

Congress Day 1: Friday, 20 September 2019

- 07:30 Registration and Refreshments
08:00 Welcome from Maarefah Management
Waleed Refaay 
08:10 Welcome note from Chairman and opening remarks
Zaid Al-Aubaidi 

Session I: Knee Joint

Moderator: **Ahmed Labib** 

- 08:15 Algorithm for the acute management of knee dislocations
Ossama Abdallah 
08:30 Management of combined knee ligament injuries
Ahmed Labib 
08:45 Periprosthetic fractures and knee revision
Oussama Chaar 
09:00 Paediatrics ACL injuries
Zaid Al-Aubaidi 
09:15 Arthroscopic ACL reconstruction: a different approach
Deepak Bhatia 
09:30 Patellar malalignment, diagnosis and treatment
Sattar Alshyrd 
09:45 Q&A and discussion session
10:00 Congress sponsors' appreciation
10:10 Networking coffee break

Session II: Thoracolumbar Spine

Moderator: **Zaid Al-Aubaidi** 

- 10:30 Navigation and MISS in spine surgery
Zbiggy J. Brodzinsky 
10:45 Evidence based approach for the management of spinal disorders: essential concepts based on the NASS guidelines
Nicandro Figueiredo 
11:00 Hybrid cervical surgery for multilevel cervical disc disease: what's the current medical evidence?
Nicandro Figueiredo 
11:15 Minimally invasive scoliosis surgery
Ahmed Alturkistany 
11:30 Management of acute osteoporotic thoracolumbar fractures
Hayder Saleh Al-Saadi 
11:45 Spine injuries in paediatrics
Zaid Al-Aubaidi 
12:00 Friday prayer and networking lunch break
13:30 Anterior stabilization of thoracolumbar injuries
Marcus Head 
13:45 Guidelines for sacral fractures treatment
Wael Alsammak 
14:00 Q&A and discussion session

Session III: Soft Tissue Management

Moderator: **Ossama Abdallah** 

- 14:15 Diagnostic work-up for infection—state-of-the art bloodwork, fluid analysis, and imaging
Nehad Nabeel Al Shirawi 
14:30 Local antibiotic delivery in chronic osteomyelitis; an overview
Kutaiba Salman 
14:45 Soft tissue coverage in lower extremity. what... when... why...
Khalid Alawadi 
15:00 Compartment syndrome—diagnosis & treatment
Ossama Abdallah 
15:15 Bone substitutes and advances for enhancing bone healing
Haitham Adel Hammad 
15:30 Q&A and discussion session
15:45 Networking coffee break

Session IV: Foot and Ankle

Moderator: **Leslie Cannon** 

- 16:15 Lateral ligament injuries of the ankle
Leslie Cannon 
16:30 Total ankle replacement, indications and results
Leslie Cannon 
16:45 Ankle posterior approach, indications and technique
Krishna Prasad Meda 
17:00 Q&A and discussion session
17:30 Closing remarks by the chairman

Congress Day 2: Saturday, 21 September 2019

- 08:00 Registration and Refreshments
08:25 Welcome note from Chairman and opening remarks
Zaid Al-Aubaidi 

Session I: Shoulder

Moderator: **Usama Hassan Saleh** 

- 08:30 Rotator cuff tear, arthroscopic versus open
Mohamad Louay Jabban 
08:45 SLAP lesions diagnosis and management
Ahmed Labib 
09:00 Current concepts in shoulder instability
Harris Zourelidis 
09:15 Long head of biceps, Tenodesis versus Tenotomy
Usama Hassan Saleh 
09:30 AC joint injury, any update?
Simon Grange 
09:45 Fractures of proximal humerus
Mohamad Louay Jabban 
10:00 Q&A and discussion session
10:15 Poster presentation winner announcement
10:25 Networking coffee break

Session II: Pain Management

Moderator: **Oussama Chaar** 

- 10:45 Update in pain management
Amar Salti 

Session III: Pelvis and Hips

Moderator: **Oussama Chaar** 

- 11:00 Avoiding complications - tips & tricks proximal femoral fixation
Mohamad Louay Jabban 
11:15 DHS vs SCREWS in femoral neck fracture
Mohammed Saeed Abdul Majeed Al-Dujaili 
11:30 Fast track arthroplasty
Oussama Chaar 
11:45 Peri-prosthetic proximal femur fracture
Tarek Abuzakuk 
12:00 Acetabular bone defect in THR revision
Oussama Chaar 
12:15 Q&A and discussion session
12:30 Networking lunch break

Session IV: Orthopaedics Oncology

Moderator: **Oussama Chaar** 

- 13:30 Tissue banking
Thomas Schubert 
13:45 Allograft in bone tumor reconstruction
Thomas Schubert 
14:00 Limb salvage using mega prosthesis
Thomas Schubert 
14:15 Aggressive aneurysmal bone cyst of the scapula – Management and reconstruction
Mohamed Ahmed Mashhour 
14:30 The biological reconstruction in bone tumors
Mohamed Ahmed Mashhour 
14:45 Q&A and discussion session
15:00 Networking coffee break

Session V: Polytrauma

Moderator: **Hayder Saleh Al-Saadi** 

- 15:15 Limb salvage versus amputation: do scores help?
Hayder Saleh Al-Saadi 
15:30 Treatment algorithms for the polytrauma patient
Madhat Al-Khafajy 
15:45 Damage control orthopaedics
Mohammed Saeed Abdul Majeed Al-Dujaili 
16:00 Approach to paediatrics polytrauma
Zaid Al-Aubaidi 
16:15 Emergency management of pelvic fractures
Madhat Al-Khafajy 
16:30 Q&A and discussion session

Session VI: Free Paper Session – Case Discussion

Moderator: **Zaid Al-Aubaidi** 

- 16:45 Congenital pseudarthrosis of tibia
Omer Rafiq Barawi 
16:55 Anterior cruciate ligament reconstruction in children with open growth plate using the transphyseal technique, early results of treatment
Lukasz Matuszewski 
17:05 Minimal access open carpal tunnel release - A new technique
Abdulgaffar Saheb 
17:15 Treatment outcome of open tibial fracture treatment using external fixation; A 4-year experience
Altine Aliyu Nuradeen 
17:25 Q&A and discussion session
17:30 Closing remarks by the chairman