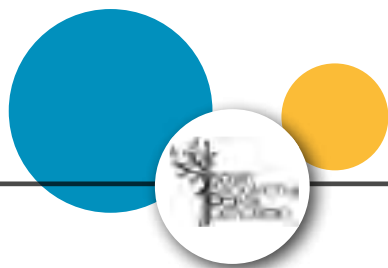
11.45	Guidelines for the Management of Soft Tissue Tumours	Hazem Wafa
12.00	Guidelines for the Management of Bone Sarcomas	Thomas Schubert
11.45	Patient management before and after Foot and Ankle surgery	Moderator: Stefan Desmyter
11.45	What to discuss before surgery?	Geoffroy Vandeputte
12.00	Management after surgery	Anny Steenwerckx
12.15	Discussion and Interactive session	Stefan Desmyter
13.00	<i>Lunch break & Visit of the exhibitors</i>	
14.00	BOTRA	Moderator: Jan Victor
14.00	The athlete's perspective	Hans Van Alphen
14.30	The surgeon's perspective	Johan Bellemans
15.00	Free-residents stronger together – paper session	
17.00	Adjourn	

4 May



PARALLEL SESSIONS SUBGROUPS





SUBGROUP ① | SILVER HALL

11.00	<i>Coffee break & visit of the exhibitors</i>	
11.30	Knee	Moderators: Bart Stuyts & Frank Verheyden
11.30	Patellofemoral instability in children and adolescents	Pieter-Jan Vandekerckhove & Frank Plasschaert
11.50	Viable treatment of cartilage and meniscal lesions in children and adolescents	Peter Verdonk
12.10	ACL lesions in children	Cristian Ninulescu
12.30	Osteochondritis dissecans in Children and Adolescent and PRP : Does-it really work?	Robert Elbaum
12.50	Q&A	
13.00	<i>Walking lunch & visit of the exhibitors</i>	
13.30	NEW! Belgian Sunshine Act: transparency around the advantages you received from the industry	Mieke Goossens
14.00	Physios by AXXON	Moderators: Peter Bruynhooghe & Kurt Claeys
14.00	Welcome and introduction	Peter Bruynhooghe
14.05	Physio-therapeutic specific exercises before and after scoliosis surgery	Nicole Timmerman
14.35	Novel Clinical and Bio-mechanical insights after UKA and TKA	Henri De Vroey
15.05	Rehabilitation after ACL injuries: the road to success	Bart Dingenen
15.35	Cervico-thoracic and thoraco-lombar zygapapysal syndrome management	Cedric Booghs
16.05	What about rehabilitation and recovery after CRPS?	Dominique Mouraux
16.35	Panel Discussion lead by Kurt Claeys	



SUBGROUP ② | THE ARC

09.00	Tumours	Moderators: Lee Jeys & Gwen Sys
09.00	Patient Workup & Discussion	Friedl Sinnaeve
09.20	Metastatic Disease of the Shoulder Girdle and Upper Extremity & Discussion	Félix Shumelinsky
09.40	Metastatic Disease of the Spine & Discussion	Johan Somville
10.00	Metastatic Disease of the Pelvis & Discussion	Lee Jeys ^{UK}
10.20	Metastatic Disease of the Lower Extremity & Discussion	William Kurth
10.40	Pathological Fractures in Children & Discussion	Pierre-Louis Docquier
11.00	<i>Coffee break & visit of the exhibitors</i>	
11.30	Update in repair of flexor and extensor tendon injuries of the hand	Moderators: Nadine Hollevoet & Jeroen Vanhaecke
11.30	Anatomy and surgical approaches	Maarten Van Nuffel
11.45	How to suture a flexor tendon in the hand?	Mathias Vanhees
12.00	Wide awake surgery in tendon repair of the hand	Jeroen Vanhaecke
12.15	Rehabilitation after flexor tendon repair	Gwendolyn van Strien ^{NL}
12.30	Extensor tendon repair	Nadine Hollevoet
12.45	Rehabilitation after extensor tendon repair	Gwendolyn van Strien ^{NL}
13.00	<i>Walking lunch & visit of the exhibitors</i>	



4 May

SUBGROUP ③ | HALL 300

08.30	Midfoot trauma	Moderator: Anny Steenwerckx
08.30	Biomechanics and diagnosis of midfoot injuries	Stefan Clockaerts
08.45	From pinning to primary fusion	Geoffroy Vandeputte
09.00	Bridging fixation : how much, how long?	Stefan Desmyter
09.15	Discussion - Cases	Anny Steenwerckx
09.30	Midfoot Osteoarthritis	Moderator: Stefan Desmyter
09.30	Diagnosis and conservative treatment	Frederick Michels
09.45	Fuse! How and how far?	Stefan Verfaillie
10.00	Plate or screws?	Tim Leenders
10.15	Discussion - Cases	Stefan Desmyter
10.30	<i>Coffee break & visit of the exhibitors</i>	
11.00	Midfoot Charcot	Moderator: Geoffroy Vandeputte
11.00	Diagnosis, staging and conservative treatment	Jeroen De Wachter
11.15	Indications for surgery?	Giovanni Matricali
11.30	Optimal timing for surgery?	Saskia Van Bouwel

Notes



GOLD PARTNERS



SILVER PARTNERS



PARTNERS



ORGANISING & MEDIA PARTNERS



www.orthobelgica.be